# Poole Volunteer Centre

# **Voluntary Vacancies**

Jul 2017

Summer

Why not pop in and see me at Beech House, 28-30 Wimborne Road, Poole on Monday, Tuesday and Thursday between 9am - 1pm & 2pm - 5pm.

#### **Count Of Current Vacancies**

266

Poole Volunteer Centre
3rd Floor Beech House
28-30 Wimborne Road

Poole

**BH15 2BU** 

**Contact: Gill Harris** 

Telephone: 01202682046

Email: gill.harris@poolecvs.org.uk

Visit our Website at http://www.poolevolunteercentre.org.uk/

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Current Vacancy Content Headers	_
Administration	
Advice, Listening & Advocacy	
Animal Interests	
Art, Crafts & Music	
Befriending & Supporting	
Catering & Clubs	
Children & Youth	
Community Roles	
Conservation	
DIY & Practical Skills	
Drivers & Escorts	
Finance	
Fundraising, Research & Resourcing	
Gardening	
Health, Hospitals & Hospices	
IT, Computers & Equipment	
Local Events	
Mentoring	
Museums & Architecture	
One off & Group Volunteering	
Organisers & Co-Ordinators	
Retail & Charity Shops	
Speakers	
Sporting Interests	
Teaching, Training, Schools & Assistants	
Trustees & Comittees	
The Content Headers are listed in Alphabetical order, all Current vacancies are listed under the appropriate Header for a quick and easy search.	

#### **Administration**

Children's Event Assistant - Admin

Ref 885 Culture Volunteers Poole

Contact1 (Donna Price 01202262608 culturevolunteers@poole.gov.uk)

Office based role helping with basic admin duties for children's activities. To create posters and photocopying.

#### **Fundraising Office**

Ref 223 Dorset Blind Association

Contact1 (Moira Kopanycia-Reynolds 01202712869 07709216797 moira@dorsetblind.org.uk)

To help us organise a busy schedule of fundraising events. The role is varied and can include admin, research, promotions and helping out at events.

Office & Call Centre Helper

Ref 897 Dorset Reclaim (Poole)

Contact1 (Manager 01202679080 bruce@dorsetreclaim.org.uk)

Help needed with general office roles, answering the phone, reception. IT Skills required. Also help in our Call Centre taking bookings.

Admin - Dorset Wildlife

Ref 255 Dorset Wildlife Trust (DWT)

Contact1 (Susanna Holford 01202692033 sholford@dorsetwildlifetrust.org.uk)

We have a range of Admin tasks that we need help with such as IT, research, promotions and helping prepare for events.

Admin & Hosts required

Ref 1060 Lewis Manning Hospice

Contact1 (Volunteer Manager 01202708470 hr@lewis-manning.co.uk.)

To provide Admin support typing, database etc. Hosts to welcome at events, prepare rooms, provide refreshments etc.

Admin & PR

Ref 1063 LGB&T Dorset Equality Network

Contact1 (John Hyde 01202466364 07791861384 contact.lgbtdorsetequality@gmail.com)

To help us with the administration of the group, PR and setting up social media

Office Helper

Ref 1065 Livability at Holton Lee

Contact1 (Francesca Williams 0207 5422082 volunteering@livability.org.uk)

Our HR team are looking for help with general admin duties 1/2 days a week. Using Ciphr and other computer application.

Admin and Media Helpers

Ref 1045 Poole Sailability

Contact1 (Peter Davies poolesailability@gmail.com)

Admin helper, meeter & greeter, to be involved with our sailing group - help maintaining records, maybe produce a newsletter. Social media. Not a lot of work, more little & often.

Reception Loans & Bookings

Ref 992 Poole Shopmobility

Contact1 (Ross Smith 01202661770 ross@pooleshopmobility.org.uk)

To assist in office duties, take bookings, to site equipment ready for use & returned, take payment & record usage times. Instruct new users. Hrs rgd one 2hr shift a wk.

Office Helper

Ref 400 Waggy Tails Rescue

Contact1 (Ginny Roberts 01202875000 admin@waggytails.org.uk)

Would you like to come and help us in our office? Office experience and love of animals required.

# **Advice, Listening & Advocacy**

Telephone Helpline Volunteer

Ref 302 Anxiety Alliance

Contact1 (Shelia Harris 08452967877 anxietyalliance1@btinternet.com)

Able to manage their own feeling whilst providing a high standard of support. They must be calm, show self confidence under pressure of challenging individuals and able to communicate effectively and sensitively.

Advocate

Ref 120 Dorset Advocacy

Contact1 (Emily Brown 01305251033 enquiries@dorsetadvocacy.co.uk)

Volunteers need to help adults with learning difficulties or physical disabilities to help get their voice heard. This may involve attending and speaking at meetings, taking the adults out to social events or making phone calls.

Appropriate Adult Volunteers

Ref 899 Dorset Advocacy

Contact1 (Emily Brown 01305251033 enquiries@dorsetadvocacy.co.uk)

Appropriate Adults attend police custody suites, when an adult with learning disabilities, cognitive impairment or a mental health issue is taken in for questioning.

They offer support at this crucial time, ensuring the individual understands what is asked of them, is treated well, and is not put under duress during the interview process.

Helpline Volunteer

Ref 250 Dorset Rape Crisis Support Centre

Contact1 (Simone Gosden 01202308848 Simone.gosden@dorsetrapecrisis.org)

Looking for help to man the helpline at our centre in Poole. Our Helpline runs Mon 1 -3pm, Tues 10-12pm. Wed, Thurs & Friday evenings 7.30 - 9.30 pm. and Saturdays 4 - 6pm. We ask you commit to at least 2 shifts on the helpline a mth & one 2hr volunteer support meeting. No experience of working with vulnerable people is necessary as Training is given. Enquire about next training courses.

Counsellor

Ref 973 Dorset Rape Crisis Support Centre

Contact1 (Simone Gosden 01202308848 simone.gosden@dorsetrapecrisis.org)

Looking for trained & trainee counsellors to offer 1:1 support to survivors of rape and sexual assault. Counsellors need to be fully trained in professional therapeutic counselling & placement counsellors in the final stage of training. Full training and support is provided. Contact for further necessary requirements.

Live Chat Supporter

Ref 911 Dorset Rape Crisis Support Centre

Contact1 (Simone Gosden 01202308848 simone.gosden@dorsetrapecrisis.org)

Involves supporting people online over our Instant Messaging service. we hope to reach survivors who may not want speak face to face or by phone - a 'listening' and guidance service. Give full sexual violence training & additional 'live chat training'. We ask for two 2 hr Live Chat slots a mth & attend 2hr mthly support mtg.

Advisor - EDAS

Ref 264 Essential Drug & Alcohol Services (EDAS)

Contact1 (Michele Lyall 01202733322 Michele.lyall@edasuk.org)

Advisors to support clients and monitor phone lines. Some drug/alcohol knowledge desirable but not necessary as full training will be given.

Telephone Befriender

Ref 987 Faithworks Wessex

Contact1 (Emma Heath 01202429037 operations@faithworkswessex.org.uk)

We aim to increase the contact people have with the "outside" world in order to reduce loneliness. The role is flexible as calls can be done from the office or from home. Training & friendly team. Calls made at regular intervals to build a working relationship.

Bespoke Voluntary Roles

Ref 931 Faithworks Wessex

Contact1 (Emma Heath 01202429037 operations@faithworkswessex.org.uk)

We help people across B'th, Poole & Dorset connect with their community, manage their money better and cope when in food crisis. We can create a bespoke voluntary role to suit you. full opt. training package is available free.

Money Friends Support

Ref 1019 Help and Care

Contact1 (Co-ordinator 01202432288 contact@helpandcare.org.uk)

We have a Moneyfriends scheme offering practical help (but not financial advice) to those suddenly faced with managing finances.

Community Mediator

Ref 1053 Mediation Dorset

Contact1 (Melvyn Melkman - after 2 pm 01425477814 melvyn.melkman@btinternet.com)

We offer a valuable, confidential mediation service to help resolve disputes beween neighbours on issues such as noise disturbance, parking problems, boundary disputes and anti-social behaviour. If you are a good listener, available for training and can spare 3 hours per month we would love to hear from you.

Listener

Ref 983 No Panic

Contact1 (Co-ordinator 01952680 460 admin@nopanic.org.uk)

Our Telephone Helpline supports people suffering from anxiety related difficulties. it operates between 10am - 10pm every day of the year, staffed by trained volunteers, in 3 hour shifts more info re training etc www.nopanic.org.uk

Advisors

Ref 347 Poole Citizens Advice Bureau

Contact1 (Sue Bristow 01202670716 sue@poolecab.co.uk)

This opportunity would be of interest to someone who would like to train to be an adviser or learn about the work of the CAB - helping people who need answers to their many questions, their housing, their rights etc. This opportunity comes into contact with the public.

Supporter for the Homeless

Ref 922 Routes To Roots

Contact1 (Elaine Mellers 01202667880 07901387643 office@routestoroots.org)

Homelessness Support Volunteer Work alongside the clients in order to respond to their needs and enable them to access appropriate support, to maintain their plans and to support them to develop their well-being and skills.

Listener

Ref 982 Samaritans

Contact1 (Volunteer Co-ordinator 03705627282 volunteering@samaritans.org)

Gain the satisfaction of helping someone through a tough time by becoming a listener face to face or over the phone, to learn new skills or meeting like-minded colleagues. Information evenings & training www.samaritans.org

Court Based Personal Support Unit (PSU)

Ref 998 The Personal Support Unit

Contact1 (Amy Metters 01202417606 bournemouth@thepsu.org.uk)

What about a rewarding and engaging role? The PSU provides non-legal, practical & emotional support for people attending court without legal representation. Volunteers help by listening to clients issues, organising paperwork, help filling out forms, accompany them to court hearings. Training given. min of 2 days a month

For students we ask for a minimum of 20 days spread across academic year

Community & Telephone supporter

Ref 395 Victim Support Dorset

Contact1 (Paul Best 01202606204 03003030163 paul.best@victimsupport.org.uk)

Want to make a difference to someones life? Active listeners required to give support (face to face & telephone) to people affected by crime. Required approx 4hrs wkly to enable us to deliver the service to victims living in local area. Training given

#### **Animal Interests**

Horse and Carriage Driving for Disabled People

Ref 304 East Holton Driving Centre

Contact1 (Maureen Lally 01202240937 07917546644 dolally@live.co.uk)

Would you like to help adults with a disability enjoy the pleasures of Horse carriage riding? We are looking for people who are Friendly, relatively fit and able to work off own initiative. Some knowledge of Horses is also helpful. Training given.

My Guide

Ref 871 Guide Dogs (Southampton)

Contact1 (Hazel Dyson 084537277428 hazel.dyson@guidedogs.org.uk)

Would you like to support a blind or partially sighted person on their mobility journey? For an agreed period of time, you will be providing sighted guiding to help support safe negotiation of the environment.

Various roles

Ref 893 Margaret Green Animal Sanctuary

Contact1 (Lucy Compton 01929477074 marketing@margaretgreenanimalrescue.org.uk)

Helping with our animals where ever required. Cake makers also required for us to sell at various fundraising events during the year.

