

# Poole Volunteer Centre

## Voluntary Vacancies

**Jul 2018**

**Summer**

Pop in and see us at PHP Beech House, 28-30 Wimborne Road,  
Poole on Mon Tues Thur to Fri and ask for Gill

**Count Of Current Vacancies**

**271**

Poole Volunteer Centre  
3rd Floor Beech House  
28-30 Wimborne Road  
Poole  
BH15 2BU  
Contact: Gill Harris  
Telephone: 01202682046  
Email: [gill.harris@poolecvs.org.uk](mailto:gill.harris@poolecvs.org.uk)

Visit our Website at <http://www.poolevolunteercentre.org.uk/>

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## Current Vacancy Content Headers

**1 off & Group Volunteering**

**Administration**

**Advice, Listening, Mediation & Advocacy**

**Animal Interests**

**Art, Crafts & Music**

**Befriending & Supporting**

**Catering & Clubs**

**Children & Youth**

**Community Roles**

**Conservation**

**DIY & Practical Skills**

**Drivers & Escorts**

**Finance**

**Fundraising, Research & Resourcing**

**Gardening**

**Health, Hospitals & Hospices**

**IT, Computers & Equipment**

**Local Events**

**Mentoring**

**Museums & Architecture**

**Organisers & Co-Ordinators**

**Retail & Charity Shops**

**Speakers**

**Sporting Interests**

**Teaching, Training, Schools & Assistants**

**Trustees & Committees**

**Under 25 Volunteering**

**The Content Headers are listed in Alphabetical order, all Current vacancies are listed under the appropriate Header for a quick and easy search.**

## 1 off & Group Volunteering

### Event Volunteer

Ref 1106 Cancer Research UK

Contact1 (Area Events Manager 07795428651 [volunteering@cancer.org.uk](mailto:volunteering@cancer.org.uk))

Various event roles including course marshall and enquiries volunteers at Bournemouth and Poole Race for Life events. For more details and to sign up, go to: <https://raceforlife.cancerresearchuk.org/about-our-events/volunteer>

### Event Volunteer- Pretty Muddy, Poole

Ref 1107 Cancer Research UK

Contact1 (Area Events Manager 07795428651 [volunteering@cancer.org.uk](mailto:volunteering@cancer.org.uk))

Various event roles including course marshall and enquiries volunteers at Poole Pretty Muddy events. For more details and to sign up, go to: <https://raceforlife.cancerresearchuk.org/about-our-events/volunteer>

### Various Opportunities with Culture Volunteers Poole

Ref 89 Culture Volunteers Poole

Contact1 (Donna Price 01202262608 [culturevolunteers@poole.gov.uk](mailto:culturevolunteers@poole.gov.uk))

We have many different roles throughout the year ie festival stewarding & events, Walking Groups, Gardening, Visitor Surveys, IT for more much info look at our website or contact us. <http://bttr.im/v9q18>

### Micro Volunteering & One off roles

Ref 111 Diverse Abilities

Contact1 (Lee brady 01202718266 [lee.brady@diverseabilities.org.uk](mailto:lee.brady@diverseabilities.org.uk))

If you are looking for volunteering on a short term basis We have many roles where you can i.e. bake us a cake, make a card, update the internet, put up posters etc

### One Off Events Helper

Ref 126 Dorset Blind Association

Contact1 (Amanda 01202712869 07709216797 [amanda@dorsetblind.org.uk](mailto:amanda@dorsetblind.org.uk))

Throughout the year we hold various fund raising events that you might like to have some fun & get involved with to support the partially sighted of Dorset.

### Group or Corporate

Ref 257 Dorset Wildlife Trust (DWT)

Contact1 (Susanna Holford 01202692033 [sholford@dorsetwildlifetrust.org.uk](mailto:sholford@dorsetwildlifetrust.org.uk))

There is a wide range of opportunities that are suitable for all ages, abilities and interests. We have four regional teams throughout Dorset. To find out more [www.dorsetwildlifetrust.org.uk](http://www.dorsetwildlifetrust.org.uk)

### One Off & Group Roles

Ref 977 Forest Holme Hospice

Contact1 (Co-ordinator 01202670644 [Kirsty.perks@poole.nhs.uk](mailto:Kirsty.perks@poole.nhs.uk))

Do you fancy having some fun and to meet new people? Throughout the year we have many interesting events where you can become involved. If you'd like more info we would love you to hear from you!

