

# Poole Volunteer Centre

## Voluntary Vacancies

Sep 2018

Summer

Pop in and see us at PHP Beech House, 28-30 Wimborne Road,  
Poole on Mon Tues and Thur and ask for Gill

Count Of Current Vacancies

272

Poole Volunteer Centre  
3rd Floor Beech House  
28-30 Wimborne Road  
Poole  
BH15 2BU  
Contact: Gill Harris  
Telephone: 01202682046  
Email: [gill.harris@poolecvs.org.uk](mailto:gill.harris@poolecvs.org.uk)

Visit our Website at <http://www.poolevolunteercentre.org.uk/>

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## GDPR Information

When you provide us with any personal details (eg name, address, telephone number) please note we only keep this information for our own monitoring purposes. We will never sell your details and will not pass them on to a third party without your explicit prior consent. Your information is stored in our secure password protected software for 3 years

## Current Vacancy Content Headers

<b>1 off &amp; Group Volunteering</b>	
<b>Administration</b>	
<b>Advice, Listening, Mediation &amp; Advocacy</b>	
<b>Animal Interests</b>	
<b>Art, Crafts &amp; Music</b>	
<b>Befriending &amp; Supporting</b>	
<b>Catering &amp; Clubs</b>	
<b>Children &amp; Youth</b>	
<b>Community Roles</b>	
<b>Conservation</b>	
<b>DIY &amp; Practical Skills</b>	
<b>Drivers &amp; Escorts</b>	
<b>Finance</b>	
<b>Fundraising, Research &amp; Resourcing</b>	
<b>Gardening</b>	
<b>Health, Hospitals &amp; Hospices</b>	
<b>IT, Computers &amp; Equipment</b>	
<b>Local Events</b>	
<b>Mentoring</b>	
<b>Museums &amp; Architecture</b>	
<b>Organisers &amp; Co-Ordinators</b>	
<b>Retail &amp; Charity Shops</b>	
<b>Speakers</b>	
<b>Sporting Interests</b>	
<b>Teaching, Training, Schools &amp; Assistants</b>	
<b>Trustees &amp; Committees</b>	
<b>Under 25 Volunteering</b>	

The Content Headers are listed in Alphabetical order, all Current vacancies are listed under the appropriate Header for a quick and easy search.

## 1 off & Group Volunteering

Gardeners and Carpenter

Ref 1139 AIM Community

Contact1 (Richard Newland [office.aimcommunity@fyt.org.uk](mailto:office.aimcommunity@fyt.org.uk))

we are transforming our concrete schoolyard into a lush green urban garden. We have a number of jobs that need doing to build the garden - carpenters for trough building - then require local green fingered folk to share their expertise to maintain the garden.

Memory Walk 23 Sept & various roles

Ref 1083 Alzheimers Society (East Dorset)

Contact1 (Roisin Greenup 01278663878 07738115880 [roisin.greenup@alzheimers.org.uk](mailto:roisin.greenup@alzheimers.org.uk))

Very flexible roles based in the community ie attending cheque presentations, giving talks about our work and attending events. also you can help make Memory Walk a great day for everyone involved. When registering you can choose to be a Route or Walk Village volunteer, and we will try our best to place you in your preferred role on the day.

Ways to be involved include anything from setting up to signposting, presenting medals, to giving out water or cheering on our wonderful walkers. We have something for everyone. The Walk, on Sunday 23 September, provides an opportunity to enjoy the beautiful backdrop of Bournemouth Waterfront as people step out for a choice of a 3.5 or 8 kilometre route. one off event to register go to [www.memorywalk.org.uk/](http://www.memorywalk.org.uk/)

Respite Care Volunteer

Ref 1077 Chicks Charity

Contact1 (Volunteer Manager 01822811020 [volunteer@chicks.org.uk](mailto:volunteer@chicks.org.uk))

As a RCV for chicks you will be a positive adult role model who'll interact with the children & allow them to develop & experience new challenges. You'll join our team of fully trained staff & up to 5 other volunteers from Mon to Fri on a residential week supporting up to 16 disadvantaged children.

Various Opportunities with Culture Volunteers Poole

Ref 89 Culture Volunteers Poole

Contact1 (Donna Price 01202262608 [culturevolunteers@poole.gov.uk](mailto:culturevolunteers@poole.gov.uk))

Would you like to Volunteer on an occasional basis? We have many different roles throughout the year - Festivals & events, Walking Groups, Gardening, Parks, Visitor Surveys, IT etc. For much more information look at Culture Volunteer website or <http://btr.im/v9q18>

Micro Volunteering & One off roles

Ref 111 Diverse Abilities

Contact1 (Lee brady 01202718266 [volunteering@diverseabilities.org.uk](mailto:volunteering@diverseabilities.org.uk))

If you are looking for volunteering on a short term basis We have many roles where you can i.e. bake us a cake, make a card, update the internet, put up posters etc

### One Off Events Helper

Ref 126 Dorset Blind Association

Contact1 (Helena 01202712864 [helena@dorsetblind.org.uk](mailto:helena@dorsetblind.org.uk))

fund raising events that you might like to have some fun & get involved with.. to support the partially sighted of Dorset. During August we are holding Bucket Collections at Haskins and Annual Bright for Sight Night Run in Sept along Boscombe front.

### Group or Corporate

Ref 257 Dorset Wildlife Trust (DWT)

Contact1 (Volunteering Co-ordinator 01202692033 [volunteering@dorsetwildlifetrust.org.uk](mailto:volunteering@dorsetwildlifetrust.org.uk))

There is a wide range of opportunities that are suitable for all ages, abilities and interests. We have four regional teams throughout Dorset. To find out more [www.dorsetwildlifetrust.org.uk](http://www.dorsetwildlifetrust.org.uk)

### One Off & Event, festival Roles

Ref 977 Forest Holme Hospice

Contact1 (Co-ordinator 01202670644 [Kirsty.perks@poole.nhs.uk](mailto:Kirsty.perks@poole.nhs.uk))

Do you fancy having some fun and to meet new people? we have many interesting events coming up where you can become involved. Family Fun Day, Fire and Ice Walk at Cobham, Raffle Wrapping, Dances etc. If you'd like more info we would love you to hear from you!

### Short-term Host - Cultural Exchange Days

Ref 1013 HOST UK

Contact1 (Ruth Kearns 02077396292 [info@hostuk.org](mailto:info@hostuk.org))

HOST Make the world a little friendlier! Spend a day with an international adult/student, learning about their culture, showing them your local area and inviting them to experience your own home life: (Saturday and Sundays)

### Community Volunteer

Ref 1153 Livability

Contact1 (Francesca Williams/ Grace Norman 0207 452 208 [volunteering@livability.org.uk](mailto:volunteering@livability.org.uk))

We are looking for volunteers who would be happy to support our Community & Events Fundraising Team at various events and fundraising activities. The role may involve the chance to cheer on our runners at the London Marathon or other local runs and cycling events, helping at a coffee morning or putting-up posters and distributing leaflets in your local area to help us market fundraising events and activities. The role is variable and can be tailored to the expertise or / availability of each volunteer.

### Beachclean Volunteers

Ref 882 Marine Conservation Society

Contact1 (Harriet Robins [Beachwatch@mcsuk.org](mailto:Beachwatch@mcsuk.org))

Beachwatch is a beach clean & surveying programme. Volunteers around the UK organise or attend a beach clean & help us collect valuable information about what marine litter is on our beaches. We then work to try & stop these items at source. We will hold a big event in Sept .... [www.mcsuk.org](http://www.mcsuk.org)

## Administration

### Various Opportunities

Ref 1116 Chicks Charity

Contact1 (Volunteer Manager 01822811020 [volunteer@chicks.org.uk](mailto:volunteer@chicks.org.uk))

Whether you are looking to build skills in a certain area or wish to support us with your knowledge we would love to welcome you to the team.

We often have a variety of different volunteering opportunities - for example, in the office offering admin support, helping with gardening or maintenance work, or supporting us at events.

If you would be interested in volunteering and sharing your skills with us, please drop us an email to find out more: [volunteer@chicks.org.uk](mailto:volunteer@chicks.org.uk)

### OPCC Community Engagement Support Volunteer

Ref 248 Dorset Police (Dorchester HQ)

Contact1 (Organisational Dev. Recruitment Team 01202222258 [volunteers-recruitment@dorset.pnn.police.uk](mailto:volunteers-recruitment@dorset.pnn.police.uk))

To provide logistical and administrative support to the day-to-day operation of the Police and Crime Commissioner's community engagement, including consultation activities and events in order that these activities and events run smoothly and project a professional image to the public. Online application form on: <https://www.dorset.police.uk/recruitment/volunteers/opcc-community-engagement-support-volunteer/>

### Office & Call Centre Helper

Ref 897 Dorset Reclaim (Poole)

Contact1 (Manager 01202679080 [kirsty@dorsetreclaim.org.uk](mailto:kirsty@dorsetreclaim.org.uk))

Help needed with general office roles, answering the phone, reception. IT Skills required. Also help in our Call Centre taking bookings.

### Admin - Dorset Wildlife

Ref 255 Dorset Wildlife Trust (DWT)

Contact1 (Volunteer Co-ordinator 01202692033 [volunteering@dorsetwildlifetrust.org.uk](mailto:volunteering@dorsetwildlifetrust.org.uk))

We have a range of Admin tasks that we need help with such as IT, research, promotions and helping prepare for events.

### Admin Volunteer

Ref 261 East Dorset CAB

Contact1 (Dorne Hardyman/Sue Spear 01202857100 [admin@eastdorsetcab.org.uk](mailto:admin@eastdorsetcab.org.uk))

Varied receptionist Duties Interpersonal Skills, Be able to 'meet and greet' people.

#### Adminstrator

Ref 939 Fernheath Play

Contact1 (Joe Elston 01202581008 [joe@fernheath-play.org.uk](mailto:joe@fernheath-play.org.uk))

We are looking for people with an interest in supporting play to help with the administration of the centre. Duties will include handling finance, keeping records, writing to parents, taking minutes, filing, archiving, updating website, facebook, etc., helping in organising events.

#### Admin and Reception

Ref 1117 Hurting 2 Healing

Contact1 (Zoe Pool 01202732424 [zpool@hurting2healing.org.uk](mailto:zpool@hurting2healing.org.uk))

As a reception volunteer you will greet all visitors at the door and show clients to the waiting area, offer them a drink. You will also help out with general admin tasks including labelling and replenishing client contribution envelopes, preparing paperwork for client reviews and making sure there are sufficient stocks of publicity leaflets etc. (Parkstone)

#### Admin & Hosts required

Ref 1060 Lewis Manning Hospice

Contact1 (Volunteer Manager 01202708470 [hr@lewis-manning.co.uk](mailto:hr@lewis-manning.co.uk).)

To provide Admin support typing, database etc. Hosts to welcome at events, prepare rooms, provide refreshments etc.

#### Admin helper

Ref 1045 Poole Sailability

Contact1 (Peter Davies 07935068532 [poolesailability@gmail.com](mailto:poolesailability@gmail.com))

Could you help us with contacting disability groups or individuals and inviting them for a trial sail with us?

Updating Google, confirming dates and numbers. Keeping a couple of spreadsheets up to date, follow-up after trial. And being involved in the sailing if you wish to take part.

#### Reception Loans & Bookings

Ref 992 Poole Shopmobility

Contact1 (Ross Smith 01202661770 [office@wheelsforfreedom.org.uk](mailto:office@wheelsforfreedom.org.uk))

To assist in office duties, take bookings, to site equipment ready for use & returned, take payment & record usage times. Instruct new users. Hrs reqd one 2hr shift a wk.

#### Office Administration Volunteer

Ref 1145 PramaLIFE

Contact1 (Sarah Robinson 01202207300 [businesssupport@pramacare.co.uk](mailto:businesssupport@pramacare.co.uk))

Do you have strong admin and organisation skills? Are looking for admin experience or recently retired? and can offer off at least 4 hours a week. Tasks will include:

Reception duties such as answering calls and emails, visitors, distributing dealing with mail & meeting room bookings. General office duties Support colleagues in Business Support with admin tasks.

Using the Microsoft Office package to produce marketing materials; leaflets, flyers, booklets and brochures.

#### Office Helper

Ref 400 Waggy Tails Rescue

Contact1 (Trustees at Waggy Tails Rescue 01202875000 [admin@waggytails.org.uk](mailto:admin@waggytails.org.uk))

Help is required in our office in Magna Road. Typical tasks include answering the phone, dealing with enquiries, filing and sorting paperwork. Shifts are 9.30 a.m. to 1 p.m. or 1 p.m to 4 p.m. Must like dogs.

### Advice, Listening, Mediation & Advocacy

#### Information Stand Helpers

Ref 2 Action on Hearing Loss - Poole

Contact1 (Janet Lord Volunteering Process Manager 01273840960 [volunteering@hearingloss.org.uk](mailto:volunteering@hearingloss.org.uk))

Action on Hearing Loss are looking for volunteers to help with setting up and running information stands in the South West of England. You will provide information in your local area to deaf and hard of hearing people and to their family and the general public.

#### Memory Support Volunteer

Ref 1123 Alzheimers Society (East Dorset)

Contact1 (Debbie Payne 01458251541 07710380218 [volsdorsetsomerset@alzheimers.org.uk](mailto:volsdorsetsomerset@alzheimers.org.uk))

Can you provide telephone support to people with memory concerns, a diagnosis of dementia or carers to help them access and understand information?

Be an additional named contact that complements the Dementia Adviser? Update the Client Record System.

Have empathy and good communication skills.

a min of a day per week (Monday to Friday), ideally on an on-going basis but for at least 6 – 12 months. You will be given training.

#### Telephone Helpline Volunteer

Ref 302 Anxiety Alliance

Contact1 (Admin Dept 01612267727 [support@anxietyuk.org.uk](mailto:support@anxietyuk.org.uk))

Able to manage their own feeling whilst providing a high standard of support. They must be calm, show self confidence under pressure of challenging individuals and able to communicate effectively and sensitively.

#### Office Advisors/Library/Telephone

Ref 347 Citizens Advice Bournemouth and Poole

Contact1 (Volunteer Co-ordinator 01202290967 )

We are currently looking to recruit volunteer Advisors on-the-phone & face-to-face assistance, Receptionists, Research & Campaigns Assistants and Administrators. Full training is provided.

### R&C Campaigns Co-ordinator

Ref 1124 Citizens Advice Bournemouth and Poole

Contact1 (Melissa Parsons-Mahon 01202290967 [melissa.parsons-mahon@citabournemouthpoole.co.uk](mailto:melissa.parsons-mahon@citabournemouthpoole.co.uk))

Are you interested in campaigning for change? We are looking for volunteer R&C Campaigners. Within the team there are a variety of roles from admin based, social media, surveying and researchers as well as those actively lobbying and campaigning for change. If you have an interest in researching key issues, are media trained or are interested in social studies then we would love to hear from you.