**Pet Carers** 

Ref 873 The Cinnamon Trust

Contact1 (Sally Collins 01736758707 admin@cinnamon.org.uk)

Pet Carers for the elderly. To walk dogs for housebound owner, buy pet food etc. To Foster pets when owners need hospital care. see www.cinnamon.org.uk

Dog Walkers & Groomers

Ref 398 Waggy Tails Rescue

Contact1 (Ginny Roberts 01202875000 admin@waggytails.org.uk)

We are looking for dog groomers and walkers. Need to be dog lovers- Canford Magna.

Home Checkers

Ref 399 Waggy Tails Rescue

Contact1 (Ginny Roberts 01202875000 admin@waggytails.org.uk)

To visit people who foster dogs to check on the well being of the dog and carry out basic health care. Also filling record sheets for dogs during the visit. Also volunteers to visit homes of prospective owners.

# Art, Crafts & Music

Ceramics Workshop Supporter

Ref 1 15 Days in Clay

Contact1 (Janna Edwards 07980563899 janna@15daysinclay.co.uk)

Can you help with this project which offers a small group of adults with learning difficulites the chance to work with a professional ceramic artist. Ceramic or artistic knowledge would be helpful but not essential, you will learn all you need to know about clay from working with us.

Helpers - BSO

Ref 864 Bournemouth Symphony Youth Chorus

Contact1 (Johanna Bueker 01202670611 jbeuker@bsorchestra.co.uk)

Become part of a lively group of music lovers who help run the BO box office. Help also needed for mail outs, occasionally in the kitchen and other ad hoc roles.

Art Gallery Assistants

Ref 996 Poole Arts Trust Limited

Contact1 (Stephen Bishop 08444068666 Stephen.Bishop@lighthousepoole.co.uk)

Opportunity to develop an interesst in the Arts and to ensure each visitor gets a welcome either through eye contact or spoken word.

Afternoon Drop in Helpers

Ref 918 Routes To Roots

Contact1 (Elaine Mellers 01202667880 07901387643 office@routestoroots.org)

We offer various activities cookery, painting etc. with additional providers coming in to deliver these activities.

Twiggs Knitters

Ref 924 Volunteering Matters RSVP (Retired and Senior Volunteer Programme)

Contact1 (Dee Hoy deetrish12spot@gmail.com)

Volunteer knitters and a Volunteer Co-ordinator to help make toys for fundraising projects. All wool and patterns supplied.

# **Befriending & Supporting**

Befriend/Escort

Ref 854 Abbeyfield Wessex Society Ltd (Westbourne)

Contact1 (Jilly Collins 01202880958 info@abbeyfieldwessex.org)

Some of our residents have no visitors. Would you like to come in have a cuppa and a chat with some of our residents?

Activity or Home Visitor

Ref 125 Dorset Blind Association

Contact1 (Moira 01202712869 07709216797 Moira@dorsetblind.org.uk)

To visit local people in their own homes or an outside activity. To assist people with sight loss to maintain their independence. Weekly, fortnightly or monthly.

Befriender

Ref 240 Dorset Mind

Contact1 (Claire Bridges Befriending & Helpline Facilitator 01202551660 befriending@dorsetmind.uk)

Would you like to make a difference to someone with a mental health problem access the community? Help reduce social isolation & build confidence? Help to support a client 2 hrs a fortnight. Training. Also looking for fundraising helpers.

Supporting Adults with a Disability

Ref 25 Dorset Tricuro

Contact1 (Donna Boulton 01202721590 donna.boulton@tricuro.co.uk)

We provide leisure & learning opportunties for adults with learning disabilities who have a wide range of support needs. We're looking for capable adults who have specific skills i.e. Art, crafts, sport, drama, gardening, woodwork etc. Need to be caring and personable with good communication skills. Lots of enthusiasm and patience needed and can work on own initiative.

Befriender

Ref 928 Faithworks Wessex

Contact1 (Emma Heath 01202429037 operations@faithworkswessex.org.uk)

We equip people to become 'the best neighbour' to older people, carers and lone parents through befriending people within their local community.

We offer training and support to our volunteers to make their time volunteering with an excellent experience.

SMILE - Lone Parent Project in Poole

Ref 927 Faithworks Wessex

Contact1 (Alix Digby 07954377295 alix@smileconnect.co.uk)

There are varieties of opportunities available within the SMILE project. From helping at Saturday morning activities, telephoning lone parents, helping after school clubs etc.

Befriender

Ref 297 Headway Dorset

Contact1 (Ade Stark buddy@headway.org.uk)

Befrienders to help assist people after acquired brain injury. To take part in group social activities ie cinema, shopping, or a hobby you would like to share. Training given.

Supporting/Walking or Telephoning

Ref 917 Help and Care

Contact1 (Nisa Leach 01202416044 contact@helpandcare.org.uk)

Befriender: Accompanying people to appointments, social activity or a hobby/lunch club. Walking a dog. Our volunteers also help with fortnightly walking group and do home visits to people in need of befriending.

Telephone Support Services: Our telephone support service runs on 2 afternoons a week, our team make regular phone calls to isolated or housebound people.

Visitor

Ref 878 Independent Age (London)

Contact1 (Andy Watkins 01929472645 07525767523 vol-recruitment@independentage.org)

Do you like a chat over a cuppa? Could you spare an hr a week or fortnight? Then why not become a visitor. Visiting older people is a fantastic way to fight loneliness and increase social connection.

Independent Visitor

Ref 848 NYAS National Youth Advocacy Service

Contact1 (Diana Harding 07436818827 diana.harding@nyas.net)

Independent Visitors for children & young people who are looked after by the local authority. Motivated, child focused volunteers to befriend children & young people who are looked after. To listen to them, take them out, chat and have fun, help build their self confidence.

Befrienders

Ref 349 Poole Well Being Collaborative

Contact1 (Annette Willis 01202977073 annette.willis@pwbcollaborative.org.uk)

Have you got a few minutes to spare? Would you like to make a huge difference to an older person who is isolated? To have a chat or share a hobby ie books, card game/chess etc. Training & support given.

Purbeck Good Neighbours

Ref 13 Purbeck Good Neighbours

Contact1 (Mo Andrews 01929424363 purbeckgoodneighbours@yahoo.co.uk)

A volunteer group who help older people over 50 with small or difficult one-off tasks in their home, eg. Dog walking, changing light bulbs and batteries, move some furniture, take away some rubbish, read a letter etc.

Befriending

Ref 919 Routes To Roots

Contact1 (Elaine Mellers 01202667880 07901387643 office@routestoroots.org)

Befriender - People who can offer a couple of hours a week/fortnight to be alongside a client in a way which is relevant to that client: it may be a social outing or appointment. Work in pairs. Training & supervision given.

Caseworker Volunteers

Ref 971 Royal British Legion (Dorset and Hampshire, Southampton)

Contact1 (Mike Hart 07767440075 mhart@britishlegion.org.uk)

As a volunteer caseworker, you will meet with beneficiaries to assess their circumstances and determine if they're eligible for Legion support. You will play a key role in meeting and providing practical and emotional support to members of the Armed Forces community, and will also gain experience of being in a customer-facing environment. Commitment needed of a few hours on a regular basis.

Befrienders & Supporters

Ref 915 Royal Voluntary Service (RVS) Dorset

Contact1 (Tina Damon-Sparkes 07736825330 tina.damonsparks@royalvoluntaryservice.org.uk)

Home visits, sharing a cup of tea and a chat. Accompanying clients on shopping trips or on their behalf. Reading to those who are visually impaired. Assisting with correspondence. Accompanying people on short walks which helps to relieve a carer We also provide the Home Library Service in Poole.

Telephone befrienders

Ref 967 The Silver Line

Contact1 (Rachel Robinson 02072242020 volunteering@thesilverline.org.uk)

Become A Telephone Friend to speak to a Silver Liner for 30 minutes a week. Warmth, understanding, a willingness to listen, enjoy and share conversation. Volunteer from home or work. All you need is access to a telephone and the internet. Training & supervision. Call costs covered.

# **Catering & Clubs**

Club Helpers

Ref 856 Alzheimers Society (East Dorset)

Contact1 (Alice Davies 07525824891 volsdorsetsomerset@alzheimers.org.uk)

Memory Café Volunteers required at Hamworthy & Oakdale. Can you help with any of these roles? To help set up, welcome clients & their carers, tea/coffee, chatting, activities, clearing away.

Club Helper & First Aider

Ref 14 Blue Dolphin Club

Contact1 (Bobby Stevens 01202671631 bobby.stevens@bluedolphinclub.org.uk)

Come & share interests, card making, dominoes, chess etc. This active club for people with learning difficulits provides occasional outings, supper evenings, entertainment, dance. Come & join in the fun on Fri evenings.

Club Helpers - Poole Area (especially Broadstone)

Ref 865 Brendoncare Club Dorset

Contact1 (Cindy Walker clubs@brendoncare.org.uk)

Welcome and take part in our friendship club at Evergreen Club for older people. We have a selection of roles to get involved with Greeting, Setting Up, Teas & Coffee, Bingo etc. Chat to elderly people who don't see many people.

Saturday Kurling Club

Ref 1055 Brendoncare Club Dorset

Contact1 (Sarah Selby 01962852133 clubs@brendoncare.org.uk)

We are looking for helpers to set up the tables/kurling and clear away at the end of the club. Also help the club leader and members with refreshments and playing the game when required. Expenses & Training. 10.30 to 12.00

Cook & Cafe Team

Ref 43 Christ Church Creekmoor

Contact1 (Rev Janice Audibert 01202389751 janice@christchurchcreekmoor.org)

Come & join our Friendly cafe team on a rota basis. To assist the Cafe Chef & others in day to day running of Cafe. Duties incl preparing food, taking orders. Open 1st & 3rd Thursday in the Church from 10:30 til 2pm. Homemade cakes & hot drinks are served. With lunches served from 12 - 13:30, all freshly prepared & cooked.

Outreach Cooks & Catering Assisants

Ref 978 Crumbs

Contact1 (Operations Manager 01202519320 leannem@crumbs.org.uk)

Our aim is for our trainees to move on to employment when they have completed their training. We are developing outreach projects that can further develop the skills of our graduates until they can obtain employment. The projects can be at residential units for older people or lunch clubs in the community.

Hamworthy & Rossmore Community Café

Ref 72 Culture Volunteers Poole

Contact1 (Donna Price 01202262608 culturevolunteers@poole.gov.uk)

Help is needed at our library café in Hamworthy. Would benefit anyone looking for experience in catering or retail.

Barnabas Volunteer

Ref 94 Diverse Abilities

Contact1 (Sarah Harrison 01202718266 sarah.harrison@diverseabilitiesplus.org.uk)

Would you like to volunteer at a day opportunities centre for adults with disabilities? This role involves helping people take part in activities including music, craft, cookery etc. Friendly, caring, enthusiastic.

Social Club Helpers

Ref 904 Dorset Blind Association

Contact1 (Moira Kopanycia-Reynolds 01202712869 07709216797 moira@dorsetblind.org.uk)

Would you like to help with i.e tea/coffee, speakers, drivers, bingo, entertain, etc? Our 25 clubs around the area offer a friendly atmosphere where members socialise & make friends.

Group Worker

Ref 1064 LGB&T Dorset Equality Network

Contact1 (John Hyde 01202466364 07791861384 contagct.lgbtdorsetequality@gmail.com)

To assist with welcoming service users, helping with refreshments and anything to help the group run well.