### Short-term Host - Cultural Exchange Days

Ref 1013 HOST UK

Contact1 (Ruth Kearns 02077396292 [marketing@hostuk.org](mailto:marketing@hostuk.org))

HOST Make the world a little friendlier! Spend a day with an international adult/student, learning about their culture, showing them your local area and inviting them to experience your own home life: (Saturday and Sundays)

### Beachclean Volunteers

Ref 882 Marine Conservation Society

Contact1 (Harriet Robins [Beachwatch@mcsuk.org](mailto:Beachwatch@mcsuk.org))

Beachwatch is a beach clean & surveying programme. Volunteers around the UK organise or attend a beach clean & help us collect valuable information about what marine litter is on our beaches. We then work to try & stop these items at source. We will hold a big event in Sept .... [www.mcsuk.org](http://www.mcsuk.org)

## Administration

### Various Opportunities

Ref 1116 Chicks Charity

Contact1 (Volunteer Manager 01822811020 [volunteer@chicks.org.uk](mailto:volunteer@chicks.org.uk))

Whether you are looking to build skills in a certain area or wish to support us with your knowledge we would love to welcome you to the team.

We often have a variety of different volunteering opportunities - for example, in the office offering admin support, helping with gardening or maintenance work, or supporting us at events.

If you would be interested in volunteering and sharing your skills with us, please drop us an email to find out more: [volunteer@chicks.org.uk](mailto:volunteer@chicks.org.uk)

### Children's Event Assistant - Admin

Ref 885 Culture Volunteers Poole

Contact1 (Donna Price 01202262608 [culturevolunteers@poole.gov.uk](mailto:culturevolunteers@poole.gov.uk))

Office based role helping with basic admin duties for children's activities. To create posters & photocopying. See <http://bttr.im/v9q18>

### Office & Call Centre Helper

Ref 897 Dorset Reclaim (Poole)

Contact1 (Manager 01202679080 [kirsty@dorsetreclaim.org.uk](mailto:kirsty@dorsetreclaim.org.uk))

Help needed with general office roles, answering the phone, reception. IT Skills required. Also help in our Call Centre taking bookings.

#### Admin - Dorset Wildlife

Ref 255 Dorset Wildlife Trust (DWT)

Contact1 (Susanna Holford 01202692033 [sholford@dorsetwildlifetrust.org.uk](mailto:sholford@dorsetwildlifetrust.org.uk))

We have a range of Admin tasks that we need help with such as IT, research, promotions and helping prepare for events.

#### Administrator

Ref 939 Fernheath Play

Contact1 (Joe Elston 01202581008 [joe@fernheath-play.org.uk](mailto:joe@fernheath-play.org.uk))

We are looking for people with an interest in supporting play to help with the administration of the centre. Duties will include handling finance, keeping records, writing to parents, taking minutes, filing, archiving, updating website, facebook, etc., helping in organising events.

#### Book-Keeper

Ref 1117 Hurting 2 Healing

Contact1 (Admin Dept. 01202732424 [renny@hurting2healing.org.uk](mailto:renny@hurting2healing.org.uk))

Qualifications/experience required. Experience as a book-keeper for either a small business or another charity.

#### Admin & Hosts required

Ref 1060 Lewis Manning Hospice

Contact1 (Volunteer Manager 01202708470 [hr@lewis-manning.co.uk](mailto:hr@lewis-manning.co.uk).)

To provide Admin support typing, database etc. Hosts to welcome at events, prepare rooms, provide refreshments etc.

#### Admin

Ref 1045 Poole Sailability

Contact1 (Peter Davies [poolesailability@gmail.com](mailto:poolesailability@gmail.com))

We are running a new sailing session each week for local groups - the goal of improving health & well-being. Can you help us Researching local groups for possible inclusion. Mailing out invitations. Follow up phone calls. Booking groups into the 2018 sailing calendar. Meet & greet on the sailing days and become involved with our club? Partly home based.

#### Reception Loans & Bookings

Ref 992 Poole Shopmobility

Contact1 (Ross Smith 01202661770 [office@wheelsforfreedom.org.uk](mailto:office@wheelsforfreedom.org.uk))

To assist in office duties, take bookings, to site equipment ready for use & returned, take payment & record usage times. Instruct new users. Hrs reqd one 2hr shift a wk.

## Office Helper

Ref 400 Waggy Tails Rescue

Contact1 (Ginny Roberts 01202875000 [admin@waggytails.org.uk](mailto:admin@waggytails.org.uk))

Would you like to come and help us in our office? Office experience and love of animals required.

## Advice, Listening, Mediation & Advocacy

### Information Stand Helpers

Ref 2 Action on Hearing Loss - Poole

Contact1 (Janet Lord Volunteering Process Manager 01273840960 [volunteering@hearingloss.org.uk](mailto:volunteering@hearingloss.org.uk))

Action on Hearing Loss are looking for volunteers to help with setting up and running information stands in the South West of England. You will provide information in your local area to deaf and hard of hearing people and to their family and the general public.