### Witness Service Outreach Volunteer

Ref 913 Citizens Advice Witness Service (Wiltshire and Dorset)

Contact1 (Acacia Wideman 07867467345 [acacia.wideman@citizensadvice.org.uk](mailto:acacia.wideman@citizensadvice.org.uk))

Outreach Volunteers, provide additional support to Vulnerable & Intimidated Witnesses, meeting them ahead of the trial to develop a tailored plan of prep & support to cater for their needs at what can be a very stressful time. Bournemouth & Poole Area

### Poole & Bournemouth Courts Witness Service

Ref 912 Citizens Advice Witness Service (Wiltshire and Dorset)

Contact1 (Acacia Wideman 07867467345 [acacia.wideman@citizensadvice.org.uk](mailto:acacia.wideman@citizensadvice.org.uk))

Would you like to help provide emotional, practical, impartial support & information to witnesses. That they feel valued, respected & informed. Able to give their best evidence in court. Support given before & during the trial. Training and expenses paid.

### Advocate

Ref 120 Dorset Advocacy

Contact1 (Volunteer Manager 01305753204 [becky@dorsetadvocacy.co.uk](mailto:becky@dorsetadvocacy.co.uk))

Advocates provide vital support to individuals who are struggling to get their needs & wishes heard. Building up a relationship with their advocacy partner. Together, they look at options & rights, explore choices & how to represent that person's views. Until resolved. You may wish to choose to work in a certain field (eg. supporting people with Learning Disabilities, long-term conditions or older people)

### Appropriate Adult Volunteers

Ref 899 Dorset Advocacy

Contact1 (Volunteer Manager 01305753204 [becky@dorsetadvocacy.co.uk](mailto:becky@dorsetadvocacy.co.uk))

Appropriate Adults attend police custody suites, when an adult with learning disabilities, cognitive impairment or a mental health issue is taken in for questioning. They offer support at this crucial time, ensuring the individual understands what is asked of them, is treated well, and is not put under duress during the interview process. Following the interview, the volunteer checks in with a co-ordinator, when this piece of work is closed.



### Trustee

Ref 1131 Dorset Advocacy

Contact1 (Volunteer Manager 01305753204 [becky@dorsetadvocacy.co.uk](mailto:becky@dorsetadvocacy.co.uk))

Trustees bring strategic oversight to the running of Dorset Advocacy. If you would be interested in this important role, please contact Dorset Advocacy to discuss this with the CEO or Operations Director.

### Phone Coordinator

Ref 1129 Dorset Advocacy

Contact1 (Volunteer Manager 01305753204 [becky@dorsetadvocacy.co.uk](mailto:becky@dorsetadvocacy.co.uk))

Co-ordinators play a vital role in the Appropriate Adult service, liaising with the police custody suite and arranging for an Appropriate Adult to attend the police station. Co-ordinators carry a Dorset Advocacy mobile phone, which is active during their shift

### Home Buddy

Ref 125 Dorset Blind Association

Contact1 (Moira 01202712869 07709216797 [Moira@dorsetblind.org.uk](mailto:Moira@dorsetblind.org.uk))

Can you colour match, make phone calls, sort out post or share an interest. Etc. These are some of the things our visually impaired members find extremely difficult and would like some help with. We just ask you can make a regular visit. Either wkly - mthly to assist them.

### Helpline Volunteer

Ref 250 Dorset Rape Crisis Support Centre

Contact1 (Clinical Lead 01202308848 [info@dorsetrapecrisis.org](mailto:info@dorsetrapecrisis.org))

Looking for help to man the helpline at our centre in Poole. Our Helpline runs Mon 1 -3pm, Tues 10-12pm. Wed, Thurs & Friday evenings 7.30 - 9.30 pm. and Saturdays 4 - 6pm. We ask you commit to at least 2 shifts on the helpline a month & one 2hr volunteer support meeting. No experience of working with vulnerable people is necessary as Training is given. Enquire about next training courses.

### Telephone Befriender

Ref 987 Faithworks Wessex

Contact1 (Emma Heath 01202429037 [operations@faithworkswessex.org.uk](mailto:operations@faithworkswessex.org.uk))

We aim to increase the contact people have with the "outside" world in order to reduce loneliness. The role is flexible as calls can be done from the office or from home. Training & friendly team. Calls made at regular intervals to build a working relationship.

### Money Friends Support

Ref 1019 Help and Care

Contact1 (Co-ordinator 01202432288 [contact@helpandcare.org.uk](mailto:contact@helpandcare.org.uk))

We have a Moneyfriends scheme offering practical help (but not financial advice) to those suddenly faced with managing finances.

Supporter for the Homeless

Ref 922 Routes To Roots

Contact1 (Volunteer Co-ordinator 01202667880 07901387643 [office@routestoroots.org](mailto:office@routestoroots.org))

Homelessness Support Volunteer Work alongside the clients in order to respond to their needs and enable them to access appropriate support, to maintain their plans and to support them to develop their well-being and skills.

Caseworker

Ref 1128 SSAFA

Contact1 (Stephenie Stockley [ssafa.poole@btconnect.com](mailto:ssafa.poole@btconnect.com))

SSAFA helps and supports those who serve in our Armed Forces. Caseworkers provide friendly advice and support. The role is to assess the needs of clients and access appropriate assistance. This could be equipment for those with disabilities or suffering hardship. Training given.

Kiosk Helper

Ref 281 The Friends of Poole Park

Contact1 (Pat Lincoln 07854210341 [pat.lincoln@live.co.uk](mailto:pat.lincoln@live.co.uk))

Could you spare a couple of hours to support the kiosk handing out information leaflets and promoting the membership?

Court Based Personal Support Unit (PSU)

Ref 998 The Personal Support Unit

Contact1 (Amy Metters 01202417606 [bourne-mouth@thepsu.org.uk](mailto:bourne-mouth@thepsu.org.uk))

Would you enjoy a rewarding and engaging role? We provide non-legal, practical & emotional support for people attending court. Volunteers help by listening to clients issues, organising paperwork, help filling out forms, accompany them to court hearings. Training is given. min of 2 days a month. For students we ask for a minimum of 20 days spread across academic year

Community & Telephone supporter

Ref 395 Victim Support Dorset

Contact1 (Volunteer Manager 01202606204 03003030163 [vs.dorset@victimsupport.org.uk](mailto:vs.dorset@victimsupport.org.uk))

Want to make a difference to someones life? Active listeners required to give support (face to face & telephone) to people affected by crime. Required approx 4hrs wkly to enable us to deliver the service to victims living in local area. Training given

## Animal Interests

HQ Volunteer

Ref 1119 Birds of Poole Harbour

Contact1 (Georgia French 01202641003 [bophhq@birdsofpooleharbour.co.uk](mailto:bophhq@birdsofpooleharbour.co.uk))

Birds of Poole Harbour are dedicated to educating the general public on the incredible bird life of Poole Harbour. We need volunteers to help us run our gorgeous new interactive HQ on Poole Quay. If you Have got moderate to high level bird identification skills and are passionate about the Poole Harbour get in touch.

### Horse and Carriage Driving for Disabled People

Ref 304 East Holton Driving Centre

Contact1 (Phil Moss or Keith Damon 07592610065 [eastholtondc@outlook.com](mailto:eastholtondc@outlook.com))

Would you like to help us with a variety of tasks: grooming and harnessing horses, escorting carriage drives on a bicycle or mobility scooter, and the less glamorous clearing poo and cleaning harness. Experience would be helpful, but training is available. Looking for adults who can work independently and part of a friendly team and who will be as enthusiastic about the service we provide as we are ourselves.

### Dog Walkers & Groomers

Ref 398 Waggy Tails Rescue

Contact1 (Volunteer Co-ordinator 01202875000 [admin@waggytails.org.uk](mailto:admin@waggytails.org.uk))

We are looking for dog groomers and walkers. Need to be dog lovers- Canford Magna.

### Home Checkers

Ref 399 Waggy Tails Rescue

Contact1 (Volunteer Co-ordinator 01202875000 [admin@waggytails.org.uk](mailto:admin@waggytails.org.uk))

To visit people who foster dogs to check on the well being of the dog and carry out basic health care. Also filling record sheets for dogs during the visit. Also volunteers to visit homes of prospective owners.

## Art, Crafts & Music

### Ceramics Workshop Supporter

Ref 1 15 Days in Clay

Contact1 (Janna Edwards 07980563899 [janna@15daysinclay.co.uk](mailto:janna@15daysinclay.co.uk))

Can you help with this project which offers a small group of adults with learning difficulties the chance to work with a professional ceramic artist. Ceramic or artistic knowledge would be helpful but not essential, you will learn all you need to know about clay from working with us.

### Creative Facilitators

Ref 6 AIM Community

Contact1 (Richard Newland 01202548208 [aim.community@fyt.org.uk](mailto:aim.community@fyt.org.uk))

Love the Arts? Want to share your passion and creativity with young people? Can you inspire young people to unleash their creativity? We currently provide daytime and afterschool sessions in Film Making, Music tech. Musical instruments, Art, Digital Art, Drama, Animation, Dance, Creative Writing, Scriptwriting and more?

Creative Arts Workshop Assistant

Ref 328 PHP - Poole Housing Partnership

Contact1 (Mara Goodenough 01202264322 [m.goodenough@poole.gov.uk](mailto:m.goodenough@poole.gov.uk))

Creative Arts Workshop Assistant

Someone who has an interest in supporting people living with Dementia and has some interest in the creative arts.

We need a people person, a good listener and communicator.

Drop in Helpers - Afternoon/Evening

Ref 918 Routes To Roots

Contact1 (Volunteer Co-ordinator 01202667880 07901387643 [office@routestoroots.org](mailto:office@routestoroots.org))

Volunteers needed to help out with various activities. We offer activities such as cookery, painting, art, photography etc. with additional providers coming in to offer other services.

## Befriending & Supporting

Befriend/Escort

Ref 854 Abbeyfield Wessex Society Ltd (Westbourne)

Contact1 (Jilly Collins 01202880958 [info@abbeyfieldwessex.org](mailto:info@abbeyfieldwessex.org))

Some of our residents have no visitors. Would you like to come in have a cuppa and a chat with some of our residents?

Various - Autism Wessex

Ref 10 Autism Wessex

Contact1 (Advocacy Service Manager 01202483360 [enquiries@autismwessex.org.uk](mailto:enquiries@autismwessex.org.uk))

For more information regarding volunteering opportunities go to [www.autismwessex.org.uk](http://www.autismwessex.org.uk)

There are loads of ways you can get involved to support us and help us raise awareness of autism. Take part in one of our events, host your own fundraising event, make a donation or volunteer some of your time - every little bit helps us to reach more people affected by autism in the local community.

Emergency Response Volunteer

Ref 1143 British Red Cross

Contact1 (Ella Coates 01305214437 [ellacoates@redcross.org.uk](mailto:ellacoates@redcross.org.uk))

As an EMV you may be providing much needed practical and emotional support to individuals, as part of a team, in support of category 1 and 2 responders and other agencies following an emergency or major incident. In addition, you could provide "behind the scenes" support to the response.

### Befriending + Various Roles

Ref 240 Dorset Mind

Contact1 (Claire 01202315329 [volunteer@dorsetmind.uk](mailto:volunteer@dorsetmind.uk))

Would you like to make a difference to someone with a mental health problem access the community? Help reduce social isolation & build confidence? Help to support a client 2 hrs a fortnight. Training. Also looking for fundraising helpers.

### Supporting Adults with a Disability

Ref 25 Dorset Tricuro

Contact1 (Donna Kinnon 01202797888 [enquiries@tricuro.co.uk](mailto:enquiries@tricuro.co.uk))

We provide leisure & learning opportunities for adults with learning disabilities who have a wide range of support needs. We're looking for capable adults who have specific skills i.e. Art, crafts, sport, drama, gardening, woodwork etc. Need to be caring and personable with good communication skills. Lots of enthusiasm and patience needed and can work on own initiative.

### Befriender

Ref 928 Faithworks Wessex

Contact1 (Volunteer Co-ordinator 01202429037 [operations@faithworkswessex.org.uk](mailto:operations@faithworkswessex.org.uk))

We offer training and support to our volunteers to make their time volunteering with an excellent experience.

We equip people to become 'the best neighbour' to older people, carers and lone parents through befriending people within their local community.

### My Guide

Ref 871 Guide Dogs (Southampton)

Contact1 (Hazel Kelly 01189838892 [hazel.kelly@guidedogs.org.uk](mailto:hazel.kelly@guidedogs.org.uk))

Would like to support a person who is living with sightloss on their mobility journey? You will be trained in sighted guiding to help someone by building their confidence, gaining mobility, to help support safe negotiation of the environment and promoting independence. Do you have 2-3 hours a week free to help us?

### Walking or Telephoning

Ref 917 Help and Care

Contact1 (Nisa Leach 01202416044 [contact@helpandcare.org.uk](mailto:contact@helpandcare.org.uk))

Befriender: Accompanying people to appointments, social activity or a hobby/lunch club. Walking a dog. Our volunteers also help with fortnightly walking group and do home visits to people in need of befriending.

Telephone Support Services: Our telephone support service runs on 2 afternoons a week, making regular phone calls to isolated or housebound people. Thursdays 2-4pm every fortnight especially needed.

#### Listener

Ref 878 Independent Age (London)

Contact1 (Volunteer Team 02076054255 [volunteer.recruitment@independentage.org](mailto:volunteer.recruitment@independentage.org))

Someone to chat to makes all the difference to the life of an older person. Could you spare an hour a week or fortnight? Then why not become a visitor. A telephone listener or help and support other volunteers. We would love to hear from you. Training & Support Given

#### Enabler - Supporter & Befrienders

Ref 329 PHP - Poole Housing Partnership

Contact1 (Mara Goodenough 01202264322 [m.goodenough@poole.gov.uk](mailto:m.goodenough@poole.gov.uk))

Our Service provides practical advice, support, assistance for people in all types of households. Ability to adapt to different situations & build rapport with a range of people. To do home visits & keep accurate records of client visits.

#### Befrienders

Ref 349 Poole Well Being Collaborative

Contact1 (Annette Willis 01202977073 [annette.willis@pwbcollaborative.org.uk](mailto:annette.willis@pwbcollaborative.org.uk))

Have you got a few minutes to spare? Would you like to make a huge difference to an older person who is isolated? To have a chat or share a hobby ie books, card game/chess etc. Training & support given.