The First Contact Person also Drivers

Ref 880 Macular Society

Contact1 (Judy or Peggy 01202601285 07947373244 judy.pride@macularsociety.org)

Would you like to be involved with this friendly, informative & supportive group which meets monthly. To make members feel welcome especially those newly experiencing sight loss. Drivers also required

Acorns CoffeeShop Helper/ table top /bric a Brac sales helper

Ref 323 Oakdale Residents Community Association

Contact1 (Lesley Kerley 07962433726 lesley.kerley@ntlworld.com)

Helper required for coffee shop, which is open 10-1. This role would suit an active person who is happy with cash handling etc.

Club Helpers & Drivers

Ref 353 Poole Disabled Club

Contact1 (Elaine Lawford 07968903063 elaineandbill@sky.com)

Club Helpers which runs fortnightly at Parkstone United Reformed Church from 7 p.m. and provides refreshments, entertainment (sometimes music, interesting talks) with a raffle. Also need Drivers to help with transport.

Community Shop & Café

Ref 995 Poole Waste Not Want Not

Contact1 (Elaine Lawford 07968903063 poolewastenotwant not@gmail.com)

We run a community shop and have to set up and clear the products, tables and clean floor. The members come and shop from 1.30 - 4.30 and are provided with a drink so we do need someone to specifically do this job. Our other volunteers would be helping our customers once the shop is open and do general shop duties.

Various Opportunities

Ref 5 Pramacare

Contact1 (Bridget Barrett 01202666195 bridget.barrett@pramacare.co.uk)

Help needed at various venues in the area for lunch clubs, coffee mornings, pop in groups, support groups for carers, dementia friendly projects and the Prama club at Wimborne on a Saturday morning. The roles include befriending, helping out with refreshments and the raffle etc.

Food Prep - Lunchtime

Ref 921 Routes To Roots

Contact1 (Elaine Mellers 01202667880 07901387643 office@routestoroots.org)

Food Preparation We need volunteers from 12.45 - 2.45pm on Mondays & Thursdays. People to help prepare & serve a simple meal (usually beans on toast!) and make sandwiches for those sleeping rough.

Evening Drop In helper

Ref 920 Routes To Roots

Contact1 (Elaine Mellers 01202667880 07901387643 office@routestoroots.org)

Evening Drop In Helpers We run evening drop-in sessions in Poole. We urgently need volunteers to help from 7- 9:00pm. If you could help even just once a month help set up the room, cook, serve food and drink, help wash-up/ talk with clients - whatever suits.

Befrienders

Ref 1026 Speakabilty - Dorset

Contact1 (Patricia Scott 01202735552 07547474717 pljscott6@btinternet.com)

Come and meet new people, help support our weekly group. We have regular referrals from the Speech therapists and need additional help so that we can expand a much needed service. The group aims to increase confidence and encourage socialising.

Catering

Ref 984 Swanage Railway

Contact1 (Penny Smith 07776258771 volunteer@swanagerailwaytrust.org.uk)

We are currently seeking volunteers to work in our catering department: the Birds Nest Buffet at Swanage, the Kiosk at Norden and the on train Micro Buffet.

Luncheon Club Helper

Ref 1000 The Salvation Army (Poole)

Contact1 (Liz Dear 01202385517 liz.dear@ntlworld.com)

We are looking for assistance to help cook an easy lunch for about 25+ on a Wednesday

Café Helper

Ref 891 Wesley's cafe (Poole Methodists)

Contact1 (Rosi 07599847474 wesleslyscafe@gmail.com)

To support the Café Manager in the day to day running of Wesley's Café. Duties include preparing and serving food, operating a till, checking stock levels and working as part of a team.

#### **Children & Youth**

Scout Leader Helper

Ref 852 1st Lytchett Matravers Scout Group

Contact1 (Clare Mechen 01202624636 lychettscouthall@gmail.com)

Helping to support the leaders to provide a challenging programme for the young people.

Independent Visitors and Dorset Nightstop Volunteers

Ref 1011 Action for Children (Dorchester)

Contact1 (Aldina Taylor 01202525643 Aldina.taylor@actionforchildren.org.uk)

We place vulnerable 16-25 at risk of homelessness, in the homes of fully trained, supported volunteer hosts. We provide long term mentors for young people in care. You'll provide a listening ear, take a young person out to engage in enjoyable activities, build a positive friendship over time & many of our relationships last for several years.

Sessional volunteers

Ref 6 AIM Community

Contact1 (Richard Newland 01202548208 aim.community@fyt.org.uk)

Skills in music, art, DJing, dance or fashion design would be a great help, but more than that we need people who can make a positive contribution in supporting the young people who attend our sessions.

Youth Worker

Ref 8 Alderney West Youth Club

Contact1 (Steward Yarrows 07934662351 stew63@hotmail.co.uk)

Are you interested in helping & supporting young people and over 16 yrs

Various

Ref 1004 Alderney West Youth Club

Contact1 (Michael Speed 07919404823 s.evans-johnson@poole.gov.uk)

Volunteers to work in the kitchen serving refreshments, small snacks - bacon sarnies, cheese on toast etc at our Youth Club sessions. And/or any sporty volunteer to support games especially football.

Poole Youth Club Helpers

Ref 29 Borough of Poole - Childrens, Young People & Learning CYPL

Contact1 (Neil Poulton Youth Dev Worker 01202605340 n.poulton@poole.gov.uk)

I.d welcome help me both Creekmoor (supports SEN/Dis Groups) & Waterloo Youth Centre. Also Broadstone. Bearwood, Merley which are Church based Youth Provisions. Training given. Committees members also.

Turlin Moor Youth Club Helper

Ref 1001 Borough of Poole - Childrens, Young People & Learning CYPL

Contact1 (Jane Milton 01202670085 J.Milton@poole.gov.uk)

We are a friendly group, we're always looking for helpers with such things as Coffee Bar, play sport, do some art, play pool or just chat with young people. We are very flexible. Various evenings

School Governor

Ref 910 Borough of Poole - Childrens, Young People & Learning CYPL

Contact1 (012022633770 qualityandimprovement@poole.gov.uk)

Could you become a Governor? You will make a good governor if you care about improving children's educational attainment and achievement. Want to contribute to the local community, can work as part of a team and can value the contribution made by different people. Training available with the opportunity to ask questions.

Limelights Youth Club Helpers

Ref 1008 Borough of Poole - Childrens, Young People & Learning CYPL

Contact1 (Lizzie Holman 01202672318 07852798270 limelights@btinternet.com)

Limelights provides positive activities for young people of 9-19 who come from most of the schools around Poole. We've different clubs each night of the week. Would you like to find out more & assist us at one of them? Especially short on Wednesdays & Fridays!

Poole Children's Centres

Ref 952 Borough of Poole - Childrens, Young People & Learning CYPL

Contact1 (Julie Borthwick 01202261538 j.borthwick@poole.gov.uk)

Various roles available including supporting staff in activities, groups or helping with outings & events.

Welcome new parents to the centre, Help our Admin. Toy sorting & Gardening. Children under 5 welcome. Training given

Poole Short Breaks Programme

Ref 1009 Borough of Poole - Childrens, Young People & Learning CYPL

Contact1 (Angela Bowran 01202261908 07775921076 angela.bowran@poole.gov.uk)

A prog of mainly holiday activities for children, young people with SEN and disabilities. Have you some experience of working with children, ie with a disability or challenging behaviour. The activities vary including arts/crafts, dance, drama, food, sports run at youth centres, & external activities at Forest School, Holton Lee, Butchers Coppice archery and autobelay, sailing, kayaking at Rockley, crazy golf, swimming at Montacute.

Shared Care - Children

Ref 17 Borough of Poole - Childrens, Young People & Learning CYPL

Contact1 (Anita Bailey 01202714640 anita.bailey@poole.gov.uk)

Become a shared carer - provide regular care for a disabled child in your home or theirs for a day, overnight, week, weekend. Training, support and allowance provided. We need families, couples or single volunteers.

Youth Chorus Helper

Ref 1046 Bournemouth Symphony Youth Chorus

Contact1 (John Martindale 01202690110 07505963687 Vchair@bschorus.co.uk)

to support its children's choir and youth chorus. It involves welcoming children and parents as they arrive for rehearsals, recording attendance and managing communications. Tuesday evening from 6.00pm until 8.00pm

Children's Event Assistant - in Libraries

Ref 64 Culture Volunteers Poole

Contact1 (Donna Price 01202262608 culturevolunteers@poole.gov.uk)

Assisting with weekly rhyme time, activity and games sessions. Hhelping to prepare holiday craft activity materials

Playworker

Ref 114 Diverse Abilities

Contact1 (Sarah Harrison 01202718266 sarah.harrison@diverseabilities.org.uk)

Do you like children, taking part in activities and having fun? Then join us as a play worker. We'll assign you to a family to play with the non-disabled siblings while we run activities for their brothers and/or sisters with disabilities. You will help us to set up activities, support the children to get the maximum fun out of the session and report back to the parents/carers/staff afterwards.

Youth Opportunity Worker

Ref 102 Diverse Abilities

Contact1 (Sarah Harrison 01202718266 sarah.harrison@diverseabilities.org.uk)

We hold a weekly youth club on a Wednesday from 7-9pm for young people between the ages of 13and 19 with a disability or special educational need. The group organises weekly activities to include swimming, meals out, movie nights, games and crafts. If you like being with young people, taking part in activities and having fun, then come and join us.. We also need helpers at our school holiday play opportunities for disabled children and their siblings.

Schools Club Volunteer

Ref 121 Dorset Asset

Contact1 (John Sayers 01202602235 jbjmsayers@btinternet.com)

Do you have a qualification in science, engineering or technology? We are looking for volunteers to help run after school hours clubs to provide skills in science, engineering and technology to young people.

Playworker

Ref 951 Fernheath Play

Contact1 (Joe Elston 01202581008 joe@fernheath-play.org.uk)

Would you like to help with playwork at the centre? Various roles include helping in the after school club, Saturday club and holiday playschemes. Various times available. Supporting staff in picking up children, supporting play activites, developing a relationship with children to support their play and learning, keeping records, supporting individual children including those with a disability, helping on trips & visits and organising events.

Leaders & Skill Sharers

Ref 976 Girl Guides Poole & Dorset Area

Contact1 (Linda Skelton 01202620006 dorsetguiding@btconnect.com)

Rainbows, Brownies and Guides Unit Assistants. Girlguiding aims to encourage girls aged 5 -18 to develop and to fulfil their potential. Volunteers needed to help run groups and skills share.

Befriending & Various roles

Ref 969 Home-Start South East Dorset

Contact1 (Jennifer Thompson 01202574877 office@homestartsoutheastdorset.org.uk)

Opportunities with us include Home-visiting, working with family groups. a Trustee with HR or general management skills. Help with office administration or fundraising. Ongoing training courses held.

Residential Activity Supporteer

Ref 883 Over The Wall

Contact1 (Zoe Grant 02392477110 07950029298 volunteering@otw.org.uk)

Looking for helpers with a range of skills & personality. Help to offer week long residential activity camps for children affected by serious illness and their families. Held April - Oct. A variety of exciting camp roles available. visit www.otw.org.uk.

Bike Club Helper

Ref 863 PHP - Poole Housing Partnership

Contact1 (Karen Rees 01202264494 K.rees@poole.gov.uk)

We need enthusiastic people to help a bike club continue to run in Poole- to show young people (all ages) how to repair push bikes. The local police also are also involved in project. You will need some knowledge of bike repair.