### Keeping in Touch Volunteer

Ref 1123 Alzheimers Society (East Dorset)

Contact1 (Debbie Payne 01458251541 07710380218 [volsdorsetsomerset@alzheimers.org.uk](mailto:volsdorsetsomerset@alzheimers.org.uk))

We are looking for people who are able to volunteer for a minimum of a day per week (Monday to Friday), ideally on an on-going basis but for at least 6 – 12 months. You will be:

- Providing telephone support to people with memory concerns, people with a diagnosis of dementia or carers to help them access and understand information
- An additional named contact that complements the Dementia Adviser, supporting individuals who have a diagnosis of dementia or are in the process of receiving a diagnosis, as well as their immediate family and friends
- Adding Referrals to the Client Record System
- Being aware of the practical and emotional needs of the people with whom you are speaking, referring more complex issues to specialist Society staff as appropriate
- Providing basic information, including fact sheets and similar Society materials
- Developing and maintaining an understanding of Alzheimer's Society activities and other local services so that questions/enquiries can be handled well

The role will suit you if you are..

- Able to communicate clearly and have empathy
- Have an understanding or experience of dementia and the health and social care environment or are willing to learn.
- Are willing to undergo the training necessary for the role and update your skills as and when necessary
- Are able to maintain clear and accurate records and have basic IT skills

The impact you'll make..

Keeping in Touch volunteers play a key role by supporting the Memory Advisor to provide an effective information and signposting service for people who need additional support to access information or services to which they have been signposted.

Telephone Helpline Volunteer

Ref 302 Anxiety Alliance

Contact1 (Admin Dept 01612267727 [support@anxietyuk.org.uk](mailto:support@anxietyuk.org.uk))

Able to manage their own feeling whilst providing a high standard of support. They must be calm, show self confidence under pressure of challenging individuals and able to communicate effectively and sensitively.

Poole & Bournemouth Courts Witness Service

Ref 912 Citizens Advice Witness Service (Wiltshire and Dorset)

Contact1 (Acacia Wideman 07867467345 [acacia.wideman@citizensadvice.org.uk](mailto:acacia.wideman@citizensadvice.org.uk))

We provide practical, impartial, emotional support & information to witnesses. That they feel valued, respected & informed. Able to give their best evidence in court. Support given before & during the trial, in what can be a stressful experience.

Witness Service Outreach Volunteer

Ref 913 Citizens Advice Witness Service (Wiltshire and Dorset)

Contact1 (Acacia Wideman 07867467345 [acacia.wideman@citizensadvice.org.uk](mailto:acacia.wideman@citizensadvice.org.uk))

Outreach Volunteers, provide additional support to Vulnerable & Intimidated Witnesses, meeting them ahead of the trial to develop a tailored plan of prep & support to caters for their needs at what can be a very stressful time. Bournemouth & Poole Area

Advocate

Ref 120 Dorset Advocacy

Contact1 (Emily Brown 01305251033 [enquiries@dorsetadvocacy.co.uk](mailto:enquiries@dorsetadvocacy.co.uk))

Volunteers need to help adults with learning difficulties or physical disabilities to help get their voice heard. This may involve attending and speaking at meetings, taking the adults out to social events or making phone calls.

Various Roles - Dorset Advocacy

Ref 1113 Dorset Advocacy

Contact1 (Emily Brown 01305251033 [enquiries@dorsetadvocacy.co.uk](mailto:enquiries@dorsetadvocacy.co.uk))

We are looking for Volunteers to help with fundraising, communications, publicity. Further information regarding these roles can be found at [www.dorsetadvocacy.co.uk](http://www.dorsetadvocacy.co.uk)

Appropriate Adult Volunteers

Ref 899 Dorset Advocacy

Contact1 (Emily Brown 01305251033 [enquiries@dorsetadvocacy.co.uk](mailto:enquiries@dorsetadvocacy.co.uk))

Appropriate Adults attend police custody suites, when an adult with learning disabilities, cognitive impairment or a mental health issue is taken in for questioning. They offer support at this crucial time, ensuring the individual understands what is asked of them, is treated well, and is not put under duress during the interview process.

### Helpline Volunteer

Ref 250 Dorset Rape Crisis Support Centre

Contact1 (Clinical Lead 01202308848 [info@dorsetrapecrisis.org](mailto:info@dorsetrapecrisis.org))

Looking for help to man the helpline at our centre in Poole. Our Helpline runs Mon 1 -3pm, Tues 10-12pm. Wed, Thurs & Friday evenings 7.30 - 9.30 pm. and Saturdays 4 - 6pm. We ask you commit to at least 2 shifts on the helpline a month & one 2hr volunteer support meeting. No experience of working with vulnerable people is necessary as Training is given. Enquire about next training courses.