#### Young at Heart Club Volunteer

Ref 1127 PramaLIFE

Contact1 (Sarah Robinson 01202207300 [businesssupport@pramacare.co.uk](mailto:businesssupport@pramacare.co.uk))

We are looking for friendly, outgoing people for our social club for older people; this could be assisting to set up the room, helping with refreshments, talking to members - generally making them feel welcome, assisting with the raffle, washing up and clearing away at the end of the session. We sometimes have entertainers come in or occasionally go out for an outing. We meet on the 2nd & 4th Thurs p.m. at Upton Community Centre. travel Expenses

#### Purbeck Good Neighbours

Ref 13 Purbeck Good Neighbours

Contact1 (Mo Andrews 01929424363 [purbeckgoodneighbours@yahoo.co.uk](mailto:purbeckgoodneighbours@yahoo.co.uk))

A volunteer group who help older people over 50 with small or difficult one-off tasks in their home, eg. Dog walking, changing light bulbs and batteries, move some furniture, take away some rubbish, read a letter etc.

#### Befriending

Ref 919 Routes To Roots

Contact1 (Volunteer Co-ordinator 01202667880 07901387643 [office@routestoroots.org](mailto:office@routestoroots.org))

Befriender - People who can offer a couple of hours a week/fortnight to be alongside a client in a way which is relevant to that client: it may be a social outing or appointment. Work in pairs. Training & supervision given.

### Caseworker Volunteers

Ref 971 Royal British Legion (Dorset and Hampshire, Southampton)

Contact1 (Mike Hart 07767440075 [mhart@britishlegion.org.uk](mailto:mhart@britishlegion.org.uk))

As a caseworker, you'll meet with beneficiaries to assess their circumstances & determine if they're eligible for Legion support. You'll play a key role in meeting & providing practical & emotional support to members of the Armed Forces community, & will also gain experience of being in a customer-facing environment. Commitment needed of a few hours on a regular basis.

### Befriender

Ref 1154 Royal Mencap Society

Contact1 (Kathryn Harrington 02074540454 07811290219 [kathrynharrington@mencap.org.uk](mailto:kathrynharrington@mencap.org.uk))

Rebecca lives in a house with 7 others, with 24 hour support from Mencap staff. She has many interests and hobbies including shopping, bowling, cooking and playing the 2p slot machines in the arcade, but the best support sometimes is just sitting and having a chat over a cup of tea. She would love company, spend some time with and have fun to enjoy a range of activities together!

### Telephone befrienders

Ref 967 The Silver Line

Contact1 (Volunteering Coordinator 02072242020 [volunteering@thesilverline.org.uk](mailto:volunteering@thesilverline.org.uk))

Become A Telephone Friend to speak to a Silver Liner for 30 minutes a week. Warmth, enjoy and share conversation, understanding, happy to listen. Volunteer from home or work. Just need access to a telephone & internet. Training & supervision. Call costs covered.

## Catering & Clubs

### Activity Helpers

Ref 855 Abbeyfield Wessex Society Ltd (Westbourne)

Contact1 (Jilly Collins 01202880958 [info@abbeyfieldwessex.org](mailto:info@abbeyfieldwessex.org))

Would you like to come along & help us with activities such as coffee mornings, film afternoons or outings.

### Café Volunteer

Ref 1137 AIM Community

Contact1 (Richard Newland [office.aimcommunity@fyt.org.uk](mailto:office.aimcommunity@fyt.org.uk))

Passionate about customer service? Like to make good coffee. We have a small café area where we sell drinks and snacks to mostly parents while their children are having lessons. We currently need a small team of volunteers to help regularly on Tuesdays & Thursdays (a min of 1 evening per month) approximately 3.30-8pm. All café shifts are worked in pairs.

This is a cash handling role and requires the volunteers to use an electronic till, and cash up at the end of each shift. Full training will be given including Level 2 Food Safety in Catering.

### Healthy Eating Project

Ref 1138 AIM Community

Contact1 (Richard Newland [office.aimcommunity@fyt.org.uk](mailto:office.aimcommunity@fyt.org.uk))

Are you imaginative with your meals? Passionate about healthy lifestyles, foods that promote good mental health, help concentration and are budget conscious. Can you inspire our young people to make healthier food choices? You must be able to engage and inspire small groups of students aged 14-19 years. This is a new initiative.could be a weekly, fortnightly, or monthly role and include: Cooking demonstrations, Cooking workshops, Food budgeting, Organising visits to local cafes to meet chefs and learn about food

### Club Helpers

Ref 856 Alzheimers Society (East Dorset)

Contact1 (Debbie Payne 01278663885 07710380218 [volldorsetsomerset@alzheimers.org.uk](mailto:volldorsetsomerset@alzheimers.org.uk))

Memory Café Volunteers required at Hamworthy & Oakdale. Can you help with any of these roles? To help set up, welcome clients & their carers, tea/coffee, chatting, activities, clearing away.

### Club Helper & First Aider

Ref 14 Blue Dolphin Club

Contact1 (Bobby Stevens 01202671631 [bobby.stevens@bluedolphinclub.org.uk](mailto:bobby.stevens@bluedolphinclub.org.uk))

Come & share interests,card making, dominoes, chess etc. This active club for people with learning difficulits provides occasional outings, supper evenings, entertainment, dance. Come & join in the fun on Friday evenings.

### Saturday Kurling Club - Poole

Ref 1055 Brendoncare Club Dorset

Contact1 (Volunteering Manager 01962857097 [volunteering@brendoncare.org.uk](mailto:volunteering@brendoncare.org.uk))

We are looking for helpers at the Silver Kurlers club on Sat a.m. to set up the tables/kurling and clear away. Also help the club leader & members with refreshments & playing the game when required. Expenses & Training. 10.30 to 12.00 in Poole High St.

### Club Helpers - Various Locations

Ref 865 Brendoncare Club Dorset

Contact1 (Volunteering Manager 01962857097 [rmorris@brendoncare.org.uk](mailto:rmorris@brendoncare.org.uk))

We are looking for happy, enthusiastic individuals to help us deliver a fantastic service to the members of our clubs, including welcoming our members; assiting with mobility, setting the room up appropriately, helping with activities and refreshments. You may also have a specific skill or interest you would like to share with our members. Contact us to find out more. Poole Areas

### Hamworthy & Rossmore Community Café

Ref 72 Culture Volunteers Poole

Contact1 (Donna Price 01202262608 [culturevolunteers@poole.gov.uk](mailto:culturevolunteers@poole.gov.uk))

Help is needed at our café in Hamworthy & Rossmore. Would benefit anyone looking for experience in catering or retail. For more info <http://bttr.im/v9q18>



### Barnabas Volunteer

Ref 94 Diverse Abilities

Contact1 (Lee Brady 01202718266 [volunteering@diverseabilities.org.uk](mailto:volunteering@diverseabilities.org.uk))

Would you like to volunteer at a day opportunities centre for adults with disabilities? This role involves helping people take part in activities including music, craft, cookery etc. Friendly, caring, enthusiastic.

### Social Club Helpers

Ref 904 Dorset Blind Association

Contact1 (Moira Kopanycia-Reynolds 01202712869 07709216797 [moira@dorsetblind.org.uk](mailto:moira@dorsetblind.org.uk))

Would you like to help with i.e tea/coffee, speakers, drivers, bingo, entertain, etc? Our 25 clubs around the area offer a friendly atmosphere where members socialise & make friends.

### Pop-up Coffee Shop Volunteer (Woodlands)

Ref 1076 Dorset HealthCare University NHS Foundation Trust HQ

Contact1 (Lynne Allner 01202305055 [lynne.allner@nhs.net](mailto:lynne.allner@nhs.net))

Would you like to assist with a pop up coffee shop. Duties include serving drinks for patients, staff and visitors. Taking monies and using cash register. To help set up/shut up. Min of one session per week.

### Acorns CoffeeShop Oakdale

Ref 323 Oakdale Residents Community Association

Contact1 (Lesley Kerley 07962433726 [lesley.kerley@ntlworld.com](mailto:lesley.kerley@ntlworld.com))

Helpers required for local coffee shop, which is open 10-1. This role would suit an active person who is happy with cash handling etc.

### Coffee Morning Coordinator

Ref 327 PHP - Poole Housing Partnership

Contact1 (Mara Goodenough 01202264322 [m.goodenough@poole.gov.uk](mailto:m.goodenough@poole.gov.uk))

Would you like to help put a smile on our residents faces, help co-ordinate our coffee mornings? Are you a people person, with good interpersonal skills? Yes we'd like to hear from you.

### Lunch Club volunteers

Ref 333 PHP - Poole Housing Partnership

Contact1 (Mara Goodenough 01202264322 [m.goodenough@poole.gov.uk](mailto:m.goodenough@poole.gov.uk))

Lunch club helpers depending on their skills can help in a variety of ways, including setting up, organising, serve meals, befriend residents. People person, commitment and reliability.

### Club Helpers

Ref 337 Poole and District PHAB Club

Contact1 (Brian Knight 01202698896 [captainphabulous@hotmail.co.uk](mailto:captainphabulous@hotmail.co.uk))

Would you like to come to our club at Ocean Academy Constitution Hill Rd, Poole BH14 0PZ on Thurs to enable members with disabilities to participate in club activities. i.e. help with writing on quiz nights, purchasing items, moving wheelchairs etc.?

### Club Helpers & Drivers

Ref 353 Poole Disabled Club

Contact1 (Elaine Lawford 07968903063 [elaineandbill@sky.com](mailto:elaineandbill@sky.com))

Club Helpers needed on a Tuesday evening once a fortnight at Parkstone United Reformed Church from 7 p.m. to help with refreshments, entertainment (sometimes music, interesting talks) and raffle. Also need Drivers to help with transport.

### Community Shop & Café

Ref 995 Poole Waste Not Want Not

Contact1 (Elaine Lawford 07968903063 [poolewastenotwantnot@gmail.com](mailto:poolewastenotwantnot@gmail.com))

We run a community shop and have to set up and clear the products, tables and clean floor. The members come and shop from 1.30 - 4.30 and are provided with a drink so we do need someone to specifically do this job. Our other volunteers would be helping our customers once the shop is open and do general shop duties.

### Food Prep - Lunchtime

Ref 921 Routes To Roots

Contact1 (Volunteer Co-ordinator 01202667880 07901387643 [office@routestoroots.org](mailto:office@routestoroots.org))

Food Preparation We need volunteers from 12.45 - 2.45pm on Mondays & Thursdays. People to help prepare & serve a simple meal (usually beans on toast!) and make sandwiches for those sleeping rough.

### Befrienders

Ref 1026 Speakabilty - Dorset

Contact1 (Patricia Scott 01202735552 07547474717 [pljscott6@btinternet.com](mailto:pljscott6@btinternet.com))

Come and meet new people, help support our weekly group which meets on a Wednesday from 11.00am-1.00pm We have regular referrals from the Speech therapists and need additional help so that we can expand a much needed service. The group aims to increase confidence and encourage socialising.

### Catering

Ref 984 Swanage Railway

Contact1 (Penny Smith 07776258771 [iwanttovolunteer@swanagerailway.co.uk](mailto:iwanttovolunteer@swanagerailway.co.uk))

We are currently seeking volunteers to work in our catering department: the Birds Nest Buffet at Swanage, the Kiosk at Norden and the on train Micro Buffet.

Luncheon Club Helper

Ref 1000 The Salvation Army (Poole)

Contact1 (Liz Dear 01202385517 [liz.dear@ntlworld.com](mailto:liz.dear@ntlworld.com))

We are looking for assistance to help cook an easy lunch for about 25+ on a Wednesday

## Children & Youth

Independent Visitors and Dorset Nightstop Volunteers

Ref 1011 Action for Children (Dorchester)

Contact1 (Aldina Taylor 01202525643 [Aldina.taylor@actionforchildren.org.uk](mailto:Aldina.taylor@actionforchildren.org.uk))

An independent Visitor is a volunteer, independent of the local authority and social services whose role is to befriend a young person in a foster home or residential care. In your role you will visit and provide friendly advice to someone who has little or no contact with members of their own family. This relationship may last a number of years, so needs building over time and is not a short-term commitment.

Mentors

Ref 7 AIM Community

Contact1 (Richard Newland [office.aimcommunity@fyt.org.uk](mailto:office.aimcommunity@fyt.org.uk))

A good mentor is willing to take the time to get to know their mentee, to learn new things that are important to the young person and inspire them to reach their potential. Mentors meet up with a young person once a week; to help articulate their concerns and to give them a voice in difficult times. Group mentoring (for 8-12 year olds) takes place at AIMCentral between 4pm - 6.15pm on Wednesdays. In addition, when needed, one to one mentoring sessions can be arranged during school hours or lunch times. FULL TRAINING WILL BE GIVEN

Youth Worker

Ref 8 Alderney West Youth Club

Contact1 (Steward Yarrows 07934662351 [stew63@hotmail.co.uk](mailto:stew63@hotmail.co.uk))

Are you interested in helping & supporting young people and over 16 yrs

Various

Ref 1004 Alderney West Youth Club

Contact1 (Michael Speed 07919404823 [s.evans-johnson@poole.gov.uk](mailto:s.evans-johnson@poole.gov.uk))

Volunteers to work in the kitchen serving refreshments, small snacks - bacon sarnies, cheese on toast etc at our Youth Club sessions. And/or any sporty volunteer to support games especially football.

#### Poole Youth Club Helpers

Ref 29 Borough of Poole - Childrens, Young People & Learning CYPL

Contact1 (Jane Milton 01202605340 [j.milton@poole.gov.uk](mailto:j.milton@poole.gov.uk))

We need volunteers who can offer time at least once a month but preferably once a week. Volunteers can get involved in all of the positive activities that we offer the young people if they wish such as sport, art, cooking, music, drama, games and challenges. They can help out behind the coffee bar. They could just offer a listening ear to the young people who attend. If you value young people, are outgoing, friendly, non judgemental and would like to help us to make a positive impact upon their lives we would love to meet you. Training and support will be given where required. Creekmoor Youth Centre runs a dedicated session for young people with additional needs on a Monday evening.

#### School Governor

Ref 910 Borough of Poole - Childrens, Young People & Learning CYPL

Contact1 ( 01202262261 [childrenyoungpeopleandlearning@poole.gov.uk](mailto:childrenyoungpeopleandlearning@poole.gov.uk))

Could you become a Governor? You will make a good governor if you care about improving children's educational attainment and achievement. Want to contribute to the local community, can work as part of a team and can value the contribution made by different people. Training available with the opportunity to ask questions.

#### Limelights Youth Club Helpers

Ref 1008 Borough of Poole - Childrens, Young People & Learning CYPL

Contact1 (Jane Milton 01202605340 [J.Milton@poole.gov.uk](mailto:J.Milton@poole.gov.uk))

Limelights provides positive activities for young people of 9-19 who come from most of the schools around Poole. We've different clubs each night of the week. Would you like to find out more & assist us at one of them? Especially short on Wednesdays & Fridays!