Scout Group Manager

Ref 354 Poole District Scouts

Contact1 (Ragen Bartaby 01202293325 07557986348 pooled.c@hotmail.co.uk)

Are you enthusiastic, do you want to make a difference in your local community? Can you help to manage & direct a Scout Group. Team worker, Leadership, Planning and organisation, listening & communication, Reviewing and evaluation.

Scout Leaders

Ref 355 Poole District Scouts

Contact1 (Ragen Bartaby 01202293325 07557986348 pooled.c@hotmail.co.uk)

To help run & support Poole Scouts. Activities include sporting activities, proficiency training and badges and occasional camps. Affinity with young people.

Tour Guides/Caravan volunteer - Safewise

Ref 869 SafeWise

Contact1 (Andrew Laws - Centre Manager 01202591330 andrew@safewise.org)

The children are taken in small groups on a tour round the centre and are encouraged to participate to identify potential risks and to discuss ways to avoid/minimise them. Tours take in the daytime and evenings. Can you help with this? Volunteers needed to staff our safety caravan filled with deliberate dangers. Own car drivers also needed to tow the caravan plus non drivers.

Lead or co-lead activities and Workshops Youth Activity Leaders

Ref 1010 Whizz-Kidz

Contact1 (Nicola Moody 07824662626 07824662626 N.moody@whizz-kidz.org.uk)

Would you like to become involved in workshops for young wheelchair users aged 8-25? You can do this independently or alongside one of our staff members, depending on experience. Services include Ambassador clubs, Camp Whizz Kidz, Wheelchair Skills training & Work skills Days.

# **Community Roles**

Information Support Volunteers

Ref 857 Alzheimers Society (East Dorset)

Contact1 (Alice Davies 07525824891 alice.davies@alzheimers.org.uk)

We are looking for younger people (16-25) who will work to promote the services of Alzheimers in the local area by distributing leaflets or attending events.

PO55 Supporters

Ref 1031 Borough of Poole

Contact1 (Nicky Mitchell 01202261060 n.mitchell@poole.gov.uk)

Our drive for committee members continues! We'd love to hear from people who have committee skills OR are well motivated to learn & help local people. The aim is the best way forward to tackle loneliness, improve health well-being & lives of people aged 55+ in Poole. Join for the next quarterly meeting.

Community Connector Volunteer

Ref 1059 British Red Cross (Poole)

Contact1 (Yana Tomes 01392361021 07860715748 YTomes@redcross.org.uk)

You II play a key role supporting people who

don't know where to turn for support to reconnect to their communities. working alongside our expert professionals to help provide positive encouragement, practical help and emotional support and introduce them to activities & interest groups in their

local area, giving them the confidence to continue being involved after our 12 weeks of direct support has ended.

Mentors to prevent sexual harm

Ref 881 Circles South West

Contact1 (Lucy Graham 07738947988 volunteering@circlessw.org.uk)

Do something amazing. Help build safer communities by contributing to the safe inclusion of people who have sexually harmed, to prevent reoffending. Empathic approach with ability to maintain firm boundaries. Effective Circles meet frequently, we ask for 2hrs a wk for 12-18 mths. Full training & support

Dream Machine Stewards

Ref 63 Culture Volunteers Poole

Contact1 (Donna Price 01202262608 culturevolunteers@poole.gov.uk)

Dream Machines is a large award winning motorcycle meet on Poole Quay. We are looking for help Tuesday evenings from May to August.

Community Volunteers

Ref 236 Dorset Fire & Rescue Service

Contact1 (Nicky Jenkins 01305753160)

This role will help us to ensure the safety of people within their own home by generating referrals to allow members of the team to complete Home Safety Visits. Volunteers do not need any skills although basic IT. would be advantageous.

Various - Dorset Police

Ref 243 Dorset Police (Dorchester HQ)

Contact1 (Org Development Recruitment Team 01305223794 volunteers-recruitment@dorset.pnn.police.uk)

Various help required with Admin, Watch schemes, Vol Support Officers, Victim Bureau, Public Contact Point, Vehicle cleans & others. Take a look at their website www.dorset.police.uk/recruitment/volunteers for their latest roles & forms.

Sooty Box charity collector

Ref 960 RNIB (Royal National Institute of the Blind)

Contact1 (Neil Grainey 01617078910 neil.grainey@rnib.org.uk)

Volunteers needed in Dorset to undertake the flexible role of 'Sooty' Charity Box Collector. The role offers a fun and rewarding way to make the most of your free time on a flexible basis.

Home Library Service

Ref 985 Royal Voluntary Service (RVS) Dorset

Contact1 (Marie Jacobson 01305236666 maria.jacobson@royalvoluntaryservice.org.uk)

Do you love Books, reading and meeting new people? Help needed to work alongside the local library to deliver and collect books/DVDs/CDs to older people who may be housebound or have mobility issues. Roles available across Poole area.

Kiosk Helper

Ref 281 The Friends of Poole Park

Contact1 (Pat Lincoln 07854210341 pat.lincoln@live.co.uk)

Could you spare a couple of hours to support the kiosk handing out information leaflets and promoting the membership?

#### Conservation

Practical Conservation or Events

Ref 9 Amphibian and Reptile Conservation (Bmth)

Contact1 (Richard Sharpe 01202727986 07810770565 richard.sharp@arc-trust.org)

Practical Conservation volunteering opportunites on the heathland nature reserves. Help Conserve rare species and protect internationally important habitats and landscapes. Also help to attend events/talks

Conservation & Friends of the Park Projects

Ref 20 Borough of Poole - Enviroteers

Contact1 (Environment Volunteers 01202261700 environmentvolunteers@poole.gov.uk)

If you like getting involved in the outdoors, we have various projects for you such as heathland conservation, litter picks, and Poole's parks and open spaces. Belonging to Friends of the Parks Groups.

Countryside Conservation

Ref 963 Dorset Countryside Volunteers

Contact1 (Co-ordinator 01308862958 coordinator@dcv.org.uk)

Would you enjoy getting out in the country to spend some time helping care for a wide range of sites throughout Dorset. Tasks include hedgelaying, coppicing, pond restoration and dry stone walling. For more information ring 07923 498760 and leave a message with your name and number and we will return your call.

**Beach & Marine Conservation** 

Ref 258 Dorset Wildlife Trust (DWT)

Contact1 (Susanna Holford 01202692033 sholford@dorsetwildlifetrust.org.uk)

Are you interested in Marine Conservation? We have roles that take place at various locations. i.e. beach cleans or recording & monitoring.

Beachclean Volunteers

Ref 882 Marine Conservation Society

Contact1 (Lauren Eyles 01989566017 Beachwatch@mcsuk.org)

Beachwatch is a beach clean and surveying programme. Volunteers around the UK either organise or attend a beach clean and help us collect valuable information about what marine litter is on our beaches. We then work to try and stop these items at source.

Various roles

Ref 988 RSPB - Dorset

Contact1 (Jenny Goy 01929556651 dorset.volunteering@rspb.org.uk)

There are many roles you can get involved with at RSPB Arne including Roving Reserve and Walk Guides, Information Centre, Gardener, Arne Farm and Catering for example. Please enquire for further information

#### **DIY & Practical Skills**

Friends of Hamworthy Park - Practical volunteer activity

Ref 936 Borough of Poole - Enviroteers

Contact1 (Karl Stokes 01202261700 environmentvolunteers@poole.gov.uk)

'Hands on in Hamworthy Park' project, meet Wed 10.30 Park café for a practical 2 hrs in good company. Nothing too strenuous, Do a little or a lot, with a discounted cuppa at the end. Can help social isolation.

Warehouse & Yard Assistants

Ref 254 Dorset Reclaim (Poole)

Contact1 (Manager 01202679080 bruce@dorsetreclaim.org.uk)

People with a reasonable fitness level to handle the incoming donated items and the orders going out to clients, together with ensuring the warehouse is properly laid out and goods are displayed for viewing. Also yard furniture dismantlers needed.

Reserves, Monitoring & Practical Volunteers

Ref 259 Dorset Wildlife Trust (DWT)

Contact1 (Susanna Holford 01202692033 sholford@dorsetwildlifetrust.org.uk)

Many opportunities - practical work, surveying & mapping, species recording etc. Together with our Staff - help to manage our Reserves across the County including Brownsea. Come join the fun. Incl. various training days. www.dorsetwildlifetrust.org.uk for info.

Boat maintenance - DIY or helpers

Ref 288 Harbour Challenge - Outdoor Education Centre

Contact1 (Chris Hurlock 01202772436 info@harbourchallenge.org.uk)

As a Charity we are always looking for willing volunteers. maintenance of boats and equipment and general assistance with residential camps. You don't necessarily need any specific skills to volunteer. What we really want is a high level of enthusiasm.

Historic Poole Pilot boat - Renovation Project

Ref 270 MVS Maritime Volunteer Service Poole

Contact1 (Nigel Barrow 07780112548 nigel.barrow@mvs.org.uk)

We've started a 2 - 3 years project to restore the Tom Sherrin boat. We're looking for people with DIY skills who would like to be involved. www.tomsherrin.org.uk or contact me for more information.

Swanage Railway Opportunities

Ref 375 Swanage Railway

Contact1 (Mike Whitwam 01929475212 volunteer@swanagerailwaytrust.org.uk)

Our aim is to ensure you have an enjoyable & rewarding volunteering experience, no matter what aspect of our friendly multidiscipline team you choose to get involved with. You don't need any prior railway experience as training is given.

Handyman/Handywoman

Ref 975 Waggy Tails Rescue

Contact1 (Shelagh Meredith 01202875000 admin@waggytails.org.uk)

We have 4 charity shops and a small animal sanctuary so maintenance jobs are frequent and ongoing. We need someone who has DIY skills to include carpentry and painting and who likes problem solving.

#### **Drivers & Escorts**

**Drivers** 

Ref 18 Borough of Poole - Community Transport

Contact1 (Caroline Foy 01202262220 caroline.foy@poole.gov.uk)

Voluntary drivers use their own vehicles to provide transport for people of all age groups who find public transport difficult to use. The aim of this is to combat social exclusion by transporting people to essential activities.

**Drivers or Hosts** 

Ref 59 Contact the Elderly (Poole)

Contact1 (Suzan Hyland 02078812361 suzan.hyland@contact-the-elderly.org.uk)

Desperately need Drivers once a month - a Sunday afternoon - take elderly person out for a drive to then finish the afternoon having tea at the home of a volunteer host. Great way to meet new people. Local co-ordinators also needed.

**Drivers** 

Ref 55 Dorset Blind Association

Contact1 (Moira Kopanycia-Reynolds 01202712869 07709216797 moira@dorsetblind.org.uk)

Drivers needed to transport visually impaired people to various clubs activities in the Poole & Bth area.

**Drivers & Crew** 

Ref 253 Dorset Reclaim (Poole)

Contact1 (Manager 01202679080 bruce@dorsetreclaim.org.uk)

Van drivers & crew required - making deliveries and collections. Driving a 4 ton van, area covered from Poole to Swanage or Blandford. You'll need a good sense of direction, a driving licence, and an ability to work well as a team.