### Telephone Befriender

Ref 987 Faithworks Wessex

Contact1 (Emma Heath 01202429037 [operations@faithworkswessex.org.uk](mailto:operations@faithworkswessex.org.uk))

We aim to increase the contact people have with the "outside" world in order to reduce loneliness. The role is flexible as calls can be done from the office or from home. Training & friendly team. Calls made at regular intervals to build a working relationship.

### Money Friends Support

Ref 1019 Help and Care

Contact1 (Co-ordinator 01202432288 [contact@helpandcare.org.uk](mailto:contact@helpandcare.org.uk))

We have a Moneyfriends scheme offering practical help (but not financial advice) to those suddenly faced with managing finances.

### Community Mediator

Ref 1053 Mediation Dorset

Contact1 (Melvyn Melkman - after 2 pm 01425477814 [melvyn.melkman@btinternet.com](mailto:melvyn.melkman@btinternet.com))

Do you want to help bring peace between neighbours in dispute!? Are you a good listener? Able to be impartial and open-minded? Then you will enjoy becoming a trained community mediator with Mediation Dorset  
3 hrs per month. Get in touch for more information.

### Supporter for the Homeless

Ref 922 Routes To Roots

Contact1 (Volunteer Co-ordinator 01202667880 07901387643 [office@routestoroots.org](mailto:office@routestoroots.org))

Homelessness Support Volunteer Work alongside the clients in order to respond to their needs and enable them to access appropriate support, to maintain their plans and to support them to develop their well-being and skills.

### Kiosk Helper

Ref 281 The Friends of Poole Park

Contact1 (Pat Lincoln 07854210341 [pat.lincoln@live.co.uk](mailto:pat.lincoln@live.co.uk))

Could you spare a couple of hours to support the kiosk handing out information leaflets and promoting the membership?



### Court Based Personal Support Unit (PSU)

Ref 998 The Personal Support Unit

Contact1 (Amy Metters 01202417606 [bourne-mouth@thepsu.org.uk](mailto:bourne-mouth@thepsu.org.uk))

Would you enjoy a rewarding and engaging role? We provide non-legal, practical & emotional support for people attending court. Volunteers help by listening to clients issues, organising paperwork, help filling out forms, accompany them to court hearings. Training is given. min of 2 days a month. For students we ask for a minimum of 20 days spread across academic year

### Community & Telephone supporter

Ref 395 Victim Support Dorset

Contact1 (Volunteer Manager 01202606204 03003030163 [vs.dorset@victimsupport.org.uk](mailto:vs.dorset@victimsupport.org.uk))

Want to make a difference to someones life? Active listeners required to give support (face to face & telephone) to people affected by crime. Required approx 4hrs wkly to enable us to deliver the service to victims living in local area. Training given

## Animal Interests

### HQ Volunteer

Ref 1119 Birds of Poole Harbour

Contact1 (Georgia French 01202641003 [bophhq@birdsofpooleharbour.co.uk](mailto:bophhq@birdsofpooleharbour.co.uk))

Birds of Poole Harbour are dedicated to educating the general public on the incredible bird life of Poole Harbour. We need volunteers to help us run our gorgeous new interactive HQ on Poole Quay. If you Have got moderate to high level bird identification skills and are passionate about the Poole Harbour get in touch.

### Horse and Carriage Driving for Disabled People

Ref 304 East Holton Driving Centre

Contact1 (Secretary 07592610065 [k.btgroupplc@btinternet.com](mailto:k.btgroupplc@btinternet.com))

Would you like to help adults with a disability enjoy the pleasures of Horse carriage riding? With every drive out we require 4 escorts on bicycles (or electric buggies) & 3 escorts for an ambulant person. If you have a few hours to spare each week (or even at odd times throughout the month), come along to see us Training given.

### Pet Carers

Ref 873 The Cinnamon Trust

Contact1 (Sally Collins 01736758707 [admin@cinnamon.org.uk](mailto:admin@cinnamon.org.uk))

Pet Carers for the elderly. To walk dogs for housebound owner, buy pet food etc. To Foster pets when owners need hospital care. see [www.cinnamon.org.uk](http://www.cinnamon.org.uk)

### Dog Walkers & Groomers

Ref 398 Waggy Tails Rescue

Contact1 (Ginny Roberts 01202875000 [admin@waggytails.org.uk](mailto:admin@waggytails.org.uk))

We are looking for dog groomers and walkers. Need to be dog lovers- Canford Magna.

## Home Checkers

Ref 399 Waggy Tails Rescue

Contact1 (Ginny Roberts 01202875000 [admin@waggytails.org.uk](mailto:admin@waggytails.org.uk))

To visit people who foster dogs to check on the well being of the dog and carry out basic health care. Also filling record sheets for dogs during the visit. Also volunteers to visit homes of prospective owners.