#### Turlin Moor Youth Club Helper

Ref 1001 Borough of Poole - Childrens, Young People & Learning CYPL

Contact1 (Jane Milton 01202670085 [J.Milton@poole.gov.uk](mailto:J.Milton@poole.gov.uk))

We are a friendly group, we're always looking for helpers with such things as Coffee Bar, play sport, do some art, play pool or just chat with young people. We are very flexible. Various evenings

#### Poole Children's Centres

Ref 952 Borough of Poole - Childrens, Young People & Learning CYPL

Contact1 (Julie Borthwick 01202261518 [j.borthwick@poole.gov.uk](mailto:j.borthwick@poole.gov.uk))

We're currently recruiting to help us run our busy play sessions for families living in Poole with children under 5. at Poole Children's Centres. No experience necessary as full training will be given. You will need to hold an up to date DBS, this will be completely free of charge. We will support you whilst you are volunteering with us by offering you new experiences and further training opportunities. Our volunteers are a valued part of our team who volunteer alongside our staff. Various opportunities available Monday to Friday 9am to 3pm at all Centres across Poole.

### Poole Short Breaks Programme

Ref 1009 Borough of Poole - Childrens, Young People & Learning CYPL

Contact1 (Angela Bowran 01202261908 07775921076 [angela.bowran@poole.gov.uk](mailto:angela.bowran@poole.gov.uk))

A programme of mainly holiday activities for children and young people with SEN and disabilities. Have you some experience of working with children, ie with a disability or challenging behaviour. The activities vary including arts/crafts, dance, drama, food, sports run at youth centres, & external activities at Forest School, Holton Lee, Butchers Coppice archery and autobelay, sailing, kayaking at Rockley, crazy golf, swimming at Montacute.

### Children's Event Assistant - in Libraries

Ref 64 Culture Volunteers Poole

Contact1 (Donna Price 01202262608 [culturevolunteers@poole.gov.uk](mailto:culturevolunteers@poole.gov.uk))

Assisting with weekly rhyme time, activity and games sessions. Helping to prepare holiday craft activity materials look <http://btr.im/v9q18> for more info

### Playworker

Ref 114 Diverse Abilities

Contact1 (Lee Brady 01202718266 [volunteering@diverseabilities.org.uk](mailto:volunteering@diverseabilities.org.uk))

Do you like children, taking part in activities and having fun? Then join us as a play worker. We'll assign you to a family to play with the non-disabled siblings while we run activities for their brothers and/or sisters with disabilities. You will help us to set up activities, support the children to get the maximum fun out of the session and report back to the parents/carers/staff afterwards.

### Youth Opportunity Worker

Ref 102 Diverse Abilities

Contact1 (Lee Brady 01202718266 [volunteering@diverseabilities.org.uk](mailto:volunteering@diverseabilities.org.uk))

We hold a weekly youth club on a Wednesday from 7-9pm for young people between the ages of 13 and 19 with a disability or special educational need. The group organises weekly activities to include swimming, meals out, movie nights, games and crafts. If you like being with young people, taking part in activities and having fun, then come and join us.. We also need helpers at our school holiday play opportunities for disabled children and their siblings.

### Playworker

Ref 951 Fernheath Play

Contact1 (Joe Elston 01202581008 [joe@fernheath-play.org.uk](mailto:joe@fernheath-play.org.uk))

Would you like to help with playwork at the centre? Various roles include helping in the after school club, Saturday club and holiday playschemes. Various times available. Supporting staff in picking up children, supporting play activities, developing a relationship with children to support their play and learning, keeping records, supporting individual children including those with a disability, helping on trips & visits and organising events.

### Home-visiting volunteer

Ref 969 Home-Start South East Dorset

Contact1 (Michelle Dixon or Heidi Dahlstrom 01202574877  
[office@homestartsoutheastdorset.org.uk](mailto:office@homestartsoutheastdorset.org.uk))

Volunteers would be able to give 2-4 hours per week to visit a family and offer practical and emotional support.

From isolation or bereavement to poverty or disability; the problems Home-Start supports families through are varied. We recruit and train volunteers to support families usually with at least one child under five years old. Our volunteers are parents or have parenting experience and support other parents struggling to cope with the pressures of raising a family. Training

### Scout Leaders

Ref 355 Poole District Scouts

Contact1 (Ragen Bartaby 01202293325 07557986348 [pooled.c@hotmail.co.uk](mailto:pooled.c@hotmail.co.uk))

As well as gaining externally recognised skills & having a brilliant time, Scouting also offers the chance to build on personal skills, like teamwork, confidence & leadership. Activities include sporting, proficiency training and badges and occasional camps. Affinity with young people. Would you like to be involved?

### Scout Group Manager

Ref 354 Poole District Scouts

Contact1 (Ragen Bartaby 01202293325 07557986348 [pooled.c@hotmail.co.uk](mailto:pooled.c@hotmail.co.uk))

Are you enthusiastic, would you like to make a difference in your local community? Make new friends. Can you help to manage & direct a Scout Group. Team worker, Leadership, Planning, organisation, listening, communication, Reviewing and evaluation. We would love to hear from you

### Lead or co-lead activities and Workshops Youth Activity Leaders

Ref 1010 Whizz-Kidz

Contact1 (Amy Senior 07833475987 [a.senior@whizz-kidz.org.uk](mailto:a.senior@whizz-kidz.org.uk))

Would you like to become involved in workshops for young wheelchair users aged 8-25? You can do this independently or alongside one of our staff members, depending on experience. Services include Ambassador clubs, Wheelchair Skills training & Work skills Days. 16+

## Community Roles

### Awareness Raising Volunteer

Ref 1112 Alzheimers Society (East Dorset)

Contact1 (Debbie Payne, Volunteering Officer 07710380218  
[volsdorsetsomerset@alzheimers.org.uk](mailto:volsdorsetsomerset@alzheimers.org.uk))

What will I be doing? This role helps raise awareness of dementia and provide related information, in various ways, - highlight our services and our presence in the local communities. Depending on your experience and preference, this may include public speaking, presentations and networking at events.

#### Various roles

Ref 857 Alzheimers Society (East Dorset)

Contact1 (Alice Davies 07525824891 [volsdorsetsomerset@alzheimers.org.uk](mailto:volsdorsetsomerset@alzheimers.org.uk))

Are you good at planning and chairing meetings, or organising, promoting fundraising events, making sure income is correctly banked, recruiting new group members, raising awareness of dementia and the work we do. If so we would love to hear from you.

#### Environteers Community Opportunities

Ref 22 Borough of Poole - Enviroteers

Contact1 (Louis Sherman 01202261368 [environmentvolunteers@poole.gov.uk](mailto:environmentvolunteers@poole.gov.uk))

Come and find out about Community Groups in Poole.

#### Restorative Justice Volunteers - Community Safety Team

Ref 1069 Borough of Poole (Main Organisation)

Contact1 (Yvette Bessant 01202223106 [restoratedorset@poole.gov.uk](mailto:restoratedorset@poole.gov.uk))

Would you like to help Victims & Wrongdoers. The pan-Dorset RJS are recruiting volunteers who'll support the community by facilitating Restorative Justice & Mediation. Those involved in crime or anti-social behaviour & members of the community involved in ongoing conflict. Training and qualification.

#### BoP PO55 Supporters (Poole over 55)

Ref 1031 Borough of Poole (Main Organisation)

Contact1 (Nicky Mitchell 01202261060 [n.mitchell@poole.gov.uk](mailto:n.mitchell@poole.gov.uk))

Our drive for committee members continues! We'd love to hear from people who have committee skills OR are well motivated to learn & help local people. The aim is the best way forward to tackle loneliness, improve health well-being & lives of people aged 55+ in Poole. Join for the next quarterly meeting.

#### Community Connector Volunteer

Ref 1059 British Red Cross

Contact1 (Contact Office 01305214437 [ellacoates@redcross.org.uk](mailto:ellacoates@redcross.org.uk))

The aim is to support people affected by social isolation and loneliness and to help them gain confidence and to reconnect to their community in partnership with existing and new partner organisations. We will place the person at the centre of what we do and help them by offering positive encouragement, practical help and emotional support, for up to 3 mths, depending on their needs.

#### Community Volunteers

Ref 236 Dorset & Wiltshire Fire & Rescue

Contact1 (Nicky Jenkins 01722691279 [Volunteering@dwfire.org.uk](mailto:Volunteering@dwfire.org.uk))

This role will help us to ensure the safety of people within their own home by generating referrals to allow members of the team to complete Home Safety Visits. Volunteers do not need any skills although basic IT. would be advantageous.

#### Various - Dorset Police

Ref 243 Dorset Police (Dorchester HQ)

Contact1 (Org Development Recruitment Team 01305223794 [volunteers-recruitment@dorset.pnn.police.uk](mailto:volunteers-recruitment@dorset.pnn.police.uk))

Various help required Watch schemes, Vol Support Officers, Victim Bureau, Public Contact Point, Vehicle cleans & others. For the latest look at website [www.dorset.police.uk/recruitment/volunteers](http://www.dorset.police.uk/recruitment/volunteers).

#### Help with Rough Sleepers

Ref 1084 Faithworks Wessex

Contact1 (Volunteer Co-ordinator 07845158569 [operations@faithworkswessex.org.uk](mailto:operations@faithworkswessex.org.uk))

2 new projects - SLEEPSAFE mobilises churches to provide accommodation over the winter for rough sleepers on the streets of B'th.  
2ND HALF prepare & cook food for a team & those in need in Bth (Mon). Upcycling of furniture & making crafts with wood (Tues). Possibly bike maintenance, decorating, DIY skills & gardening. Also assist with CV writing, job application, interview prep & basic money management

#### Volunteer Roles to Suit Skills

Ref 931 Faithworks Wessex

Contact1 (Volunteer Co-ordinator 01202429037 [operations@faithworkswessex.org.uk](mailto:operations@faithworkswessex.org.uk))

Helping people in the community is what we do, across B'th, Poole & Dorset to connect with their community, manage their money better and cope when in food crisis. We can create a role that will suit you. training package is available free. Come talk to us.

#### Community Volunteers

Ref 1146 Poole Communities Trust

Contact1 (Nigel Barrow 07780112548 [nigelgbarrow@hotmail.com](mailto:nigelgbarrow@hotmail.com))

We are expanding the support range of opportunities that we are offering to the people of Poole. We are only able to do this by asking local people to volunteer their time, energies and skills to support their local centre. We need people that are happy to fill the following roles, ground, equipment and building maintenance, caretaking, admin, cleaning, café, supervisory, outreach, community liaison, PR, marketing, publicity, fundraising, social media, event organisation. We are happy to suit the role to the persons ability and skills.

#### Find a Home for Sooty Volunteer

Ref 960 RNIB (Royal National Institute of the Blind)

Contact1 ( 01733375450 [volunteering@rnib.org.uk](mailto:volunteering@rnib.org.uk))

Celebrate Sooty's 70th birthday and the 150th anniversary of RNIB by helping us to find 2018 new homes for Sooty Collection Boxes across the UK. Join our fabulous team to find homes in shops, pubs and cafes, pick up our full Sooty Boxes and count and bank the money that has been kindly donated.



## Home Library Service

Ref 985 Royal Voluntary Service (RVS) Dorset

Contact1 (Poole Library 01202262449 [libraries@poole.gov.uk](mailto:libraries@poole.gov.uk))

Do you love reading Books and meeting new people? Can you help your local library to deliver and collect books/DVDs/CDs to older people who may be housebound or have mobility issues. Roles available across Poole area.

## Conservation

### Practical Conservation or Events

Ref 9 Amphibian and Reptile Conservation (Bmth)

Contact1 (Richard Sharp 01202727983 07810770565 [richard.sharp@arc-trust.org](mailto:richard.sharp@arc-trust.org))

Practical Conservation volunteering opportunities on the heathland nature reserves. Help conserve rare species and protect internationally important habitats and landscapes. Also help to attend events/talks

### 'Poole's open space volunteers

Ref 20 Borough of Poole - Enviroteers

Contact1 (Environment Volunteers 01202261368 [environmentvolunteers@poole.gov.uk](mailto:environmentvolunteers@poole.gov.uk))

Come and make friends. If you like getting involved in the outdoors and your local community, we have loads of various projects for you such as heathland conservation, litter picks, and Poole's parks and community open spaces. Belonging to Friends of the Parks Groups. Look at [pooleprojects.net/enviroteers](http://pooleprojects.net/enviroteers)

### Countryside Conservation

Ref 963 Dorset Countryside Volunteers

Contact1 (Co-ordinator 01308862958 [coordinator@dcv.org.uk](mailto:coordinator@dcv.org.uk))

Would you enjoy getting out in the country to spend some time helping care for a wide range of sites throughout Dorset. Tasks include hedgelaying, coppicing, pond restoration and dry stone walling. For more information ring 07923 498760 and leave a message with your name and number and we will return your call.

### Beach & Marine Conservation

Ref 258 Dorset Wildlife Trust (DWT)

Contact1 (Volunteer Co-ordinator 01202692033 [volunteering@dorsetwildlifetrust.org.uk](mailto:volunteering@dorsetwildlifetrust.org.uk))

Are you interested in Marine Conservation? We have roles that take place at various locations. i.e. beach cleans or recording & monitoring. [www.dorsetwildlifetrust.org.uk/upcomingevents](http://www.dorsetwildlifetrust.org.uk/upcomingevents)

### Rivers Champions scheme

Ref 1094 Dorset Wildlife Trust (DWT)

Contact1 (Volunteer Co-ordinator 07970552659 [volunteering@dorsetwildlifetrust.org.uk](mailto:volunteering@dorsetwildlifetrust.org.uk))

DWT is launching a new Rivers Champions scheme which will draw on peoples' passion & love for Dorset's wonderful rivers & wetlands. It will involve training (on river restoration, mammals, fish, dragonflies, plants), surveys, & practical conservation work. We're also looking for keen photographers & recorders.

## Reserves, Monitoring & Practical roles - Dorset & Brownsea Island

Ref 259 Dorset Wildlife Trust (DWT)

Contact1 (Volunteer Co-ordinator 01202692033 [volunteering@dorsetwildlifetrust.org.uk](mailto:volunteering@dorsetwildlifetrust.org.uk))

Many opportunities - practical work, DIY, surveying & mapping, species recording etc. Together with our Staff - help to manage our Reserves across the County including Brownsea Island. Come join the fun. Incl. various training days [www.dorsetwildlifetrust.org.uk/upcomingevents.html](http://www.dorsetwildlifetrust.org.uk/upcomingevents.html)

## DIY & Practical Skills

### 'Poole's open space volunteer

Ref 936 Borough of Poole - Enviroteers

Contact1 (Volunteering Team 01202261368 [environmentvolunteers@poole.gov.uk](mailto:environmentvolunteers@poole.gov.uk))

'Hands on in Park projects, Meet new friends. Nothing too strenuous, Do a little or a lot, with a cuppa at the end. Can help social isolation.