Driver

Ref 950 Fernheath Play

Contact1 (Joe Elston 01202581008 joe@fernheath-play.org.uk)

Looking for people with an interest in supporting play to help with playwork at the centre. The role will include driving a minibus to pick up children from school and bring them to the after school club. (Older adult who has D1 on driving license)

**Driving Volunteers** 

Ref 303 Livability at Holton Lee

Contact1 (Emma Browning 01202625562 ebrowning.holtonlee@livability.org.uk)

UK driving licence, own 4-door car. Ideally disability equality knowledge, but not essential.

Club Helpers and Drivers/Escorts

Ref 337 Poole and District PHAB Club

Contact1 (Brian Knight 01202698896 captainphabulous@hotmail.co.uk)

Helpers needed to enable members with disabilities to participate in club activities. i.e. help with writing on guiz nights, purchasing items, moving wheelchairs etc.

Mini bus Drivers & Escorts

Ref 344 Poole and East Dorset Club for the Disabled - Inskip League of Friendship

Contact1 (Rodney Evans 01202380766 rodneyevans@hotmail.co.uk)

Escorts required to assist with disabled people, possible hoisting/clamping of wheelchairs. To take out for outings etc. For drivers - Clean driving license. Reasonable fit & able. Some experience in dealing with physically disabled people.

Collectors

Ref 994 Poole Waste Not Want Not

Contact1 (Elaine Lawford 07968903063 poolewastenotwant not@gmail.com)

We run a community shop & require drivers - over 25 to collect from back of store, donations of food and then distribute to various places. 8 - 9 p.m. Able to lift crates of product in and out of car. Local knowledge

Mini Bus Drivers/Car Drivers

Ref 4 Pramacare

Contact1 (Bridget Barrett 01202666195 bridget.barrett@pramacare.co.uk)

We are looking for help to drive our Mini Bus or Car Drivers The mini bus is based in Hamworthy and is used on a regular basis to take groups of mainly elderly people to social events, days out, etc. Car drivers would help by transporting pdeople to activities, and appointments. Would you like to be one of our drivers? Clean Licence required.

Drivers - Rosemary Medical Centre

Ref 1029 Pramacare

Contact1 (Judy Green 01202914465 judy.verte@talktalk.net)

We would love drivers to provide transport for patients visiting the doctor, hospital, optican or dental appts. We re looking for caring people who can help a few hrs a mth & willing to help others with a mobility problem. You do not need to commit to a regular slot.

Drivers - The Adam Practice, Longfleet Rd

Ref 1030 Pramacare

Contact1 (Pauline Lawrence 01202809944 paulinegibbons59@hotmail.co.uk)

We would love drivers to provide transport for patients visiting the doctor, hospital, optican or dental appointments. We re looking for caring people who can help a few hrs a mth & willing to help others with a mobility problem. You do not need to commit to a regular slot.

Healthcare Driving Scheme - Carlisle House

Ref 1039 Volunteering Matters RSVP (Retired and Senior Volunteer Programme)

Contact1 (Edyth Morgan 01202683863 rsvpdorseteast@me.com)

Cheerful friendly Drivers needed to accompany elderly patients to hospital or surgery appointments.

Healthcare Driving Scheme - Evergreen Oak Surgery

Ref 926 Volunteering Matters RSVP (Retired and Senior Volunteer Programme)

Contact1 (Jean Frake jeanfrake@virginmedia.com)

Our volunteer drivers help anyone who needs assistance with getting to hospital & health care appointments. Together we can assist with helping older or vulnerable people maintain their health, independence and reduce social isolation. Our drivers find it a rewarding way to spend their free time because they know they make a big difference to the lives of others.

Healthcare Driving Scheme - Hadleigh House

Ref 1040 Volunteering Matters RSVP (Retired and Senior Volunteer Programme)

Contact1 (Janet Hemsley 01202694186 janethemsley@yahoo.co.uk)

Our volunteer drivers help anyone who needs assistance with getting to hospital & health care appointments. Together we can assist with helping older or vulnerable people maintain their health, independence and reduce social isolation. Our drivers find it a rewarding way to spend their free time because they know they make a big difference to the lives of others.

Driver - Waggy Tails Rescue

Ref 974 Waggy Tails Rescue

Contact1 (Shelagh Meredith 01202875000 admin@waggytails.org.uk)

We are looking for a driver for our ambulance. You will be responsible for collecting and delivering furniture to and from our shops, driving dogs to the vet etc.

#### **Finance**

Book-keeping

Ref 1058 Dorset Action on Abuse (DAA)

Contact1 (Jackie Lilywhite 01202732424 jackie@daaservice.uk)

we are a small local charity looking for an individual who has had experience in book-keeping and preferably in using Quick Books. Min 3 hrs per week.

Treasurer

Ref 842 Dorset ME Support Group

Contact1 (Helen Smith 01300351995 07960767717 7helensmith@gmail.com)

We require a Treasurer to take responsibility for the annual accounts. The payment of 4 part time staff would be part of the position. This would suit someone with an interest in ME or to help a local Dorset based charity.

Money Matters Project - Budget Coach

Ref 932 Faithworks Wessex

Contact1 (Derek Dayman 01202429037 moneymatters@faithworkswessex.org .uk)

Can you help us provide 1 - 1 budget help to people wanting more control over their finances? Helping families & older people get a good grip on their finances. We've a really simple tools when we home visit to go through the basics of creating & sticking to a budget - this isn't about telling people their mistakes nor giving debt advice; it is simply about giving some tips and hope!!

Adminstrator

Ref 939 Fernheath Play

Contact1 (Joe Elston 01202581008 joe@fernheath-play.org.uk)

We are looking for people with an interest in supporting play to help with the adminstration of the centre. Duties will include handling finance, keeping records, writing to parents, taking minutes, filing, archiving, updating website, facebook, etc., helping in organising events.

Treasurer/Book-keeper

Ref 1056 Macular Society

Contact1 (Judy Pride 07947373244 judy.pride@macularsociety.org)

The club is looking for someone to help with its record keeping, may suit someone wanting book keeping experience.

Treasurer - Oakdale Residents Association.

Ref 325 Oakdale Residents Community Association

Contact1 (Lesley Kerley 07962433726 lesley.kerley@ntlworld.com)

A Treasurer, who lives in the area, is now required for ORCA. This mainly involves keeping ORCAs accounts, and as a trustee, will need to attend committee meetings on a monthly basis.

Branch Teller - Poole

Ref 937 Wyvern Savings and Loans (Wyvern Credit Union Ltd.)

Contact1 (Kaye Kerridge 01305268444 volunteer@wyvernsandl.co.uk)

Tellers carry out transactions, enrol new members, provide support, advice on products and services offered by us. Training relevant to a Credit Union will be given. A great opportunity to meet new people, learn new skills. 12.00 - 2 pm, weekdays at least two sessions a month.

# Fundraising, Research & Resourcing

**Fundraiser** 

Ref 981 Association of Residents of Canford Heath (ARCH)

Contact1 (Sasha Morgan 07584282225 sasha@dragonflies.me.uk)

A fundraiser and/or bid writer, who lives in the area, needed for ARCH. Help and support given from a small friendly group of local residents trying to make a difference in their community with many small projects needing funds.

Fundraising - Chestnut Nursery

Ref 40 Chestnut Nursery (SWOP) Poole

Contact1 (Angela Mansbridge 01202685999 info@chestnutnursery.org.uk)

Possible Experience of Fund raising. Interpersonal skills, planning & organising and literacy.

Fundraising Volunteer

Ref 838 Dorset Action on Abuse (DAA)

Contact1 (Fundraising dept. 01202732424 info@daaservice.uk)

We are looking for people who are willing to organise fundraising events to help with our daily expense and to help out with fundraising events for our centre e.g. Street collections. Support on offer with Administrator & Trustees. People who have an understanding and empathy for our work.

Collection Tin Coordinator

Ref 129 Dorset Blind Association

Contact1 (Moira Kopanycia-Reynolds 01202712869 07709216797 moira@dorsetblind.org.uk)

This is a part-time volunteer opportunity with flexible hours to support the blind and partially sighted members in Dorset to help raise much needed funds.

Fundraising

Ref 872 Guide Dogs (Southampton)

Contact1 (Hazel Dyson 08453727428 hazel.dyson@guidedogs.org.uk)

Collection box co-ordinators/fundraisers and events. Are you an enthusiastic person looking to get involved in your community? Do you like talking to people and going to events? If so why not join our team, promoting and taking part in fundraising activities and events.

Collecting Tin Organiser

Ref 306 Julia's House Hospice

Contact1 (Tai Saxty 01202644220 tai.saxty@juliashouse.org)

To ask local businesses ie pubs, shops, restaurants etc. If they would support us to have our collecting tin. To place & collect the tins. This is an opportunity to meet people in flexible times.

Raise Funds for Magical Wishes for Children

Ref 1041 Make-A-Wish ® UK

Contact1 (The Volunteering Team 01276405050 volunteering@makeawish.org.uk)

We grant magical wishes to children fighting life threatening conditions. Could you give your time to help raise funds in your area. we've loads of ideas, materials/resources & help to get you started. Volunteer with friends or family, or join up with like minded local people and make new friends. visit www.makeawish.org.uk.

Fundraising - Store Collector

Ref 972 RNIB (Royal National Institute of the Blind)

Contact1 (Volunteering Team 08456030575 01733375450 volunteering@rnib.org.uk)

Make a difference in your local community by joining our successful team of dedicated fundraising volunteers. Be part of a team of volunteers collecting regularly at local supermarkets and shopping centres throughout the year. Last year £100.000 was raised by street and store collections.

Fundraising - Routes to Roots

Ref 271 Routes To Roots

Contact1 (Elaine Mellers 01202667880 07901387643 office@routestoroots.org)

We are looking for energetic people who enjoy a bit of a laugh and are willing to get stuck in with practical fundraising events and with encouraging others to fund raise for us. or collecting or donating food, warm clothes, sleeping bags etc

Resourcing & Fundraising

Ref 1028 Royal Voluntary Service (RVS) Dorset

Contact1 (Tina Damon-Sparks 01305236 666 tina.damonsparks@royalvoluntaryservice.org.uk)

This is an interesting & flexible role that will involve working with others to raise money from many different sources. i.e. arranging/promoting an event. Contacting other organisations for their support etc.

Fundraising/Public Relations

Ref 370 Sports Forum for the Disabled

Contact1 (Richard Monaghan richardmonaghan18@gmail.com)

Knoticat is an elderly lady of 40 years with 1000 of sea miles to her name. We have therefore launched Project Seahorse, to raise funds towards a new boat. This is very exciting, it gives us the chance to design a new boat exactly as we would like.

# Gardening

Gardening & Conservation Groups

Ref 16 Borough of Poole - Upton House

Contact1 (Claire Thackwray 07785633000 c.thackwray@poole.gov.uk)

Gardening Groups meet on a Tues & Weds 10 - 3 pm doing such things as pruning, planting weeding etc.

Conservation groups meet Sun focusses on habitat management and summer work includes surveying wildlife and controlling invasive plants (e.g. ragwort) contact us for more information

Roots Gardening Service

Ref 1057 Help and Care

Contact1 (Nisa Leach 0300 1113303 contact@helpandcare.org.uk)

Roots Gardening Service. Able to supervise volunteers. Knowledge of gardening and garden DIY essential and qualification desirable.(Qualification training can be provided). To help support those recovery from mental health illness

Gardener

Ref 1022 Leonard Cheshire Disability HQ

Contact1 (Belinda Neave 01202715914 Belinda.Neave@leonardcheshire.org)

Would you like to help maintain our garden and or support a small group of residents to develop their gardening skills

Gardener

Ref 1061 Lewis Manning Hospice

Contact1 (Volunteer Manager 01202708470 hr@lewis-manning.co.uk.)