## Art, Crafts & Music

### Ceramics Workshop Supporter

Ref 1 15 Days in Clay

Contact1 (Janna Edwards 07980563899 [janna@15daysinclay.co.uk](mailto:janna@15daysinclay.co.uk))

Can you help with this project which offers a small group of adults with learning difficulties the chance to work with a professional ceramic artist. Ceramic or artistic knowledge would be helpful but not essential, you will learn all you need to know about clay from working with us.

### Helpers - BSO

Ref 864 Bournemouth Symphony Youth Chorus

Contact1 (Johanna Bueker 01202670611 [jbueker@bsorchestra.co.uk](mailto:jbueker@bsorchestra.co.uk))

Become part of a lively group of music lovers who help run the BO box office. Help also needed for mail outs, occasionally in the kitchen and other ad hoc roles.

### Creative Arts Workshop Assistant

Ref 328 PHP - Poole Housing Partnership

Contact1 (Mara Goodenough 01202264322 [m.goodenough@poole.gov.uk](mailto:m.goodenough@poole.gov.uk))

### Creative Arts Workshop Assistant

Someone who has an interest in supporting people living with Dementia and has some interest in the creative arts.

We need a people person, a good listener and communicator.

### Drop in Helpers - Afternoon/Evening

Ref 918 Routes To Roots

Contact1 (Volunteer Co-ordinator 01202667880 07901387643 [office@routestoroots.org](mailto:office@routestoroots.org))

Volunteers needed to help out with various activities. We offer activities such as cookery, painting, art, photography etc. with additional providers coming in to offer other services.

### Twiggs Knitters

Ref 924 Volunteering Matters RSVP (Retired and Senior Volunteer Programme)

Contact1 (Dee Hoy [deetrich12spot@gmail.com](mailto:deetrich12spot@gmail.com))

Knitters are required, we need regular knitters for various charity campaigns which are starting soon. All wool will be supplied along with patterns.

## Befriending & Supporting

Befriend/Escort

Ref 854 Abbeyfield Wessex Society Ltd (Westbourne)

Contact1 (Jilly Collins 01202880958 [info@abbeyfieldwessex.org](mailto:info@abbeyfieldwessex.org))

Some of our residents have no visitors. Would you like to come in have a cuppa and a chat with some of our residents?

Various - Autism Wessex

Ref 10 Autism Wessex

Contact1 (Advocacy Service Manager 01202483360 [enquiries@autismwessex.org.uk](mailto:enquiries@autismwessex.org.uk))

For more information regarding volunteering opportunities go to [www.autismwessex.org.uk](http://www.autismwessex.org.uk)

There are loads of ways you can get involved to support us and help us raise awareness of autism. Take part in one of our events, host your own fundraising event, make a donation or volunteer some of your time - every little bit helps us to reach more people affected by autism in the local community.

Activity or Home Visitor

Ref 125 Dorset Blind Association

Contact1 (Moira 01202712869 07709216797 [Moira@dorsetblind.org.uk](mailto:Moira@dorsetblind.org.uk))

To visit local people in their own homes or an outside activity. To assist people with sight loss to maintain their independence. Weekly, fortnightly or monthly.

Befriending + Various Roles

Ref 240 Dorset Mind

Contact1 (Claire 01202315329 [volunteer@dorsetmind.uk](mailto:volunteer@dorsetmind.uk))

Would you like to make a difference to someone with a mental health problem access the community? Help reduce social isolation & build confidence? Help to support a client 2 hrs a fortnight. Training. Also looking for fundraising helpers.

Supporting Adults with a Disability

Ref 25 Dorset Tricuro

Contact1 (Donna Kinnon 01202797888 [enquiries@tricuro.co.uk](mailto:enquiries@tricuro.co.uk))

We provide leisure & learning opportunities for adults with learning disabilities who have a wide range of support needs. We're looking for capable adults who have specific skills i.e. Art, crafts, sport, drama, gardening, woodwork etc. Need to be caring and personable with good communication skills. Lots of enthusiasm and patience needed and can work on own initiative.

Smile Project - Parent - Telephone Support

Ref 1093 Faithworks Wessex

Contact1 (SMILE 07766885612 [smilepoole@faithworkswessex.org.uk](mailto:smilepoole@faithworkswessex.org.uk))

Telephone befriending service for Poole Smile Parent Project

### Befriender

Ref 928 Faithworks Wessex

Contact1 (Volunteer Co-ordinator 01202429037 [operations@faithworkswessex.org.uk](mailto:operations@faithworkswessex.org.uk))

We offer training and support to our volunteers to make their time volunteering with an excellent experience.

We equip people to become 'the best neighbour' to older people, carers and lone parents through befriending people within their local community.