### Warehouse & Yard Assistants

Ref 254 Dorset Reclaim (Poole)

Contact1 (Manager 01202679080 [kirsty@dorsetreclaim.org.uk](mailto:kirsty@dorsetreclaim.org.uk))

People with a reasonable fitness level to handle the incoming donated items and the orders going out to clients, together with ensuring the warehouse is properly laid out and goods are displayed for viewing. Also yard furniture dismantlers needed.

### Brownsea Island Volunteers

Ref 256 Dorset Wildlife Trust (DWT)

Contact1 (Volunteering Co-ordinator 01202709445 [volunteering@dorsetwildlifetrust.org.uk](mailto:volunteering@dorsetwildlifetrust.org.uk))

Help at the lovely DWT Wildlife Scantuary with a wide range of roles Visitor greeting & Villa volunteers, Repairs & Maintenance - new shelters required, rhododendron and bracken control etc. flexibility in hours - weekly or ad hoc basis. Come and meet friends.

### Historic Poole Pilot boat - Renovation Project

Ref 270 MVS Maritime Volunteer Service - Poole

Contact1 (Nigel Barrow 07780112548 [nigel.barrow@mvs.org.uk](mailto:nigel.barrow@mvs.org.uk))

We're looking for people with DIY skills who would like to be involved with this 2 - 3 years project to restore the Tom Sherrin boat. [www.tomsherrin.org.uk](http://www.tomsherrin.org.uk). it is a rewarding, lively, friendly and interesting project. You never know where volunteering leads. Please contact me for more information.

### Bike Club Helper

Ref 863 PHP - Poole Housing Partnership

Contact1 (Mara Goodenough 01202264322 [m.goodenough@poole.gov.uk](mailto:m.goodenough@poole.gov.uk))

Do you like 'tinkering' with bikes? We run a bike club in Poole to show young people (all ages) how to repair push bikes. Have you some knowledge of bike repair and enthusiasm to help keep this club running?

### Maintenance and Kitchen Volunteers

Ref 1149 The Greenhouse Christian Centre

Contact1 (Mark Strand` 01202764776 [mark.strand@the-greenhouse.org](mailto:mark.strand@the-greenhouse.org))

We need help in the grounds, with maintenance and in housekeeping or in the kitchen. We offer the opportunity to be part of a close knit group of people.

### Handyman/Handywoman

Ref 975 Waggy Tails Rescue

Contact1 (Volunteer Co-ordinator 01202875000 [admin@waggytails.org.uk](mailto:admin@waggytails.org.uk))

We have 4 charity shops and a small animal sanctuary so maintenance jobs are frequent and ongoing. We need someone who has DIY skills to include carpentry and painting and who likes problem solving Can you help us?.

## Drivers & Escorts

### Drivers

Ref 18 Borough of Poole - Community Transport

Contact1 (Community Transport@Travel co-ordinator 01202262220 [transportation@poole.gov.uk](mailto:transportation@poole.gov.uk))

Voluntary drivers use their own vehicles to provide transport for people of all age groups who find public transport difficult to use. The aim of this is to combat social exclusion by transporting people to essential activities. Expenses paid

### Drivers

Ref 1136 Brendoncare Club Dorset

Contact1 (Ruth Morris 01962857097 [RMorris@brendoncare.org.uk](mailto:RMorris@brendoncare.org.uk))

Our Drivers are integral to our Various Clubs as many of our members would be unable to attend without the transport offered. And it's not just about the driving; friendships are formed, fun and laughter experienced on the journeys to and from the Clubs.

### Mobility Aids Spoke Driver

Ref 1142 British Red Cross

Contact1 (Ella Coates 01305214437 [ellacoates@redcross.org.uk](mailto:ellacoates@redcross.org.uk))

You will deliver wheelchairs to local beneficiaries. This key role will enable people to return home after an illness or surgery and help them to remain independent or go on a holiday or trip with friends or family. It will involve driving a Red Cross vehicle.

### Drivers or Hosts

Ref 59 Contact the Elderly (Poole)

Contact1 (Suzan Hyland 02078812361 [suzan.hyland@contact-the-elderly.org.uk](mailto:suzan.hyland@contact-the-elderly.org.uk))

Desperately need Drivers once a month - Sunday afternoon - Could you take an elderly person out for a drive, finishing the afternoon having tea at the home of a host. Great way to meet new people. (Local co-ordinators also needed)

#### Drivers

Ref 113 Diverse Abilities

Contact1 (Lee Brady 01202718266 [volunteering@diverseabilities.org.uk](mailto:volunteering@diverseabilities.org.uk))

To Drive & Collect - elp a person with disabilities to get in/out of the vehicle at their home to Barnabas (with staff assistance) in the morning then return journey p.m. Own Car required

#### Drivers

Ref 55 Dorset Blind Association

Contact1 (Judy Bannon 07748212009 [judybannon@dorsetblind.org.uk](mailto:judybannon@dorsetblind.org.uk))

Would you like to drive a visually impaired person to DB club/activities in Poole area. If you would like to attend the club/activity and meet new people you are more than welcome. Expenses paid.

#### Drivers & Crew

Ref 253 Dorset Reclaim (Poole)

Contact1 (Manager 01202679080 [kirsty@dorsetreclaim.org.uk](mailto:kirsty@dorsetreclaim.org.uk))

Van drivers & crew required - making deliveries and collections. Driving a 4 ton van, area covered from Poole to Swanage or Blandford. You'll need a good sense of direction, a driving licence, and an ability to work well as a team.

#### Driver

Ref 950 Fernheath Play

Contact1 (Joe Elston 01202581008 [joe@fernheath-play.org.uk](mailto:joe@fernheath-play.org.uk))

Looking for people with an interest in supporting play to help with playwork at the centre. The role will include driving a minibus to pick up children from school and bring them to the after school club. (Older adult who has D1 on driving license)

#### Van Drivers & Drivers Mates

Ref 307 Julia's House Hospice

Contact1 (Volunteer Co ordinator 01202644220 [liz.froud@juliashouse.org](mailto:liz.froud@juliashouse.org))

We are in need of drivers to help drive our vans for Charity shop collections and deliveries around the Poole areas. No experience necessary – just a clean driving licence to drive a Julia's House small van and the ability to load and unload. Plus must be friendly and good with meeting customers.

#### Mini bus Drivers & Escorts

Ref 344 Poole and East Dorset Club for the Disabled - Inskip League of Friendship

Contact1 (Rodney Evans 01202380766 [rodneyevans@hotmail.co.uk](mailto:rodneyevans@hotmail.co.uk))

Escorts required to assist with disabled people, possible hoisting/clamping of wheelchairs. To take out for outings etc. For drivers - Clean driving license. Reasonable fit & able. Some experience in dealing with physically disabled people.

#### Collectors

Ref 994 Poole Waste Not Want Not

Contact1 (Elaine Lawford 07968903063 [poolewastenotwantnot@gmail.com](mailto:poolewastenotwantnot@gmail.com))

We run a community shop & require drivers - over 25 to collect from back of store, donations of food and then distribute to various places. 8 - 9 p.m. Able to lift crates of product in and out of car. Local knowledge

#### Mini Bus Drivers - Hamworthy

Ref 1087 PramaLIFE

Contact1 (Sarah Robinson 01202207300 [businesssupport@pramacare.co.uk](mailto:businesssupport@pramacare.co.uk))

Are you a friendly, outgoing and reliable person with some time on your hands? Do you have a D1 code on your driving licence and more than 2 years' driving experience? PramaLIFE are looking for people to drive our PramaLIFE minibus to transport groups of elderly people on day trips, lunch outings, visits to local garden centres, shopping, local markets, sightseeing trips and much more! This is a wonderful way to make a difference to the lives of older, vulnerable and isolated people in the local community, as well as having fun and taking in the delights of the lovely Dorset scenery on the way.

#### Healthcare Driving Scheme - Carlisle House

Ref 1039 Volunteering Matters RSVP (Retired and Senior Volunteer Programme)

Contact1 (Edyth Morgan 01202683863 )

Cheerful friendly Drivers needed to take elderly patients to hospital or surgery appointments, would you like to help? Own car required.

#### Driver - Waggy Tails Rescue

Ref 974 Waggy Tails Rescue

Contact1 (Volunteer Co-ordinator 01202875000 [admin@waggytails.org.uk](mailto:admin@waggytails.org.uk))

We are looking for a driver for our ambulance. You will be responsible for collecting and delivering furniture to and from our shops, driving dogs to the vet etc.

## Finance

#### Treasurer

Ref 842 Dorset ME Support Group

Contact1 (Helen Smith 01300351995 07960767717 [7helensmith@gmail.com](mailto:7helensmith@gmail.com))

We require a Treasurer to take responsibility for our annual accounts and payroll for 4 part time staff. This would suit someone with an interest in finance, ME or to help a local charity.

### Money Matters Project - Budget Coach

Ref 932 Faithworks Wessex

Contact1 (Volunteer Co-ordinator 01202429037 [operations@faithworkswessex.org.uk](mailto:operations@faithworkswessex.org.uk))

Can you help us provide 1 - 1 budget help to people wanting more control over their finances? Helping families & older people get a good grip on their finances. We've a really simple tool when we home visit to go through the basics of creating & sticking to a budget - this isn't about telling people their mistakes nor giving debt advice; it is simply about giving some tips and hope!!

### Branch Teller - Poole

Ref 937 Wyvern Savings and Loans (Wyvern Credit Union Ltd.)

Contact1 (Maggie Woodland 01305268444 [volunteer@wyvernsandl.co.uk](mailto:volunteer@wyvernsandl.co.uk))

Tellers carry out transactions, enrol new members, provide support, advice on products and services offered by us. Training relevant to a Credit Union will be given. A great opportunity to meet new people, learn new skills. Open Mon p.m. and Weds p.m.

## Fundraising, Research & Resourcing

### Fundraiser

Ref 981 Association of Residents of Canford Heath (ARCH)

Contact1 (Sasha Morgan 07584282225 [sasha@dragonflies.me.uk](mailto:sasha@dragonflies.me.uk))

A fundraiser and/or bid writer, who lives in the area, needed for ARCH. Help and support given from a small friendly group of local residents trying to make a difference in their community with many small projects needing funds.

### Community Volunteer

Ref 1115 Chicks Charity

Contact1 (Volunteer Manager 01822811020 [community@chicks.org.uk](mailto:community@chicks.org.uk))

Our volunteer fundraisers play a crucial role in helping tell people about the value of the respite breaks and raising vital funds to help fund the breaks.

Fundraisers support us in many ways, more typically from arranging fundraising events, giving presentations and putting us forward as charity of the year in your local area.

In return we offer on-going training and support, a named individual within the charity who will support you in your role and the opportunity to build some fantastic skills for your CV.

### Collection Tin Coordinator

Ref 129 Dorset Blind Association

Contact1 (Helena 01202712864 [helena@dorsetblind.org.uk](mailto:helena@dorsetblind.org.uk))

This is a part-time volunteer opportunity with flexible hours to support the blind and partially sighted members in Dorset to help raise much needed funds.

### Fundraising Office

Ref 223 Dorset Blind Association

Contact1 (Helena Sinclair 01202712864 [Helena@dorsetblind.org.uk](mailto:Helena@dorsetblind.org.uk))

To help us organise a busy schedule of fundraising events. The role is varied and can include admin, research, promotions and helping out at events.

### Fundraising

Ref 872 Guide Dogs (Southampton)

Contact1 (Hazel Kelly 01189838892 [hazel.kelly@guidedogs.org.uk](mailto:hazel.kelly@guidedogs.org.uk))

Collection box co-ordinators/fundraisers and events. Are you an enthusiastic person looking to get involved in your community? Do you like talking to people and going to events? If so why not join our team, promoting and taking part in fundraising activities and events.

### Fundraising Volunteer

Ref 838 Hurting 2 Healing

Contact1 (Fundraising dept. 01202732424 [info@hurting2healing.org.uk](mailto:info@hurting2healing.org.uk))

We are looking for people who are willing to organise fundraising events to help with our daily expense and to help out with fundraising events for our centre e.g. Street collections. Support on offer with Administrator & Trustees. People who have an understanding and empathy for our work.

### Collecting Tin Organiser

Ref 306 Julia's House Hospice

Contact1 (Sarah Agnew 01202644220 [sarah.agnew@juliashouse.org](mailto:sarah.agnew@juliashouse.org))

To ask local businesses ie pubs, shops, restaurants etc. If they would support us to have our collecting tin. To place & collect the tins. This is an opportunity to meet people in flexible times.

### Collection Box Volunteer

Ref 1150 Livability

Contact1 (Francesca Williams/ Grace Norman 02074522082 [volunteering@livability.org.uk](mailto:volunteering@livability.org.uk))

This is a great opportunity if you are looking for a flexible role which can be fitted into your schedule, suit someone who likes to get out and about and connect with people in their area, happy to find locations, place and manage collection tins in their local area, in locations such as shops, businesses and community spaces.

### Collectors - Supermarkets

Ref 1151 Livability

Contact1 (Francesca Williams/ Grace Norman 0207 452 208 [volunteering@livability.org.uk](mailto:volunteering@livability.org.uk))

This is a great opportunity if you are looking for a flexible role which can be fit into your schedule. This would suit someone who likes to get out & about & connect with people in their area. Would you like to collect for Livability at a local supermarket, garden centre etc. This will help us raise our profile and collect vital funds for the people we support. Collection dates will be arranged.

### Fundraising Group Member

Ref 1041 Make-A-Wish ® UK

Contact1 (Volunteering Administrator 01183042777 [volunteering@makeawish.org.uk](mailto:volunteering@makeawish.org.uk))

Make-A-Wish grants life-changing wishes throughout the UK. last year more children turned to us than ever before. Hence we need to increase awareness and income in your local area. Would you like to work as part of a team but take your own initiative when necessary, to attend local events. By joining your local Make-A-Wish fundraising group you'll be using your local knowledge to optimise fundraising opportunities while inspiring your community to support the granting of wishes and raise vital funds for Make-A-Wish.

### Community Collection Volunteers

Ref 1091 Missing People

Contact1 (Co-ordinator 0208 392 459 [volunteer@missingpeople.org.uk](mailto:volunteer@missingpeople.org.uk))

Support our bucket collections or supermarket bag packs throughout the year. Delivering collection cans in your local community's shops, restaurants, petrol stations etc. Collect proceeds raised and transferring it to Missing People. Ideally once every two months.

### Resource Fundraiser

Ref 1096 Read Easy Poole

Contact1 (Susan Ridd 07938041374 [susanridd@readeasy.org.uk](mailto:susanridd@readeasy.org.uk))

We help adults who struggle with their reading in Poole we require an enthusiastic fundraiser to join our Committee. We can run on a fairly modest annual budget. We need you to be able to investigate, communicate with local companies & apply to grant providers so we can raise these funds to continue our good work.