Fit, able, enthusiastic gardeners to provide reliable support.

Flourish Project

Ref 876 Livability at Holton Lee

Contact1 (Emma Browning 01202625562 ebrowning.holtonlee@livability.org.uk)

Flourish Project is a 6 month volunteering program designed to promote horticulture, arts & well being, build confidence & move people onto further opportunities. The group will maintain a large garden, fruit & veg plots.

Twigs Gardening Project

Ref 925 Volunteering Matters RSVP (Retired and Senior Volunteer Programme)

Contact1 (Dee Hoy deetrish12spot@gmail.com)

Gardeners and a Volunteer Co-Ordinator for Rossmore Sensory Community Project. Volunteers should ideally be able to contribute one hour per week maintaining this outdoor space, weeding, pruning and litter picking.

# Health, Hospitals & Hospices

Information Point Volunteer

Ref 898 Breast Cancer Care

Contact1 (Bev Hampson 02920234075 bev.hampson@breastcancercare.org)

Can you help us re-stock our leaflets? Located in Poole Hospital at the Ladybird Centre. This makes it easy for people visiting breast clinics to find the right info & resources also helps breast care nursing teams to keep patients well informed.

Meet Greet & Support

Ref 993 Breast Cancer Care

Contact1 (Bev Hampson

Bev Hampson 02920234075 bev.hampson@breastcancercare.org.uk)

Help a group that meets Thurs once a month. Support is needed to help meet, greet, assist with refreshments & offer support to anyone who becomes upset & needs to leave. Suit someone with ie counselling experience or qualifications, & life experience & sensitivity. Training given.

Medical Loans Unit

Ref 1018 British Red Cross (Poole)

Contact1 (Cory Erickson 01202699453 CErickson@redcross.org.uk)

To assist in the Dept loaning out and receiving medical equipment to enable patients to return home.

Support at Home

Ref 892 British Red Cross (Poole)

Contact1 (Lisa or Kim 01202656148 LKeay@redcross.org.uk)

To support a person following a stay in Poole hospital. To make a difference when they re feeling vulnerable? No personal care involved. To visit once a week for max of 6 weeks. Role can include making a hot drink, to prepare a light meal, collect a prescription or shopping.

Awareness & Activities Volunteer

Ref 1016 Crohn's and Colitis UK

Contact1 (Carly Benton 01727734475 carly.benton@crohnsandcolitis.org.uk)

Join a team of people who play an important role in bringing like-minded people together locally. Whatever your skills there is a role for you to help & support us.

Macmillan Advocate

Ref 902 Dorset Advocacy

Contact1 (Emily Brown 01305251033 Emily@dorsetadvocacy.co.uk)

Macmillan Advocates support people aged 50 years +, who have been affected by cancer - either as a patient, carer or relative. Macmillan Advocates support their advocacy partners flexibly, often providing emotional and practical support.

Activities & Pet Helper

Ref 237 Dorset HealthCare University NHS Foundation Trust HQ

Contact1 (Kim Mansbridge 01202443089 kim.mansbridge@dhuft.nhs.uk)

To help out at coffee time or lunchtime. Helping with hobbies such as sharing a crossword, exercises, manicure etc. Also we have sml pets - rabbits - that we would like some help with.

Various Roles

Ref 968 Forest Holme Hospice

Contact1 (Volunteer Co-ordinator 01202670644 fundraising@forestholmehospice.org.uk)

Volunteer roles with us are varied - there is something for everyone i.e. shop volunteer, fundraiser or Ambassador, on the inpatient ward, in our office. Or there any many 'one off' events during the year-forestholmehospice.org.uk/volunteer

Radio Requests Visitor

Ref 1014 Hospital Radio Bedside

Contact1 (Brian Mentor 07515620354 recruitment@hospitalradiobedside.org)

HRB provides a decidated 24 hr radio service to patients in 4 local hospitals. Poole Hospital would you like to join our team to visit patients, set up their sets and collect requests to play on air?

Various Opportunites & Drivers

Ref 875 Leonard Cheshire Disability HQ

Contact1 (Belinda Neave 01202715914 Belinda.Neave@leonardcheshire.org)

Would you like to do something rewarding by sharing your interests, skill or hobby with a disabled person? Our residents would love to hear from you. Either inside or outside activities. Games, IT, cinema, gardening & many more.

Care Support or Drivers

Ref 308 Lewis Manning Hospice

Contact1 (Joe Mason 01202708470 hr@lewis-manning.co.uk.)

Working with the nursing team in Day Hospice, In-patient Unit or clinics to support e.g. with refreshments, meals, or companionship. Also Drivers required to provide safe and reliable transport for patients to and from their home. Or other occasional needs. Own Car

Meet and Greet

Ref 1054 Poole Hospital NHS Trust

Contact1 (Joy Janati 01202448610 joy.janati@poole.nhs.uk)

We are seeking more volunteers to meet patients arriving at the hospital for appointments and either offer directions or accompany them to their destination.

To patience and empathy.

Meal Time Companions

Ref 839 Poole Hospital NHS Trust

Contact1 (Joy Janati 01202448610 joy.janati@poole.nhs.uk)

We are seeking more volunteers to help older patients on the wards. Duties would include help with drinks, meals, menu options and errands. Patience and empathy needed.

General Helper

Ref 965 Poole Leg Club

Contact1 (Margaret Ward 01202676266 dmward102@talktalk.net)

We are looking for general helpers to serve tea and coffee and meet and greet members. Leg Club is a social club where treatment of leg ulcers etc are undertaken collectively in a separate area. All members are referred by GP.

Coffee Shop

Ref 989 Royal Voluntary Service (RVS) Dorset

Contact1 (Coralie Jenkins 01305236666 Coralie.jenkins@royalvoluntaryservice.org.uk)

We are looking for help in our Coffee Shop in within Poole Hospital

# **IT, Computers & Equipment**

Library Support Volunteer

Ref 76 Culture Volunteers Poole

Contact1 (Donna Price 01202262608 culturevolunteers@poole.gov.uk)

Help customers use self service machines & IT booking system. Help with information enquiries and events. Shelving, creating and topping up displays

Computer Buddy

Ref 66 Culture Volunteers Poole

Contact1 (Donna Price 01202262608 culturevolunteers@poole.gov.uk)

Computer buddies provide help either in drop-in sessions or in one-to-one sessions for people who are a little bit beyond the absolute beginner stage. Do you know a bit about computers? Do you like helping others learn?

Technology & Digital Skills Support

Ref 935 RNIB (Royal National Institute of the Blind)

Contact1 (Pip Harris 01392458060 07768606790 volunteering@rnib.org.uk)

Could you help people with sight loss make the most of everyday technology? Our Technology Support Squad set up computers, tablets, smartphones, TVs and talking book machines, resolving IT problems and helping people get online. IT experts welcome, but don't have to be a tech guru.

#### **Local Events**

Information Stand Helpers

Ref 2 Action on Hearing Loss - Poole

Contact1 (John McCommack 01752228657 john.mccormack@hearingloss.org.uk)

Action on Hearing Loss are looking for volunteers to help with setting up and running information stands in the South West of England. You will provide information in your local area to deaf and hard of hearing people and to their family and the general public.

**Event Squad Member** 

Ref 101 Diverse Abilities

Contact1 (Sarah Harrison 01202718266 sarah.harrison@diverseabilitiesplus.org.uk)

This is a chance to gain some experience in event management. Become part of our event squad team and help man the charity's stand at community events, festivals, fetes and shows.

Friends of Poole Park Supporters

Ref 280 The Friends of Poole Park

Contact1 (Pat Lincoln 07779894553 07779894553 pat.lincoln@live.co.uk)

Are you interested and passionate about supporting Poole Park? We have various events throughout the year which we would like some help with. i.e. Setting up stalls, marshalling or helping to co-ordinate.

# Mentoring

Routes to Work Programme Mentors

Ref 414 Dorset Young Enterprise

Contact1 (Sam Everard 07789938 511 07789938 511 dorset@y-e.org.uk)

Programme mentor working with Yr 13 students across 11 schools/colleges in Dorset. Mentors required for half-day workshops, led by a Y E staff member, working with other volunteers, to help young people make the transition from education into the world of work.

Volunteer Mentor

Ref 961 PACT - Prison Advice and Care Trust

Contact1 (Debra Kerr 07876835601 debra.kerr@prisonadvice.org.uk)

Across Dorset (or Devon and Cornwall) we have roles for volunteers to provide mentoring support to offenders on release from custody. All volunteer mentors will receive a comprehensive training programme, and will be supported to develop in the role by a supervisor. You will need access to transport, sometimes you will need to be available at short notice.

Mentors & Volunteers

Ref 887 Skills & Learning - Bournemouth and Poole

Contact1 (Janet Miles 01202262371 j.miles@poole.gov.uk)

Skills & Learning - Bournemouth & Poole are looking for Volunteers & Mentors - to help support development, with confidence issues, motivation, in the work place, in society and learning opportunities.

Mentor

Ref 265 The Footprints Project

Contact1 (Jo Wells 07824332227 jo.wells@footprintsproject.co.uk)

Training offered to help mentor men/women ex-offenders who may have served a prison sentence or are serving a sentence in the community but who live/are returning to our area, trying to make changes ensuring they do not reoffend.

#### **Museums & Architecture**

Various Opportunities with Culture Volunteers Poole

Ref 89 Culture Volunteers Poole

Contact1 (Donna Price 01202262608 culturevolunteers@poole.gov.uk)

We have many different roles throughout the year ie festival stewarding & events, Walking Groups, Gardening, Visitor Surveys, IT for more information look at our website or contact us.

Volunteer Helpers

Ref 316 National Trust - Kingston Lacy

Contact1 (Volunteer Co-ordinator 01202883402 kingstonlacy@nationaltrust.org.uk)

Our roles include Gardening, Catering in the café, DIY & carpentry, Room Guides and Reception, Guides, Rangers & Walk Leaders and Farm Volunteers. Please contact to find about current voluntary vacancies.

# One off & Group Volunteering

**Activity Helpers** 

Ref 855 Abbeyfield Wessex Society Ltd (Westbourne)

Contact1 (Jilly Collins 01202880958 info@abbeyfieldwessex.org)

Would you like to come along & help us with activities such as coffee mornings, film afternoons or outings.

One Off Events

Ref 1068 Christ Church Creekmoor

Contact1 (Revd Janice Audibert 01202389751 janice.audibert@ntlworld.com)

We are running a Holiday at Home Event during August 16 - 18 for over 55. Trips out to Studland, Branksome and Activities Day. We also run an Easter Club and other events throughout the year for local people. Would you like to help us be involved with the community?