### My Guide

Ref 871 Guide Dogs (Southampton)

Contact1 (Hazel Kelly 01189838892 [hazel.kelly@guidedogs.org.uk](mailto:hazel.kelly@guidedogs.org.uk))

Do you have 2-3 hours a week free and would like to support a person who is living with sightloss on their mobility journey? You will be trained in sighted guiding to help someone by building their confidence, gaining mobility and to help support safe negotiation of the environment, promoting independence.

### Befriender

Ref 297 Headway Dorset

Contact1 (Ade Stark [buddy@headway.org.uk](mailto:buddy@headway.org.uk))

Befrienders to help assist people after acquired brain injury. To take part in group social activities ie cinema, shopping, or a hobby you would like to share. Training given.

### Supporting/Walking or Telephoning

Ref 917 Help and Care

Contact1 (Nisa Leach 01202416044 [contact@helpandcare.org.uk](mailto:contact@helpandcare.org.uk))

Befriender: Accompanying people to appointments, social activity or a hobby/lunch club. Walking a dog. Our volunteers also help with fortnightly walking group and do home visits to people in need of befriending.

Telephone Support Services: Our telephone support service runs on 2 afternoons a week, our team make regular phone calls to isolated or housebound people.

### Listener

Ref 878 Independent Age (London)

Contact1 (Volunteer Team 02076054255 [volunteer.recruitment@independentage.org](mailto:volunteer.recruitment@independentage.org))

Someone to chat to makes all the difference to the life of an older person. Could you spare an hour a week or fortnight? Then why not become a visitor. A telephone listener or help and support other volunteers. We would love to hear from you. Training & Support Given

### Independent Visitor

Ref 848 NYAS National Youth Advocacy Service

Contact1 (Diana Harding 07436818827 [diana.harding@nyas.net](mailto:diana.harding@nyas.net))

Independent Visitors for children & young people who are looked after by the local authority. Motivated, child focused volunteers to befriend children & young people who are looked after. To listen to them, take them out, chat and have fun, help build their self confidence.

### Enabler - Supporter & Befrienders

Ref 329 PHP - Poole Housing Partnership

Contact1 (Mara Goodenough 01202264322 [m.goodenough@poole.gov.uk](mailto:m.goodenough@poole.gov.uk))

Our Service provides practical advice, support, assistance for people in all types of households. Ability to adapt to different situations & build rapport with a range of people. To do home visits & keep accurate records of client visits.

### Befrienders

Ref 349 Poole Well Being Collaborative

Contact1 (Annette Willis 01202977073 [annette.willis@pwbcollaborative.org.uk](mailto:annette.willis@pwbcollaborative.org.uk))

Have you got a few minutes to spare? Would you like to make a huge difference to an older person who is isolated? To have a chat or share a hobby ie books, card game/chess etc. Training & support given.

### Purbeck Good Neighbours

Ref 13 Purbeck Good Neighbours

Contact1 (Mo Andrews 01929424363 [purbeckgoodneighbours@yahoo.co.uk](mailto:purbeckgoodneighbours@yahoo.co.uk))

A volunteer group who help older people over 50 with small or difficult one-off tasks in their home, eg. Dog walking, changing light bulbs and batteries, move some furniture, take away some rubbish, read a letter etc.

### Befriending

Ref 919 Routes To Roots

Contact1 (Volunteer Co-ordinator 01202667880 07901387643 [office@routestoroots.org](mailto:office@routestoroots.org))

Befriender - People who can offer a couple of hours a week/fortnight to be alongside a client in a way which is relevant to that client: it may be a social outing or appointment. Work in pairs. Training & supervision given.

### Caseworker Volunteers

Ref 971 Royal British Legion (Dorset and Hampshire, Southampton)

Contact1 (Mike Hart 07767440075 [mhart@britishlegion.org.uk](mailto:mhart@britishlegion.org.uk))

As a caseworker, you'll meet with beneficiaries to assess their circumstances & determine if they're eligible for Legion support. You'll play a key role in meeting & providing practical & emotional support to members of the Armed Forces community, & will also gain experience of being in a customer-facing environment. Commitment needed of a few hours on a regular basis.