### Fundraising - Routes to Roots

Ref 271 Routes To Roots

Contact1 (Volunteer Co-ordinator 01202667880 07901387643 [office@routestoroots.org](mailto:office@routestoroots.org))

We are looking for energetic people who enjoy a bit of a laugh and are willing to get stuck in with practical fundraising events and with encouraging others to fund raise for us. or collecting or donating food, warm clothes, sleeping bags etc

### Fundraising/Public Relations

Ref 370 Sports Forum for the Disabled

Contact1 (Richard Monaghan [richardmonaghan18@gmail.com](mailto:richardmonaghan18@gmail.com))

Knoticat is an elderly lady of 40 years with 1000 of sea miles to her name. We have therefore launched Project Seahorse, to raise funds towards a new boat. This is very exciting, it gives us the chance to design a new boat exactly as we would like.

### Regional Fundraising (South)

Ref 1148 The Jon Egging Trust

Contact1 (Ruth Wright 07764352730 [ruth@joneggingtrust.org.uk](mailto:ruth@joneggingtrust.org.uk))

To research and engage.. to develop relationships with Solicitors Firms and Funeral Directors to help influence legacy giving, advising families of JET as a potential 'charity of choice'; within the Bournemouth and Poole regions;

### Fundraising Events

Ref 1132 The Prama Foundation

Contact1 (Jane Marengo 01202207300 [jane.marengo@pramacare.co.uk](mailto:jane.marengo@pramacare.co.uk))

Would you like to be involved with our Fund Raising Team? We hold various events throughout the year.



### Collection Can Co-ordinator

Ref 1126 Wessex Cancer Trust

Contact1 (Charlotte Von Sicard 02380672200 [charlotte.vonsicard@wessexcancer.org.uk](mailto:charlotte.vonsicard@wessexcancer.org.uk))

Every year our Can Collectors raise thousands of pounds to support local people living with cancer. From making connections with local shops to replacing collection cans you'll have the opportunity to use your skills & positively impact our work. (Across Poole, Bournemouth and Dorset)

### Community Ambassador

Ref 1125 Wessex Cancer Trust

Contact1 (Charlotte Von Sicard 02380672200 [charlotte.vonsicard@wessexcancer.org.uk](mailto:charlotte.vonsicard@wessexcancer.org.uk))

Every year our Community Ambassadors raise thousands of pounds to support local people living cancer. From making connections with local groups to holding events you'll have the opportunity to use your passion and positively impact our work. (Across Poole, Bournemouth and Dorset)

## Gardening

### Gardening & Conservation Groups

Ref 16 Borough of Poole - Upton House

Contact1 (Adam Butcher 07824521284 [adam.butcher@poole.gov.uk](mailto:adam.butcher@poole.gov.uk))

Would you like to be part of our Gardening Groups meet ing on a Tues & Weds 10 - 3 pm doing such things as pruning, planting weeding etc. you just need sturdy footwear, suitable clothing and a packed lunch. Our Groups are friendly.

### Gardening Project

Ref 1092 Dimensions UK

Contact1 (Volunteer Manager 03003039162 07392867489 [volunteering@dimensions-uk.org](mailto:volunteering@dimensions-uk.org))

We're looking for help with garden upkeep & perhaps working with the people that we support with learning disabilities and autism to encourage them to join in with gardening. Experience in working with people with disabilities would be advantageous but not a requirement.

### Gardening Volunteer

Ref 1122 Diverse Abilities

Contact1 (Charlotte Curtis 01202718266 [volunteering@diverseabilities.org.uk](mailto:volunteering@diverseabilities.org.uk))

A friendly, enthusiastic person with an interest in gardening is needed to help with mowing, weeding, planting and general maintenance of the gardens at our children's home.

### Roots Gardening Service

Ref 1057 Help and Care

Contact1 (Nisa Leach 0300 1113303 [contact@helpandcare.org.uk](mailto:contact@helpandcare.org.uk))

Roots Gardening Service. Able to supervise volunteers. Knowledge of gardening and garden DIY essential and qualification desirable.(Qualification training can be provided). To help support those recovery from mental health illness

#### Gardener

Ref 1022 Leonard Cheshire Disability HQ

Contact1 (Charlotte James 01202715914 [charlotte.james@leonardcheshire.org](mailto:charlotte.james@leonardcheshire.org))

Would you like to help maintain our garden and or support a small group of residents to develop their gardening skills

#### Flourish Project

Ref 876 Livability

Contact1 (Volunteer Co-ordinator 02075422082 [volunteering@livability.org.uk](mailto:volunteering@livability.org.uk))

Do you love gardening? Would you like to come and help maintain our garden at the Flourish project? This project helps people with a disability.

#### Gardener

Ref 330 PHP - Poole Housing Partnership

Contact1 (Mara Goodenough 01202264322 [m.goodenough@poole.gov.uk](mailto:m.goodenough@poole.gov.uk))

Do you have an interest in gardening and are generally fit? Some of our residents need a helping hand with their gardens and would welcome some extra support.

#### Twigs Gardening Project

Ref 925 Volunteering Matters RSVP (Retired and Senior Volunteer Programme)

Contact1 (Dee Hoy [deetish12spot@gmail.com](mailto:deetish12spot@gmail.com))

Gardeners and a Volunteer Co-Ordinator for Rossmore Sensory Community Project. Volunteers should ideally be able to contribute one hour per week maintaining this outdoor space, weeding, pruning and litter picking.

## Health, Hospitals & Hospices

#### Mobility Aids

Ref 1018 British Red Cross

Contact1 (Ella Coates 01305214437 [ellacoates@redcross.org.uk](mailto:ellacoates@redcross.org.uk))

This key role will enable people to return home after an illness or surgery and help them to remain independent or go on holiday/trip. You will be on hand to deal with wheelchair requests and enter details onto a database.

#### Support at Home

Ref 892 British Red Cross

Contact1 (Ella Coates 01305214437 [ellacoates@redcross.org.uk](mailto:ellacoates@redcross.org.uk))

Would you like to make a difference to support a person following a crisis. when they re feeling vulnerable? No personal care involved. To visit for a few days or longer. Role can include making a hot drink, to prepare a light meal, collect a prescription or shopping.

#### Macmillan Advocate

Ref 902 Dorset Advocacy

Contact1 (Volunteer Manager 01305753204 [becky@dorsetadvocacy.co.uk](mailto:becky@dorsetadvocacy.co.uk))

Macmillan Advocates support people aged 50 years +, who have been affected by cancer – either as a patient, carer or relative. Macmillan Advocates support their advocacy partners flexibly, often providing emotional and practical support, helping people to unpick the many issues involved in their situation. If you have an understanding of the issues facing people affected by cancer, this could be a very rewarding role for you.

#### Activities & Pet Helper

Ref 237 Dorset HealthCare University NHS Foundation Trust HQ

Contact1 (Kim Mansbridge 01202443089 [kim.mansbridge@dhuft.nhs.uk](mailto:kim.mansbridge@dhuft.nhs.uk))

To help out at coffee time or lunchtime. Helping with hobbies such as sharing a crossword, exercises, manicure, befriending etc. Also we have small pets - rabbits - that we would like some help with. We are a rehab centre.

#### Activities and Mealtime volunteers

Ref 1111 Dorset HealthCare University NHS Foundation Trust HQ

Contact1 (Kim Mansbridge 01202443089 07825451510 [kim.mansbridge@nhs.net](mailto:kim.mansbridge@nhs.net))

Looking for volunteers to support elderly patients on this rehabilitation ward with activities such as games and reading and at mealtimes, providing company and support. Looking for volunteers prepared to commit for at least 6 months please.

#### Various Roles

Ref 968 Forest Holme Hospice

Contact1 (Volunteer Co-ordinator 01202670644 [fundraising@foresthalmehospice.org.uk](mailto:fundraising@foresthalmehospice.org.uk))

Volunteer roles with us are varied - there is something for everyone i.e. shop volunteer, fundraiser or Ambassador, on the inpatient ward, in our office. Or there any many 'one off' events during the year-[foresthalmehospice.org.uk/volunteer](http://foresthalmehospice.org.uk/volunteer)

#### Holiday Carer/Helper

Ref 285 Green Island Holiday Trust

Contact1 (Wendy Aubrey 01202375006 [organiser@greenislandholidaytrust.com](mailto:organiser@greenislandholidaytrust.com))

Holiday volunteers share a week of friendship and fun with a small group of disabled holidaymakers. Every summer The Green Island Holiday Trust organises six one-week holidays, staying in two accessible cottages in the beautiful surroundings of Holton Lee. As a residential volunteer you will stay at Holton Lee alongside the holidaymakers for the duration of their week's holiday providing for their care and support needs. You will find yourself involved in a varied programme of activities both on and off site including boat trips, carriage driving and visits to local events and attractions. We also have opportunities for volunteers who cannot commit to a whole week but who would like to help out with specific activities.

### Radio Requests Visitor

Ref 1014 Hospital Radio Bedside

Contact1 (Brian Mentor 07515620354 [recruitment@hospitalradiobedside.org](mailto:recruitment@hospitalradiobedside.org))

HRB provides a dedicated 24 hr radio service to patients in 4 local hospitals. Poole Hospital would you like to join our team to visit patients, set up their sets and collect requests to play on air?

### Befrienders

Ref 875 Leonard Cheshire Disability HQ

Contact1 (Charlotte James 01202715914 [charlotte.james@leonardcheshire.org](mailto:charlotte.james@leonardcheshire.org))

We are looking for caring people to visit our residents, perhaps do some gardening or baking, read books or just chat about their lives.

### Care Support or Drivers

Ref 308 Lewis Manning Hospice

Contact1 (Joe Mason 01202708470 [hr@lewis-manning.co.uk](mailto:hr@lewis-manning.co.uk).)

Working with the nursing team in Day Hospice, In-patient Unit or clinics to support e.g. with refreshments, meals, or companionship. Also Drivers required to provide safe and reliable transport for patients to and from their home. Or other occasional needs. Own Car

### Livability Spinal Injury Centre Befriender

Ref 1095 Livability

Contact1 (Volunteering Co-ordinator 02075422082 [volunteering@livability.org.uk](mailto:volunteering@livability.org.uk))

Livability Spinal Injury Centre is set in 350 acres of woodland at Holton Lee, Sandford. This bespoke service is to offer service users time to adjust to their life changing spinal injury. We offer 18+ yrs the chance to spend a set amount of time within our facilities to explore ways to adapt to manage their physical limitations. We promote independence, empowerment & looking for suitable people to assist our service users on their journey of re-adaptation.

### Meal Time Companions

Ref 839 Poole Hospital NHS Trust

Contact1 (Joy Janati 01202448610 [joy.janati@poole.nhs.uk](mailto:joy.janati@poole.nhs.uk))

Would you be able to help support older patients on the wards with such things as help with drinks, meals, menu options and errands. Patience and empathy needed.

### Meet and Greet

Ref 1054 Poole Hospital NHS Trust

Contact1 (Joy Janati 01202448610 [joy.janati@poole.nhs.uk](mailto:joy.janati@poole.nhs.uk))

Would you like to meet and greet patients arriving at the hospital for appointments by either offering directions or accompany them to their destination. A chance to meet new people.

Meet and Greet - Best Foot Forward,

Ref 965 Poole Leg Club

Contact1 (Clare Mehan 01202673159 [theadam.practice@dorset.nhs.uk](mailto:theadam.practice@dorset.nhs.uk))

Come and support our local Leg Club; this is a community based social club that helps to reduce loneliness and isolation, as well as supporting people to look after their Legs... Volunteers help provide refreshments, company and welcome new members – we would love some new volunteers'

Poole Hospital Coffee Shop

Ref 989 Royal Voluntary Service (RVS) Dorset

Contact1 (Coralie Jenkins 01202448164 [coralie.jenkins@royalvoluntaryservice.org.uk](mailto:coralie.jenkins@royalvoluntaryservice.org.uk))

We are looking for help in our Coffee Shop in within Poole Hospital

## IT, Computers & Equipment

Library Support Volunteer

Ref 76 Culture Volunteers Poole

Contact1 (Donna Price 01202262608 [culturevolunteers@poole.gov.uk](mailto:culturevolunteers@poole.gov.uk))

Help customers use self service machines & IT booking system. Help with information enquiries and events. Shelving, creating and topping up displays. For more info <http://bttr.im/v9q18>

Computer Buddy

Ref 66 Culture Volunteers Poole

Contact1 (Donna Price 01202262608 [culturevolunteers@poole.gov.uk](mailto:culturevolunteers@poole.gov.uk))

Computer buddies provide help either in drop-in sessions or in one-to-one sessions for people who are a little bit beyond the absolute beginner stage. Do you know a bit about computers? Do you like helping others learn? For more info <http://bttr.im/v9q18>

Social Media volunteer

Ref 1130 Dorset Advocacy

Contact1 (Volunteer Manager 01305251033 [becky@dorsetadvocacy.co.uk](mailto:becky@dorsetadvocacy.co.uk))

Are you a Social Media whizz? Dorset Advocacy would love your help! This is a flexible role which we can develop around your skills and availability.

Computer Support

Ref 1020 PHP - Poole Housing Partnership

Contact1 (Mara Goodenough 01202264322 [m.goodenough@poole.gov.uk](mailto:m.goodenough@poole.gov.uk))

Have you skills in accessing the internet, finding your way around web sites, send emails & shop on line? PHP want to help residents to build confidence & develop IT skills. Are you 18+ Can you spare 2 hrs a fortnight? Have patience & keen to make a difference for others?

### Technology Support Volunter

Ref 935 RNIB (Royal National Institute of the Blind)

Contact1 (Manager 01733375450 [volunteering@rnib.org.uk](mailto:volunteering@rnib.org.uk))

Technology Support Volunteer – RNIB Technology gives us the power to access information, to plan independent travel, to enjoy global entertainment in the palm of our hands and to share our experiences. Our technology volunteers unleash this power, ensuring that blind and partially sighted people are not excluded from a connected world.

Could you: help people set up new devices or troubleshoot tech issues remotely, support learning sessions at our IT hubs, share tech skills at digital learning workshops in the community or provide one-to-one tech support to local people in their own homes? We welcome IT experts, internet enthusiasts, smartphone fans and gadget lovers. However, you don't need to be a tech guru to get involved! (Local Community)

## Local Events

### Awareness & Activities Volunteer

Ref 1016 Crohn's and Colitis UK

Contact1 (Volunteer Manager 01727830038 [info@crohnsandcolitis.org.uk](mailto:info@crohnsandcolitis.org.uk))

Join our local team of volunteers where you will take an active roll in planning and delivering awareness raising activities organising events, education sessions and social activities. This role is very flexible and volunteers can get involved at any time from as little as 8 hours a month. Most activiites take place during the evening or weekends

### Event Squad Member

Ref 101 Diverse Abilities

Contact1 (Lee Brady 01202718266 [volunteering@diverseabilities.org.uk](mailto:volunteering@diverseabilities.org.uk))

Would you like the opportunity to gain some experience in event management. Become part of our event squad team and help man the charity's stand at our fun community events, festivals, fetes and shows.