Holiday Supporter

Ref 1048 Dementia Adventure

Contact1 (Hayley Mott 01245237548 hayley@dementiaadventure.co.uk)

We provide dementia-friendly holidays. In various areas. We are looking for helpers to support a person living with Dementia and their carer. We have a sailing holiday from Poole and need volunteers to support.

dementiaadventure.co.uk for further information

Micro Volunteering & One off roles

Ref 111 Diverse Abilities

Contact1 (Sarah Harrison 01202718266 sarah.harrison@diverseabilitiesplus.org.uk)

If you are looking for volunteering on a short term basis We have many roles where you can i.e. bake us a cake, make a card, update the internet, put up posters etc

One Off Events Helper

Ref 126 Dorset Blind Association

Contact1 (Moira Kopanycia-Reynolds 01202712869 07709216797 Moira@dorsetblind.org.uk)

Throughout the year we hold various fund raising events that you might like to have some fun & get involved with to support the partially sighted of Dorset.

Group or Corporate

Ref 257 Dorset Wildlife Trust (DWT)

Contact1 (Susanna Holford 01202692033 sholford@dorsetwildlifetrust.org.uk)

Families are welcome but an adult must accompany children under sixteen years of age. Most important of all is to remember that work parties are about enjoying yourself. Current Health and Safety advice recommends an up-to-date anti-tetnus injection.

One Off & Group Roles

Ref 977 Forest Holme Hospice

Contact1 (Co-ordinator 01202670644 Kirsty.perks@poole.nhs.uk)

Do you fancy some fun and meet new people. Many Many Events where help is required with one off events in July & Aug or fun events to attend. If you'd like more info we would love you to contact us!

Short-term Host - Cultural Exchange Days

Ref 1013 HOST UK

Contact1 (Kimberley Brough 0207 7396292 marketing@hostuk.org)

HOST Make the world a little friendlier! Spend a day with an international adult/student, learning about their culture, showing them your local area and inviting them to experience your own home life: (Saturday and Sundays

Open Days & Fundraising

Ref 268 Margaret Green Animal Sanctuary

Contact1 (Jazmin House 01929477074 jazmin.house@mgar.org.uk)

This is a fun role attending events, chatting to people about our work, handing out info, serving refreshments at annual Companion Dog Show & helping with Doggy Dips at external events.

Oxfam Festivals 26 - 31 /07/17 - Camp Bestival Stewards

Ref 1067 Oxfam

Contact1 (Volunteer Team 0300 2001266 stewards@oxfam.org.uk)

We are looking for volunteer stewards to join us at Camp Bestival 26 Jul to 31 July 2017! Join Oxfam's team of stewards and experience the UK's best festivals in a completely different way this summer. Aside from playing a key role in the running of the festival, you'll also have the luxury of hot food, showers & phone charging. Ticket to festival provided, 1 meal voucher and shower token per shift. Apply to www.oxfam.org.uk/stewarding/festivals/camp-bestival-2017

# **Organisers & Co-Ordinators**

Transport Co-Ordinator

Ref 57 Dorset Blind Association

Contact1 (Moira Kopanycia-Reynolds 01202712869 07709216797 moira@dorsetblind.org.uk)

We are looking for a Transport Co-Ordinator for the 2nd and 4th Tuesday of each month.to ensure that our club members get to and from their clubs. The role will involve telephoning our members and arranging suitable transport for them to our club a This will include booking taxis and liaising with our Volunteer Drivers.

Development Assistant

Ref 930 Dreams Come True Young People's Centres and Projects,

Contact1 (Claire Smith 01428726331 claire.smith@dreamscometrue.uk.com)

You will play a key role in raising the awareness of the charity, create new events, support existing events, help us gain more dream referrals. Help Dreams Come True to fulfil the dreams of local life limited, seriously ill children between the ages of 2-21.

Regional Organiser - Home based

Ref 1047 HOST UK

Contact1 (Kimberley Brough 02077396292 marketing@hostuk.org)

We are seeking a Regional Organiser (RO) who will use people management, organisation, and negotiation skills to help facilitate short cultural exchange visits between UK residents and international students studying at UK universities.

Assistant Co-ordinator

Ref 1044 Poole Sailability

Contact1 (Peter Davies poolesailability@gmail.com)

To help work with our current Volunteer Coordinator, on the recruitment, training and development of our Volunteer Helpers.

# **Retail & Charity Shops**

Shop Assistant and Shop Driver

Ref 889 Age UK Bournemouth

Contact1 (Manager 01202744997 ageukbournemouthshop@gmail.com)

Would you like to help in our Parkstone shop either preparing goods for sale including sorting and labelling, steaming or serving in the shop itself?

We are also looking for people to help with bag drops and collections for the Parkstone shop. Own vehicle needed, times flexible.

Shop Helper

Ref 890 Barnardos South West

Contact1 (Yvonne Houghton 01202740787 retail-volunteering@barnardos.org.uk)

Fancy working in retail? Covering a variety of tasks in shops in Parkstone or Westbourne, able to gain great experiences in all aspects of retail & also make a big difference to children.

New to You Shop - Recycling

Ref 23 Borough of Poole - Enviroteers

Contact1 (Environment Volunteers 01202261700 environmentvolunteers@poole.gov.uk)

We have recently opened, on a Saturday, a New to You shop, whereby we recycle goods to the general public. We are looking for volunteers to assist us.

Helpers - Furniture and Electrical Store Parkstone

Ref 867 British Heart Foundation

Contact1 (June Benson 01202737710 p28@bhf.org.uk)

Till Operators, Telephonist, Sales Floor Assistants - Meet & Great Customers, Warehouse & Electrical Assist & Fuction Testers Check Electrical Items.

Shop Assistant - Poole

Ref 868 British Heart Foundation

Contact1 (Sam Andrews 01202668542 p31@bhf.org.uk)

Help needed in the Poole High Street shop to sort out donation and to operate the till etc.

Parkstone Shop Volunteer

Ref 1052 Care & Relief for the Young (CRY)

Contact1 (Bonny Harlow 02381780408 07834179934 bharlow@cry.org.uk)

Varied duties ranging from helping keep the shop floor tidy, displaying items, sorting clothes and other items. After training period, using the till, serving customers, using computer to generate price labels.

Shop assistants & Van Drivers

Ref 979 Cats Protection

Contact1 (Sara Stewart 01202696166 canfordheath.shopmanager@cats.org.uk)

Would you like to meet new people we are looking for help run our Canford Heath store, have places for all aspects of the store including till work, processing and merchandising of stock. Full training will be provided.

Sales Assistant

Ref 42 Chestnut Nursery (SWOP) Poole

Contact1 (Angela Mansbridge 01202685999 info@chestnutnursery.org.uk)

We need people to man our shop from 10.00 am until 2.00 pm each day. No experience neccesary, but confident taking money & talking to the public. Also help required in the office or advising customers.

Shop Helper

Ref 1024 DEBRA

Contact1 (Tina Mahoney 01202687443 poole@debra.org.uk)

We need people to work in our shop to help raise awareness and much needed money. We have a great team here but need more people to help us process our donations!

Scrapstore Assistant & Advisors

Ref 991 Dorset Scrapstore (Poole)

Contact1 (Vicky Laycock 07565577094 enquiries@dorsetscrapstore.org.uk)

Join a motivated, fun, and creative team of volunteers to help us in the shop or workshops. Gain new skills, enhance your CV. Meet new people. Training given.

Various other roles available.

Charity Shop Helper

Ref 895 Forest Holme Hospice

Contact1 (Kirsty Perks 01202670644 kirsty.perks@poole.nhs.uk)

To help us with sorting and pricing donations. Serving customers, operating the till, restocking shelves and arranging window displays.

Charity Shop & Furniture Store Creekmoor and other local shops

Ref 305 Julia's House Hospice

Contact1 (June Jones 01202644220 June.Jones@juliashouse.org)

Helpers needed for various jobs at the Creekmoor store, to include sorting donations, lifting furniture etc. Retail experience would be useful but not essential. Stores in Poole & Wimborne

**Shop Assistant** 

Ref 1027 Leonard Cheshire Disability HQ

Contact1 (Sandra 01202744 206)

Would you like to meet new people, help our team in the shop with a variety of tasks available.

**Shop Assistants** 

Ref 1062 Lewis Manning Hospice

Contact1 (Volunteer Manager 01202708470 hr@lewis-manning.co.uk.)

Offering support to shop managers in all aspects of running a charity shop, front line, display, sorting etc.

Shop Helper/Week Days and Weekends

Ref 1003 Marie Curie Charity Shop

Contact1 (Tracey Feddon 01202734070)

Give our customers a welcome! Operating the till, managing stock and keeping the shop neat and tidy. A morning or afternoon a week is ideal.

Shop Assistant - Broadstone

Ref 900 Oxfam

Contact1 (The Manager 01202605362 oxfamshop4054@oxfam.org.uk)

Shop assistants needed in Broadstone To be part of a team, to help sort, price merchandise, clothes, books, antiques, some till work.

Shop Helper

Ref 1021 Oxfam

Contact1 (Yvonne Meston 01202674086 oxfamshopf3319@oxfam.uk)

Become an Oxfam Shop volunteer and - as well as fighting poverty - you'll learn new skills, build your CV, and join a friendly team of people at the heart of your community.

Shop Assistants - Parkstone

Ref 884 Oxfam

Contact1 (The Manager 01202721433 oxfamshopf3327@oxfam.org.uk)

Shop assistants needed in Parkstone To be part of a team, to help sort, price merchandise, clothes, books, antiques, some till work.

Shop Assistant

Ref 901 PDSA

Contact1 (The Manager 01202665504 poole.shop@pdsa.org.uk)

Shop assistants needed in Poole To be part of a team, to help sort, price merchandise, clothes, books, antiques, some till work.

Food Bank Helpers

Ref 1017 Poole Waste Not Want Not

Contact1 (Elaine Lawford 07968903063 poolewastenotwantnot@gmail.com)

Helpers to assist people with their purchases, serve tea or coffee, welcome the shoppers etc. Mon p.m. And Drivers to assist with picking up food donations.

Charity Shop - Parkstone

Ref 859 Pramacare

Contact1 (Richard Maddison 01202737487 karen.pothecary@pramacare.co.uk)

Come join our fun, caring & inclusive team. We offer F/T & P/T roles in our shops By joining us you make a difference & help to support the elderly in the local community.

Charity Shop - Branksome

Ref 860 Pramacare

Contact1 (Karen 01202741732 karen.pothecary@pramacare.co.uk)

We offer F/T & P/T roles. You can support us on the Shop Floor or back of house operational team. Come join our fun team.

Shop Assistant - Ashley Green, Parkstone

Ref 1051 SSAFA

Contact1 (Stephenie Stockley 01202742934 ssafa.poole@btconnect.com)

We have been here since 1942, helping fundraise for Armed Forces families & Veterans. It's a busy shop & a great friendly group of ladies with some interesting items being brought in.

Shop Assistant - Sugar Aware - Poole

Ref 374 Sugar Aware, Donaldson & Ross

Contact1 (Adeline Kuzan 01202861324 07766283480 aekuzan@gmail.com)

We are looking for assistance in our charity shop. Tasks i.e. processing, payments, sorting through donated stock, steaming & processing, arranging displays, Van Driver & Drivers Mate

Shop Helper - Parkstone

Ref 970 Waggy Tails Rescue

Contact1 (Ginny Roberts 01202875000 admin@waggytails.org.uk)

To assist in our Charity Shop helping with various duties - serving, sorting, pricing, shop layout.