### Female Mencap Visiting Volunteer

Ref 1100 Royal Mencap Society

Contact1 (Kathryn Harrington 02074540454 07811290219 [Kathryn.harrington@mencap.org.uk](mailto:Kathryn.harrington@mencap.org.uk))

Can you spare 12 hours a year? To make a positive impact to a person with a learning disability after their parents have passed away. Visits 6 x a year to enjoy i.e. a cuppa & cake, or going on day trips & outings. This could be weekends. Induction & expenses. Take a look at our current volunteering opportunities and listen to Rosh talk about her volunteer experience at Mencap' <https://www.youtube.com/watch?v=wunv0i3fNPQ>  
#MencapVolunteering

### Befrienders & Supporters

Ref 915 Royal Voluntary Service (RVS) Dorset

Contact1 (Tina Damon-Sparkes 07736825330 [tina.damonsparkes@royalvoluntaryservice.org.uk](mailto:tina.damonsparkes@royalvoluntaryservice.org.uk))

Home visits, sharing a cup of tea and a chat. Accompanying clients on shopping trips or on their behalf. Reading to those who are visually impaired. Assisting with correspondence. Accompanying people on short walks which helps to relieve a carer We also provide the Home Library Service in Poole.

### Telephone befrienders

Ref 967 The Silver Line

Contact1 (Volunteering Coordinator 02072242020 [volunteering@thesilverline.org.uk](mailto:volunteering@thesilverline.org.uk))

Become A Telephone Friend to speak to a Silver Liner for 30 minutes a week. Warmth, enjoy and share conversation, understanding, happy to listen. Volunteer from home or work. Just need access to a telephone & internet. Training & supervision. Call costs covered.

## Catering & Clubs

### Activity Helpers

Ref 855 Abbeyfield Wessex Society Ltd (Westbourne)

Contact1 (Jilly Collins 01202880958 [info@abbeyfieldwessex.org](mailto:info@abbeyfieldwessex.org))

Would you like to come along & help us with activities such as coffee mornings, film afternoons or outings.

### Club Helpers

Ref 856 Alzheimers Society (East Dorset)

Contact1 (Debbie Payne 01278663885 07710380218 [volsdorsetsomerset@alzheimers.org.uk](mailto:volsdorsetsomerset@alzheimers.org.uk))

Memory Café Volunteers required at Hamworthy & Oakdale. Can you help with any of these roles? To help set up, welcome clients & their carers, tea/coffee, chatting, activities, clearing away.

### Club Helper & First Aider

Ref 14 Blue Dolphin Club

Contact1 (Bobby Stevens 01202671631 [bobby.stevens@bluedolphinclub.org.uk](mailto:bobby.stevens@bluedolphinclub.org.uk))

Come & share interests, card making, dominoes, chess etc. This active club for people with learning difficulties provides occasional outings, supper evenings, entertainment, dance. Come & join in the fun on Friday evenings.

### Club Helpers - Various Locations

Ref 865 Brendoncare Club Dorset

Contact1 (Volunteering Manager 01962857097 [volunteering@brendoncare.org.uk](mailto:volunteering@brendoncare.org.uk))

Volunteers needed to help out at various clubs around the Poole area We have a selection of roles to get involved with Greeting, Setting Up, Teas & Coffee, Bingo etc. Chat to elderly people who don't see many people. Drivers and Fundraisers also needed.

Saturday Kurling Club

Ref 1055 Brendoncare Club Dorset

Contact1 (Volunteering Manager 01962857097 [volunteering@brendoncare.org.uk](mailto:volunteering@brendoncare.org.uk))

We are looking for helpers to set up the tables/kurling and clear away at the end of the club. Also help the club leader and members with refreshments and playing the game when required. Expenses & Training. 10.30 to 12.00

Hamworthy & Rossmore Community Café

Ref 72 Culture Volunteers Poole

Contact1 (Donna Price 01202262608 [culturevolunteers@poole.gov.uk](mailto:culturevolunteers@poole.gov.uk))

Help is needed at our café in Hamworthy & Rossmore. Would benefit anyone looking for experience in catering or retail. For more info <http://btrr.im/v9q18>

Barnabas Volunteer

Ref 94 Diverse Abilities

Contact1 (Lee Brady 01202718266 [lee.brady@diverseabilities.org.uk](mailto:lee.brady@diverseabilities.org.uk))

Would you like to volunteer at a day opportunities centre for adults with disabilities? This role involves helping people take part in activities including music, craft, cookery etc. Friendly, caring, enthusiastic.

Social Club Helpers

Ref 904 Dorset Blind Association

Contact1 (Moira Kopanycia-Reynolds 01202712869 07709216797 [moira@dorsetblind.org.uk](mailto:moira@dorsetblind.org.uk))

Would you like to help with i.e tea/coffee, speakers, drivers, bingo, entertain, etc? Our 25 clubs around the area offer a friendly atmosphere where members socialise & make friends.

Pop-up Coffee Shop Volunteer (Woodlands)

Ref 1076 Dorset HealthCare University NHS Foundation Trust HQ

Contact1 (Lynne Allner 01202305055 [lynne.allner@nhs.net](mailto:lynne.allner@nhs.net))

Would you like to assist with a pop up coffee shop. Duties include serving drinks for patients, staff and visitors. Taking monies and using cash register. To help set up/shut up. Min of one session per week.