### Events Volunteer

Ref 1110 Naomi House & Jacksplace

Contact1 (Lucy Butcher 01962760060 [Lucy.Butcher@naomihouse.org.uk](mailto:Lucy.Butcher@naomihouse.org.uk))

Our fundraising team of volunteers help at various fundraising events through the year. We need volunteers to help with marshalling, registration and general helpers throughout the day at events. You need to be warm and friendly and be comforatable to face the public. A reasonable level of fitness, as you may be on your feet for a number of hours. Able to be called upon at short notice for smaller events, so must be flexible, adaptable and confident to be working with limited suprevison at times. Happy to collect donations in boxes and buckets.No under 18s.

### Friends of Poole Park Supporters

Ref 280 The Friends of Poole Park

Contact1 (Pat Lincoln 07779894553 [pat.lincoln@live.co.uk](mailto:pat.lincoln@live.co.uk))

Are you interested and passionate about supporting Poole Park? We have various events throughout the year which we would like some help with. i.e.Setting up stalls, marshalling or helping to co-ordinate. Or even helping with the Miniature Railway.

## Mentoring

### Volunteer Mentor

Ref 961 PACT - Prison Advice and Care Trust

Contact1 (Debra Kerr 07876835601 [debra.kerr@prisonadvice.org.uk](mailto:debra.kerr@prisonadvice.org.uk))

Across Dorset (or Devon and Cornwall) we have roles for volunteers to provide mentoring support to offenders on release from custody. All volunteer mentors will receive a comprehensive training programme, and will be supported to develop in the role by a supervisor. You will need access to transport, sometimes you will need to be available at short notice.

### Mentors & Volunteers

Ref 887 Skills & Learning - Bournemouth and Poole

Contact1 (Cheryl Bascombe 01202262325 [c.bascombe@poole.gov.uk](mailto:c.bascombe@poole.gov.uk))

Skills & Learning - Bournemouth & Poole are looking for Volunteers & Mentors - to help support development, with confidence issues, motivation, in the work place, in society and learning opportunities.

### Mentors

Ref 265 The Footprints Project

Contact1 (Jo Wells 07824332227 [jo.wells@footprintsproject.co.uk](mailto:jo.wells@footprintsproject.co.uk))

Mentors engage with people who have recently been, or are soon to be, released from prison. The mentor and Service User develop a care plan which aims to reduce the service users' risk of re-offending. All care plans work towards end goals. The service user can be supported for up to 6 mths in the community. Volunteers are required to be able to use an online case-management system (training will be given) to report on their progress with a Service User after every meeting, min commitment to Footprints is 12 mths

## Museums & Architecture

### Museum Visitor Centre Survey

Ref 79 Culture Volunteers Poole

Contact1 (Donna Price 01202262608 [culturevolunteers@poole.gov.uk](mailto:culturevolunteers@poole.gov.uk))

Do you like meeting people? Would you be interested in surveying museum visitors using bespoke iPad minis?

### Swanage Railway Opportunities

Ref 375 Swanage Railway

Contact1 (Mike Whitwam 01929475212 [iwanttovolunteer@swanagerailway.co.uk](mailto:iwanttovolunteer@swanagerailway.co.uk))

Our aim is to ensure you have an enjoyable & rewarding volunteering experience, no matter what aspect of our friendly multidiscipline team you choose to get involved with. You don't need any prior railway experience as training is given.

### Tank Museum - Volunteers

Ref 392 The Tank Museum - Bovington

Contact1 (Claire Cooper 01929405096 [education@tankmuseum.org](mailto:education@tankmuseum.org))

At The Tank Museum we bring the history of tanks and tank crew to life! Supported by the world's best collection of tanks and a vast handling collection. We are looking for enthusiastic, committed volunteers to join our team. An interest in 20th century history or science/engineering is desirable but full training will be given.

## Organisers & Co-Ordinators

### Recruitment and Selection Volunteer

Ref 1144 British Red Cross

Contact1 (Ella Coates 01305214437 [ellacoates@redcross.org.uk](mailto:ellacoates@redcross.org.uk))

This is an exciting time to join the British Red Cross as a Recruitment and Selection volunteer. Your role will be to assist the Recruitment and Selection Co-ordinator to welcome volunteers into our organisation by providing a quality recruitment and induction support service for our volunteers. This role will help to ensure that the new volunteer's experience is a positive one, which increases the chance of retention and gives the person a fulfilling volunteering journey.

### Mobility Aids Team Leader

Ref 1141 British Red Cross

Contact1 (Ella Coates 01305214437 [ellacoates@redcross.org.uk](mailto:ellacoates@redcross.org.uk))

To be involved in providing good support and communication to help new and existing members. You will be responsible for a small team of up to 10 volunteers & will be their first point of contact in their volunteering.

### Lead local team organiser events & activities

Ref 1012 Crohn's and Colitis UK

Contact1 (co-ordinator 01727830038 [info@crohnsandcolitis.org.uk](mailto:info@crohnsandcolitis.org.uk))

Great chance to be involved in your local community, enhance & learn new skills - Happy to Plan, support & develop a team to organise, educate & inform, arrange social activities, Also to edit newsletters, social media pages, fundraising, campaigning. This is a flexible role - the team decide how often they meet and when they organise a local activity.

### Car bookings Admin

Ref 57 Dorset Blind Association

Contact1 (Moira Kopanycia-Reynolds 01202712869 07709216797 [moira@dorsetblind.org.uk](mailto:moira@dorsetblind.org.uk))

Help required to call our members, arrange transport i.e booking taxis or Volunteer Drivers. So our members get to & from their clubs 2nd & 4th Tuesday of each month. Home or Office based.



Regional Organiser - Home based

Ref 1047 HOST UK

Contact1 (Ruth Kearns 02077396292 [info@hostuk.org](mailto:info@hostuk.org))

We are seeking a Regional Organiser (RO) who will use people management, organisation, and negotiation skills to help facilitate short cultural exchange visits between UK residents and international students studying at UK universities.

## Retail & Charity Shops

Shop Assistant and Shop Driver - Parkstone

Ref 889 Age UK Bournemouth

Contact1 (Manager 01202744997 [ageukbournemouthshop@gmail.com](mailto:ageukbournemouthshop@gmail.com))

Would you like to help in our Parkstone shop either preparing goods for sale including sorting and labelling, steaming or serving in the shop itself? We also want help with bag drops & collections for the Parkstone shop. Own vehicle needed, times flexible.

Shop Helper - Westbourne

Ref 890 Barnardos South West

Contact1 (Barbara Zbarawska 01202766078 [retail-volunteering@barnardos.org.uk](mailto:retail-volunteering@barnardos.org.uk))

Fancy working in retail? Covering a variety of tasks in shop in Westbourne, able to gain great experiences in all aspects of retail & also make a big difference to children.

Shop Helper - Poole

Ref 1133 Barnardos South West

Contact1 (The Manager 01202695050 [retail-volunteering@barnardos.org.uk](mailto:retail-volunteering@barnardos.org.uk))

As little as two hours a week volunteering in our retail store could transform a child's life, as well as bringing fulfilment, enjoyment and development to yours.

New to You Shop - Recycling

Ref 23 Borough of Poole - Enviroteers

Contact1 (Environment Volunteers 01202261368 [environmentvolunteers@poole.gov.uk](mailto:environmentvolunteers@poole.gov.uk))

Here at 'new to you' shop, we sell salvaged items, to support community groups & local people in difficulty. Are you enthusiastic, keen, team player who can help us maintain a high level of service whilst also taking on opportunities to develop leadership and organisational skills. Roles include stock processors, merchandising assistants, or customer service assistants. Training. Sats.

Shop Assistant - Poole

Ref 868 British Heart Foundation

Contact1 (The Manager 01202668542 [p31@bhf.org.uk](mailto:p31@bhf.org.uk))

Help needed in the Poole High Street shop to sort out donation and to operate the till etc.

Helpers - Furniture and Electrical Store Parkstone

Ref 867 British Heart Foundation

Contact1 (June Benson 01202737710 [p28@bhf.org.uk](mailto:p28@bhf.org.uk))

Till Operators, Telephonist, Sales Floor Assistants - Meet & Great Customers, Warehouse & Electrical Assist & Fuction Testers Check Electrical Items.

Parkstone Shop Volunteer

Ref 1052 Care & Relief for the Young (CRY)

Contact1 (Manager 01202735454 07834179934 [bharlow@cry.org.uk](mailto:bharlow@cry.org.uk))

Volunteers are needed for a variety of duties ie help keep the shop floor tidy, display items, sort clothes & other items. After training period, using the till, serve customers, using computer for labels.

Shop assistants & Van Drivers, Canford Heath

Ref 979 Cats Protection

Contact1 (The Manager 01202696166 [Poole.ShopManager@cats.org.uk](mailto:Poole.ShopManager@cats.org.uk))

Would you like to meet new people we are looking for help run our Canford Heath store, have places for all aspects of the store including till work, processing and merchandising of stock. Full training will be provided.

Shop Helper

Ref 1024 DEBRA

Contact1 (Manager 01202687443 [poole@debra.org.uk](mailto:poole@debra.org.uk))

We need people to work in our shop to help raise awareness and much needed money. We have a great team here but need more people to help us process our donations!

Charity Shop Helper

Ref 895 Forest Holme Hospice

Contact1 (The Manager 01202676384 [kirsty.perks@poole.nhs.uk](mailto:kirsty.perks@poole.nhs.uk))

To help us with sorting and pricing donations. Serving customers, operating the till, restocking shelves and arranging window displays.

Charity Shop & Furniture Store Creekmoor and other local shops

Ref 305 Julia's House Hospice

Contact1 (Liz Froud 01202644220 [liz.froud@juliashouse.org](mailto:liz.froud@juliashouse.org))

Helpers needed for various jobs at the Creekmoor store, to include sorting donations, lifting furniture etc. Retail experience would be useful but not essential. Stores in Poole & Wimborne

### Shop Assistant - Parkstone

Ref 1027 Leonard Cheshire Disability HQ

Contact1 (Manager 01202744206 [ann.mcdonald@leonardcheshire.org](mailto:ann.mcdonald@leonardcheshire.org))

Would you like to meet new people, help our team in the shop with a variety of tasks available.

### Shop Assistants

Ref 1062 Lewis Manning Hospice

Contact1 (Volunteer Manager 01202708470 [hr@lewis-manning.co.uk](mailto:hr@lewis-manning.co.uk).)

Offering support to shop managers in all aspects of running a charity shop, front line, display, sorting etc.

### Shop Helper/Week Days and Weekends

Ref 1003 Marie Curie Charity Shop

Contact1 (Ruth Courage 01202734070 )

Give our customers a welcome! Operating the till, managing stock and keeping the shop neat and tidy. A morning or afternoon a week is ideal.

### Shop Assistant - Poole

Ref 1109 Naomi House & Jacksplace

Contact1 (Louise Butcher 01962760060 [volunteering@naomihouse.org.uk](mailto:volunteering@naomihouse.org.uk))

Our Naomi House retail shops are in the heart of the community and there is an opportunity for everyone to help, whether you want to serve customers and work on a basic till or be out back preparing goods for sale and keeping the shop fully stocked.  
(No under 16 except through D of E please)

### Parkstone - Shop helper

Ref 884 Oxfam

Contact1 (The Manager 01202721433 [oxfamshopf3327@oxfam.org.uk](mailto:oxfamshopf3327@oxfam.org.uk))

Shop assistants needed in Parkstone To be part of a team, to help sort, price merchandise, clothes, books, antiques, some till work.

### Broadstone - Shop Helper

Ref 900 Oxfam

Contact1 (The Manager 01202605362 [oxfamshopf4054@oxfam.org.uk](mailto:oxfamshopf4054@oxfam.org.uk))

Come and be part of a team, to help sort, price merchandise, clothes, books, antiques and some till work. Training given

### Poole - Shop Helper

Ref 1021 Oxfam

Contact1 (The Manager 01202674086 [oxfamshopf3319@oxfam.org.uk](mailto:oxfamshopf3319@oxfam.org.uk))

Become an Oxfam Shop volunteer and - as well as fighting poverty - you'll learn new skills, build your CV, and join a friendly team of people at the heart of your community.

### Poole Shop Assistant

Ref 901 PDSA

Contact1 (The Manager 01202665504 [poole.shop@pdsa.org.uk](mailto:poole.shop@pdsa.org.uk))

Shop assistants needed in Poole To be part of a team, to help sort, price merchandise, clothes, books, antiques, some till work.

### Food Bank Helpers

Ref 1017 Poole Waste Not Want Not

Contact1 (Elaine Lawford 07968903063 [poolewastenotwantnot@gmail.com](mailto:poolewastenotwantnot@gmail.com))

Helpers to assist people with their purchases, serve tea or coffee, welcome the shoppers etc. Mon p.m. And Drivers to assist with picking up food donations. And also looking for a Trustee

### Charity Shop - Various

Ref 859 PramaLIFE

Contact1 (Sarah Robinson 01202207300 [businesssupport@pramacare.co.uk](mailto:businesssupport@pramacare.co.uk))

Your role will be varied and interesting and could include sorting donated items, preparing clothes for sale, merchandising stock on the shop floor, assisting customers with their purchases and serving at the till.

We have charity shops in 7 locations: Poole, Kinson, Upper Parkstone, West Moors, Ashley Cross, Tuckton and Ringwood.

### Shop Helpers - Parkstone and Wimborne

Ref 1135 Scope

Contact1 (Mark Piper [mark.piper@scope.org.uk](mailto:mark.piper@scope.org.uk))

Would you like to help us in our Parkstone and Wimborne shop and meet new people. In the following dept. Shop Floor Stock Room Till operator or merchandising?

### Shop Assistant - Ashley Green, Parkstone

Ref 1051 SSAFA

Contact1 (Manager 01202742934 [ssafa.poole@btconnect.com](mailto:ssafa.poole@btconnect.com))

We have been here since 1942, helping raise funds for Armed Forces families & Veterans. It's a busy shop & a great friendly group of ladies with some interesting items being brought in. Looking for help p.m. and Sats.

Shop Helper - Parkstone

Ref 970 Waggy Tails Rescue

Contact1 (Volunteer Co-ordinator 01202875000 [admin@waggytails.org.uk](mailto:admin@waggytails.org.uk))

To assist in our Charity Shop helping with various duties - serving, sorting, pricing, shop layout.