# **Speakers**

Speakers

Ref 3 Action on Hearing Loss - Poole

Contact1 (John McCormack 01752228657 john.mccormack@hearingloss.org.uk)

Are you confident, enjoy speaking to a group of people. Ie to speak at community groups on the topic of Deaf Awareness.

Speak and Educating

Ref 858 Blue Cross

Contact1 (Merriol Haselden 03001118950 merriol.haselden@bluecross.org.uk)

To speak to children in various schools and other audiences & venues about the responsibility of pet ownership.

Charity Ambassador - Speakers

Ref 100 Diverse Abilities

Contact1 (Sarah Harrison 01202718266 sarah.harrison@diverseabilities.org.uk)

Do you enjoy talking to groups of people? Would you like to gain some public speaking experience? We are looking for people to give talks to local community groups to raise awareness of our charity.

Public Speaker

Ref 959 RNIB (Royal National Institute of the Blind)

Contact1 (Volunteering Team 01733375450 volunteering@rnib.org.uk)

Be our ambassador! Make a difference in your local community by talking to a variety of audiences. By raising awareness of our services & products, you are helping us rebuild the lives of blind and partially people. Research your own bookings to create interest amongst local groups and arrange talk bookings. Flexible approach to work, a min of half day/evening each week.

# **Sporting Interests**

Healthy Walk Helpers

Ref 24 Borough of Poole - Enviroteers

Contact1 (Chris Dear 01202261362 c.dear@poole.gov.uk)

We organise various walks throughout the week to support the benefits of healthy walking. Would you like to have some fun & come & help us?

Recreation Event helpers

Ref 896 Borough of Poole - Upton House

Contact1 (Roger Brewer 01202261342 r.brewer@poole.gov.uk)

Have you an interest in Sport & your community? We work with sports clubs, schools, groups etc to improve community sport, facilities and events in Poole. We're looking for volunteers to help out with variety roles one off or on a reg basis.

Ballroom Dance class Assistants

Ref 62 Culture Volunteers Poole

Contact1 (Donna Price 01202262608 culturevolunteers@poole.gov.uk)

BSO tea dances are a popular way for isolated people to make friends, listen to live music and keep fit. Many are single ladies who would love to dance but do not have a male dance partner. Can you lead in a range of ballroom, Latin or sequence dance, enjoy meeting people & are reasonably fit? Wed/Thurs 2 - 5

D of E Walking Group Supervisor

Ref 295 Harbour Challenge - Outdoor Education Centre

Contact1 (Chris Hurlock 01202772436 info@harbourchallenge.org.uk)

We are looking for a couple of volunteers to become basic expedition supervisors for the Duke of Edinburghs bronze and silver awards.

Sailing and Kayak Instructors

Ref 293 Harbour Challenge - Outdoor Education Centre

Contact1 (Chris Hurlock 01202772436 info@harbourchallenge.org.uk)

Be part of a team providing instruction to local people. We offer a variety of activities both land & water based Instructors a Min BCU level two Kayak instructor and RYA Sailing instructors, otherwise general helping - enthusiasm required! Have you boating experience.

Walk Leaders

Ref 1066 Help and Care

Contact1 (Nisa Leach 01202416044 contact@helpandcare.org.uk)

We hold a fortnightly walking group to support the isolated and elderly would you like to help?

Boat Patrol/Seamanship/Maintenance

Ref 269 MVS Maritime Volunteer Service Poole

Contact1 (Trevor Ashworth 07871552226 trevorash22@hotmail.co.uk)

Opportunities to be involved in the local maritime scene, to help others & gain skills, Or perhaps you already have those skills. We help support the Harbour Master in Poole Harbour at weekends and other events.

Club Helpers

Ref 345 Poole Athletic Club

Contact1 (Linday Hole 07887782005 woodlands20@hotmail.com)

Help desperately needed for coaching/support, team management and setting up of sessions. Also officiating at track and field events.

**Dinghy Sailors** 

Ref 905 Poole Sailability

Contact1 (Co-ordinator 01444390171 poolesailability@yahoo.co.uk)

Extra help of experienced dinghy sailors are required from May to September to help people with a disability or learning difficulty to enjoy the freedom of sailing within Poole harbour.

Skippers and Crew Helpers - Experienced & Trainees

Ref 371 Sports Forum for the Disabled

Contact1 (Richard Monaghan richardmonaghan18@gmail.com)

Crew helpers experienced and trainees are urgently needed from March until October to help on Knoticat, boat for the disabled people to sail.

Helpers

Ref 866 YMCA Bournemouth

Contact1 (Nick Gillespie 01202290451 NGillespie@thejunctionbroadstone.co.uk)

Do you have or are working towards your Level 2 Fitness Instructor qualification? join our team to gain valuable experience & training. Help us deliver inductions, make customers feel welcome, maintain equipment & machines.

# **Teaching, Training, Schools & Assistants**

Homework Club Helper

Ref 73 Culture Volunteers Poole

Contact1 (Donna Price 01202262608 culturevolunteers@poole.gov.uk)

To Promote use of homework collections & other books

Assist children to search for & use online resources. Set up space & prepare materials for homework club.

Learning Support Assistant

Ref 117 Diverse Abilities

Contact1 (Sarah Harrison 01202718266 sarah.harrison@diverseabilities.org.uk)

Volunteers required to help teaching staff in a school for children with complex disabilities. Children range from age 3 - 18 and follow a sensory curriculum.

Reading Partners

Ref 251 Dorset Reading Partners

Contact1 (Juliet Ruddick 01305458515 juliet@dorsetreadingpartners.org.uk)

Excellent listening and communication skills. Strong Literacy skills. Confident working unsupervised in a school environment (support and training given on an ongoing basis). Able to give feedback. Able to commit for at least one year.

Adult Literacy Volunteer

Ref 362 Read Easy Poole

Contact1 (Susan Ridd 07938041374 susanridd@readeasy.org.uk)

Would you like to help Adults learn to read? Our volunteer commitment is 2 half hr sessions each wk. We estimate it takes about 6 months to teach an adult to read unless there is a specific learning difficulty. Skills required: A real interest in changing lives through literacy. Good interpersonal skills. Training given.

Classroom volunteers

Ref 1042 Skills & Learning - Bournemouth and Poole

Contact1 (Cheryl Bascombe 01202262325 c.bascombe@poole.gov.uk)

Help needed in English, Maths, ICT and ESOL groups to help adult learners achieve their learning aim. Mainly term time from Easter www.skillsandlearningbdp.co.uk

Schools Volunteer

Ref 849 The MARS Trust

Contact1 (Dave Pegg 07769552530 davepegg@themarstrust.co.uk)

Could you give 2 mornings a term to help us at a local school? We hold workshops in lesson time with large groups of students, At a pivotal stage of development. This is an opportunity to have a positive, lasting impact on them & their relationships for the rest of their lives!

Tank Museum - Education Service

Ref 392 The Tank Museum - Bovington

Contact1 (Claire Cooper 01929405096 education@tankmuseum.org)

We are looking for enthusiastic, committed volunteers to join our team. An interest in 20th century history or science/engineering is essential. Training given.

#### **Trustees & Comittees**

Board member

Ref 990 Bournemouth Churches Housing Association (BCHA)

Contact1 (Company Secretary 01202401500 companysecretary@bcha.org.uk)

Looking for people to join our board with either senior level finance experience or senior level experience of mananging social housing. An interest in helping homeless & disadvantaged people essential. Meet 1 per month.

Director/Trustees

Ref 92 Development Education In Dorset (Deed)

Contact1 (Abi Leigh-Watts 01202875411 info@deed.org.uk)

If your values include a commitment to global justice and the importance of sustainable ways of living on our planet, and you want to do something to make a positive difference in terms of these values, then you will find a warm welcome at DEED.

Trustee

Ref 980 Dorset Action on Abuse (DAA)

Contact1 (Terry Field 01202732424 terry.daacharity@gmail.com)

We are looking for someone from a Professional, Business background with an interest or experience in Fundraising or Marketing. We would also like to hear too from people within the social services of Charity Sector who feel they could contribute to the success of the charity going forward.

#### Chairman

Ref 847 Dorset Cyclists Network

Contact1 (Michael Evans 01202880966 sec@dcn.org.uk)

Chairperson required to further the aims, develop DCN, & lead the Committee, meet 3 times a year. A commitment & interest in promoting cycling for all journey types as well as leisure is more important than the number of miles you cycle.

#### Chairman of Trustees

Ref 840 Dorset ME Support Group

Contact1 (Helen Smith 01300341995 07960767717 7helensmith@gmail.com)

A Chairman is needed to ensure the trustees enable the group to comply with our mission statement of providing support to people with ME and their families and oversee a registered charity

#### Trustee

Ref 940 Fernheath Play

Contact1 (Joe Elston 01202581008 joe@fernheath-play.org.uk)

We are looking for people with an interest in supporting play to become Trustees and support the ongoing work of the Charity into the future.

Committee Members- Oakdale Residents Association

Ref 324 Oakdale Residents Community Association

Contact1 (Lesley Kerley 07962433726 lesley.kerley@ntlworld.com)

Committee members, who live in the area, are now required for ORCA. Will need to attend committee meetings on a monthly basis.

#### Committee Members

Ref 339 Poole and East Dorset Club for the Disabled - Inskip League of Friendship

Contact1 (Rodney Evans 01202380766 rodneyevans@hotmail.co.uk)

We are looking for Committee Members with new ideas on organisation of - members activities, fundraising, leadership etc. An oppportunity to be part of a team to improve life for the elderly. Meets once a month.

Trustees

Ref 348 Poole Communities Trust

Contact1 (Chris Mills 07546048049 chris.mills@poolecommunitiestrust.org.uk)

Trustees with skills & experience in property Business Development, Management, Research, property development, building or quantity surveying for gaining & development of community spaces.

Trustee - Wheels for Freedom

Ref 357 Poole Shopmobility

Contact1 (Ross Smith 01202661770 ross@pooleshopmobility.org.uk)

We are looking Trustees who have experience in working with charitable organisations and/or have been involved in decision making.

Committee Members

Ref 862 Read Easy Poole

Contact1 (Carol Richmond 07938041374 poole@reading.org.uk)

We are looking for Committee members to support our group.

Honorary Treasurer and Trustees

Ref 938 Routes To Roots

Contact1 (Pat Southgate 07901387643 patsouthgate@btinternet.com)

We would like to hear from anyone who might be interested in becoming a Trustee. In particular, there will be a vacancy for an Honorary Treasurer (which need not be a Trustee position)The Board meets 4 - 6 times a year in the evening In addition. www.routestoroots.org

Trustees

Ref 1050 Safe Partnership Limited

Contact1 (Andrea Preece andrea@safepartnership.org)

Looking to recruit 2 Trustees who are based in Dorset or who have an interest in education. The Board meets 4 x p.a. usually on a Wed for about 2 hrs. 3 of the meetings are held in Central London & the winter meeting is usually followed by a dinner (Club at the Ivy) hosted by our Chairman. The summer meeting is usually held in Wareham. We also have an annual away day for Trustees & staff. www.safepartnership.org

Experienced Minute Taker & Trustees

Ref 369 Space Youth Project

Contact1 (Sarah Grayer 07973405280 hello@spaceyouthproject.co.uk)

We are looking for an experienced minute taker at Board meetings. They take place every 6 weeks on Monday evenings from 6pm-7.30pm at North Road campus Poole. Also Trustees needed to support the development to enable it to grow and continue its vital work.