## Speakers

Speakers

Ref 3 Action on Hearing Loss - Poole

Contact1 (Janet Lord Volunteering Process Manager 01273840960 [volunteering@hearingloss.org.uk](mailto:volunteering@hearingloss.org.uk))

Are you confident, enjoy speaking to a group of people, able to speak at community groups on the topic of Deaf Awareness.

Speak and Educating

Ref 858 Blue Cross

Contact1 (Merriol Haselden 03001118950 [education@bluecross.org.uk](mailto:education@bluecross.org.uk))

Blue Cross offers a national programme of free talks teaching the importance of responsible pet ownership to children aged 3-12. Our talks are not a fundraising initiative but are part of our programme of information, education and investment for the future of animal welfare. Training given

Charity Ambassador - Speakers

Ref 100 Diverse Abilities

Contact1 (Lee Brady 01202718266 [volunteering@diverseabilities.org.uk](mailto:volunteering@diverseabilities.org.uk))

Do you enjoy talking to groups of people? Would you like to gain some public speaking experience? We are looking for people to give talks to local community groups to raise awareness of our charity.

Community Ambassador

Ref 1152 Livability

Contact1 (Francesca Williams/ Grace Norman 0207 452 208 [volunteering@livability.org.uk](mailto:volunteering@livability.org.uk))

We are looking for volunteers who would be happy to deliver talks arranged by the local fundraiser about Livability. Our Community Ambassadors will attend and represent Livability at cheque presentations. These would be in an agreed geographical area to a variety of audiences such as churches, rotary clubs and schools.

## Sporting Interests

Healthy Walk Leaders

Ref 24 Borough of Poole - Enviroteers

Contact1 (Chris Dear 01202261312 [recreation.development@poole.gov.uk](mailto:recreation.development@poole.gov.uk))

Want to get involved? If you enjoy walking, the fresh air, would like to help others enjoy the benefits of walking, here is your opportunity to find out more. Training given.

### Recreation Event helpers

Ref 896 Borough of Poole - Upton House

Contact1 (Katie Azulay 01202261333 [recreation.development@poole.gov.uk](mailto:recreation.development@poole.gov.uk))

Have you an interest in Sport & your community? We work with sports clubs, schools, groups etc to improve community sport, facilities and events in Poole. We're looking for volunteers to help out with variety roles one off or on a reg basis.

### Male Tea Dance Assistants

Ref 62 Culture Volunteers Poole

Contact1 (Donna Price 01202262608 [culturevolunteers@poole.gov.uk](mailto:culturevolunteers@poole.gov.uk))

BSO tea dances are a popular way for isolated people to make friends, listen to live music and keep fit. Many are single ladies who would love to dance but do not have a male dance partner. Can you lead in a range of ballroom, Latin or sequence dance, enjoy meeting people & are reasonably fit? Wed/Thurs 2 - 5. See <http://bttr.im/v9q18>

### Hydrotherapy Assistant

Ref 108 Diverse Abilities

Contact1 ( Lee Brady 01202718266 [volunteering@diverseabilities.org.uk](mailto:volunteering@diverseabilities.org.uk))

Do you enjoy swimming? We are looking for someone willing to be the 2nd person to enable a young man we support to go swimming each week. No personal care involved.

### Boat Patrol/Seamanship/Maintenance

Ref 269 MVS Maritime Volunteer Service - Poole

Contact1 (Nigel Barrow 07780112548 [nigel.barrow@mvs.org.uk](mailto:nigel.barrow@mvs.org.uk))

Opportunities to be involved in the local maritime scene, to help others & gain skills, Or perhaps you already have those skills. We help support the Harbour Master in Poole Harbour at weekends and other events.

### Club Helpers

Ref 345 Poole Athletic Club

Contact1 (Lindsay Hole 07887782005 [woodlands20@hotmail.com](mailto:woodlands20@hotmail.com))

Help desperately needed for coaching/support, team management and setting up of sessions. Also officiating at track and field events.

### Dinghy Sailors

Ref 905 Poole Sailability

Contact1 (Co-ordinator 01444390171 [poolesailability@yahoo.co.uk](mailto:poolesailability@yahoo.co.uk))

Extra help of experienced dinghy sailors are required from May to September to help people with a disability or learning difficulty to enjoy the freedom of sailing within Poole harbour.

### Skippers and Crew Helpers - Experienced & Trainees

Ref 371 Sports Forum for the Disabled

Contact1 (Richard Monaghan [richardmonaghan18@gmail.com](mailto:richardmonaghan18@gmail.com))

Knoticat is run by volunteers. If you think you can help, as a crew member, with admin duties, or most importantly with fundraising we'd be very happy to hear from you

### Helpers - Broadstone

Ref 866 YMCA Bournemouth

Contact1 (Nick Gillespie 01202290451 [NGillespie@thejunctionbroadstone.co.uk](mailto:NGillespie@thejunctionbroadstone.co.uk))

Do you have or are working towards your Level 2 Fitness Instructor qualification? join our team to gain valuable experience & training. Help us deliver inductions, make customers feel welcome, maintain equipment & machines.

## Teaching, Training, Schools & Assistants

### Ignite Work Club Assistant

Ref 32 Bournemouth Churches Housing Association (BCHA)

Contact1 (Jamie Clarke 01202410575 [jamieclarke@bcha.org.uk](mailto:jamieclarke@bcha.org.uk))

We are looking for an enthusiastic and friendly volunteer to help support our adult learners on the award winning Ignite Programme as a Teaching Assistant within accredited and non accredited sessions, alongside our delivery team.

If you have good communication, IT and literacy skills and have experience of providing support within a classroom/workshop environment, then we would be very happy to have you on board, (based in Bournemouth).

### Foundation Training Programme Tutor

Ref 1140 British Red Cross

Contact1 (Ella Coates 01305214437 [ellacoates@redcross.org.uk](mailto:ellacoates@redcross.org.uk))

Tutors will have an understanding of all parts of the course, be passionate about the work of the BRC and wider movement and support new volunteers in becoming engaged with the BRC. Training given.

### Homework Club Helper

Ref 73 Culture Volunteers Poole

Contact1 (Donna Price 01202262608 [culturevolunteers@poole.gov.uk](mailto:culturevolunteers@poole.gov.uk))

Assist children to search for & use online resources. To Promote use of homework collections & other books. Set up space & prepare materials for homework club. Term times only For more info <http://bttr.im/v9q18>

### Reading Partners

Ref 251 Dorset Reading Partners

Contact1 (Juliet Ruddick 01305458515 [juliet@dorsetreadingpartners.org.uk](mailto:juliet@dorsetreadingpartners.org.uk))

Excellent listening and communication skills. Strong Literacy skills. Confident working unsupervised in a school environment (support and training given on an ongoing basis). Able to give feedback. Able to commit for at least one year.

### Advisor

Ref 1089 Dorset Young Enterprise

Contact1 (Sue Tattershall 07984437 406 [dorset@y-e.org.uk](mailto:dorset@y-e.org.uk))

Would you like to be involved in an Exciting new project to assist & mentor young students in setting up their own company. 2hrs per week to assist trainer. Enquire for further details about the project.

### Reading Coach Volunteer

Ref 362 Read Easy Poole

Contact1 (Susan Ridd 07938041374 [susanridd@readeasy.org.uk](mailto:susanridd@readeasy.org.uk))

Would you like to help an adult learn to read? Reader & coach meet for two 1/2 hr sessions per week at a venue (such as a library). Commitment 6 months. An easy to follow reading manual is provided. Good interpersonal skills & patience required. Training & support provided.

### Tour Guides - Educational Centre

Ref 869 SafeWise Bournemouth

Contact1 (Volunteer Co-ordinator 01202591330 [bournemouth@safewise.org](mailto:bournemouth@safewise.org))

SafeWise is an interactive children's safety education centre. At each point of the tour, our safety guides encourage the children to identify potential risks and discuss ways to avoid/minimise them.

Education Guides are currently needed for our Junior Citizen programme, which is for primary schools, for Special Educational Needs groups and for some Family days which are also targeted at the lower age groups. In the next year, new programmes will be introduced for secondary level children as well as homeleavers and older people

### Classroom volunteers

Ref 1042 Skills & Learning - Bournemouth and Poole

Contact1 (Cheryl Bascombe 01202262325 [c.bascombe@poole.gov.uk](mailto:c.bascombe@poole.gov.uk))

Help needed in English, Maths, ICT and ESOL groups to help adult learners achieve their learning aim. Mainly term time from Easter [www.skillsandlearningbdp.co.uk](http://www.skillsandlearningbdp.co.uk)

### Schools Volunteer

Ref 849 The MARS Trust

Contact1 (Michelle Dorning 07821339506 [michelle@themarstrust.co.uk](mailto:michelle@themarstrust.co.uk))

Could you give 2 mornings a term to help us at a local school? We hold workshops in lesson time with large groups of students, At a pivotal stage of development. This is an opportunity to have a positive, lasting impact on them & their relationships for the rest of their lives!



## Trustees & Committees

### Trustee

Ref 1120 Citizens Advice Bournemouth and Poole

Contact1 (Zoe Bradley 01202451869 07809277929 [zoe.bradley@citabournemouthpoole.co.uk](mailto:zoe.bradley@citabournemouthpoole.co.uk))

The trustees wish to broaden the range of experience and skills. They are seeking 3 trustees, at least one with a strong understanding of HR and one with significant experience in corporate social responsibility. Trustees will ideally have strategic vision, combined with good independent judgement and ability to work as a team member. You will also need a passion for helping people and the community. We especially welcome applications from the BAME community who are currently under- represented on the board.

Trustees are non-executive and remunerated on expenses only basis. Specific training is available as required. You will be expected to attend quarterly main board meetings and be a member of at least one of the 5 sub committees.

### Director/Trustees

Ref 92 Development Education In Dorset (Deed)

Contact1 (Abi Leigh-Watts 01202875411 [info@deed.org.uk](mailto:info@deed.org.uk))

If your values include a commitment to global justice and the importance of sustainable ways of living on our planet, and you want to do something to make a positive difference in terms of these values, then you will find a warm welcome at DEED.

### Trustee

Ref 940 Fernheath Play

Contact1 (Joe Elston 01202581008 [joe@fernheath-play.org.uk](mailto:joe@fernheath-play.org.uk))

We are looking for people with an interest in supporting play to become Trustees and support the ongoing work of the Charity into the future.

### Trustee

Ref 980 Hurting 2 Healing

Contact1 (Terry Field 01202732424 [info@hurting2healing.org.uk](mailto:info@hurting2healing.org.uk))

As a Trustee you will be part of a team responsible for the strategic direction, professionalism and governance of the organisation, Hurting 2 Healing is looking to grow, is seeking financial sustainability and as a Trustee you will be part of the innovative team looking at various ways to achieve these goals.

### Committee Members- Oakdale Residents Association

Ref 324 Oakdale Residents Community Association

Contact1 (Lesley Kerley 07962433726 [lesley.kerley@ntlworld.com](mailto:lesley.kerley@ntlworld.com))

Committee members, who live in the area, are now required for ORCA. Will need to attend committee meetings on a monthly basis.

#### Committee Members

Ref 339 Poole and East Dorset Club for the Disabled - Inskip League of Friendship

Contact1 (Rodney Evans 01202380766 [rodneyevans@hotmail.co.uk](mailto:rodneyevans@hotmail.co.uk))

We are looking for Committee Members with new ideas on organisation of - members activities, fundraising, leadership etc. An opportunity to be part of a team to improve life for the elderly. Meets once a month.

#### Trustee

Ref 916 Poole Forum

Contact1 (Nikki Brown 01202746040 [office@pooleforum.co.uk](mailto:office@pooleforum.co.uk))

Do you have an understanding of people living in the community with a learning disability and are you looking for a new challenge? We are a self advocacy organisation with close to 500 members, the majority of whom have a learning disability. Our Board of Trustees has a 50/50 split of disabled and non-disabled people We are looking for a new Trustee to join our Board. experience of committee work but training will be provided, knowledge or experience of fundraising.

#### Trustee

Ref 1134 Poole Over 55s (PO55s)

Contact1 (Gill Gregory [polygill1@outlook.com](mailto:polygill1@outlook.com))

We are still looking for trustees, committee members, someone who is interested in helping us move the group forward. The main aim of PO55 is to improve the health, well-being and lives of people aged 55 or over in Poole, working on local issues with i.e. Borough of Poole, the Poole Well-being Collaborative and the Office of the Police Crime Commissioner.

#### Trustee - Wheels for Freedom

Ref 357 Poole Shopmobility

Contact1 (Ross Smith 01202661770 [office@wheelsforfreedom.org.uk](mailto:office@wheelsforfreedom.org.uk))

We are looking Trustees who have experience in working with charitable organisations and/or have been involved in decision making.

#### Committee Members

Ref 862 Read Easy Poole

Contact1 (Susan Ridd 07938041374 [susanridd@readeasy.org.uk](mailto:susanridd@readeasy.org.uk))

Read Easy offers a free, friendly, flexible approach to learning to read for any adult who either can't read at all, or who lacks confidence with reading. Would you like to join our local management team?

## Trustees

Ref 1050 Safe Partnership Limited

Contact1 (Andrea Preece [safe@safepartnership.org](mailto:safe@safepartnership.org))

Looking to recruit 2 Trustees who are based in Dorset or who have an interest in education. The Board meets 4 x p.a. usually on a Wed for about 2 hrs. 3 of the meetings are held in Central London & the winter meeting is usually followed by a dinner (Club at the Ivy) hosted by our Chairman. The summer meeting is usually held in Wareham. We also have an annual away day for Trustees & staff. [www.safepartnership.org](http://www.safepartnership.org)

## Trustees

Ref 369 Space Youth Project

Contact1 (Sarah Grayer 07973405280 [hello@spaceyouthproject.co.uk](mailto:hello@spaceyouthproject.co.uk))

Trustees needed to support the development of Space Youth Project to enable it to grow and continue its vital work with marginalised young Lesbian, Gay, Bisexual, Trans and Questioning people in Bournemouth, Poole and Dorset.

## Youth Work Assistant

Ref 999 Space Youth Project

Contact1 (Sarah 07973405280 [hello@spaceyouthproject.co.uk](mailto:hello@spaceyouthproject.co.uk))

Youth work assistant needed for the Poole group to support the development of Space Youth Project to enable it to grow and continue its vital work with marginalised young Lesbian, Gay, Bisexual, Trans and Questioning people in Bournemouth, Poole and Dorset.

## Under 25 Volunteering

### Young Volunteers

Ref 1103 YMCA Bournemouth

Contact1 (Sheena Dayman [sheena.dayman@ymcabournemouth.org.uk](mailto:sheena.dayman@ymcabournemouth.org.uk))

Can you support our work through volunteering? Do you want to work in a supportive environment helping others, gaining skills and experience along the way? Young People Volunteering Opportunities. Training