Group Worker

Ref 1064 LGB&T Dorset Equality Network

Contact1 (John Hyde 01202466364 07791861384 [contact.lgbdorsetequality@gmail.com](mailto:contact.lgbdorsetequality@gmail.com))

To assist with welcoming service users, helping with refreshments and anything to help the group run well.

Acorns CoffeeShop Helper/ table top /bric a Brac sales helper

Ref 323 Oakdale Residents Community Association

Contact1 (Lesley Kerley 07962433726 [lesley.kerley@ntlworld.com](mailto:lesley.kerley@ntlworld.com))

Helper required for coffee shop, which is open 10-1. This role would suit an active person who is happy with cash handling etc.

Coffee Morning Coordinator

Ref 327 PHP - Poole Housing Partnership

Contact1 (Mara Goodenough 01202264322 [m.goodenough@poole.gov.uk](mailto:m.goodenough@poole.gov.uk))

Would you like to help put a smile on our residents faces, help co-ordinate our coffee mornings? Are you a people person, with good interpersonal skills? Yes we'd like to hear from you.

Lunch Club volunteers

Ref 333 PHP - Poole Housing Partnership

Contact1 (Mara Goodenough 01202264322 [m.goodenough@poole.gov.uk](mailto:m.goodenough@poole.gov.uk))

Lunch club helpers depending on their skills can help in a variety of ways, including setting up, organising,serve meals, befriend residents. People person, commitment and reliability.

Club Helpers & Drivers

Ref 353 Poole Disabled Club

Contact1 (Elaine Lawford 07968903063 [elaineandbill@sky.com](mailto:elaineandbill@sky.com))

Club Helpers needed on a Tuesday evening once a fortnight at Parkstone United Reformed Church from 7 p.m. to help with refreshments,entertainment (sometimes music, interesting talks) and raffle. Also need Drivers to help with transport.

Community Shop & Café

Ref 995 Poole Waste Not Want Not

Contact1 (Elaine Lawford 07968903063 [poolewastenotwantnot@gmail.com](mailto:poolewastenotwantnot@gmail.com))

We run a community shop and have to set up and clear the products, tables and clean floor. The members come and shop from 1.30 - 4.30 and are provided with a drink so we do need someone to specifically do this job. Our other volunteers would be helping our customers once the shop is open and do general shop duties.

Food Prep - Lunchtime

Ref 921 Routes To Roots

Contact1 (Volunteer Co-ordinator 01202667880 07901387643 [office@routestoroots.org](mailto:office@routestoroots.org))

Food Preparation We need volunteers from 12.45 - 2.45pm on Mondays & Thursdays. People to help prepare & serve a simple meal (usually beans on toast!) and make sandwiches for those sleeping rough.



### Befrienders

Ref 1026 Speakabilty - Dorset

Contact1 (Patricia Scott 01202735552 07547474717 [pljscott6@btinternet.com](mailto:pljscott6@btinternet.com))

Come and meet new people, help support our weekly group which meets on a Wednesday from 11.00am-1.00pm We have regular referrals from the Speech therapists and need additional help so that we can expand a much needed service. The group aims to increase confidence and encourage socialising.

### Catering

Ref 984 Swanage Railway

Contact1 (Penny Smith 07776258771 [iwanttovolunteer@swanagerailway.co.uk](mailto:iwanttovolunteer@swanagerailway.co.uk))

We are currently seeking volunteers to work in our catering department: the Birds Nest Buffet at Swanage, the Kiosk at Norden and the on train Micro Buffet.

### Prama Life friends

Ref 5 The Prama Foundation

Contact1 (Bridget Barrett 01202666195 [bridget.barrett@pramacare.co.uk](mailto:bridget.barrett@pramacare.co.uk))

Would you like to help in the community and make new friends ie lunch clubs, coffee mornings, pop in groups, support groups for carers, dementia friendly projects and the Prama club at Wimborne on a Saturday morning. Roles could include befriending, helping out with refreshments and the raffle. Meet and greet. etc.

### Facilitator - Meet and Greet

Ref 1082 The Prama Foundation

Contact1 (Bridget Barrett 01202207310 [bridget.barrett@pramacare.co.uk](mailto:bridget.barrett@pramacare.co.uk))

Would you like to lead this smashing group at Selby Close Pop In group, Broadstone? This runs on a Monday afternoon 2-4pm. and have about 16 to 20 members, who need some support.

### Luncheon Club Helper

Ref 1000 The Salvation Army (Poole)

Contact1 (Liz Dear 01202385517 [liz.dear@ntlworld.com](mailto:liz.dear@ntlworld.com))

We are looking for assistance to help cook an easy lunch for about 25+ on a Wednesday

## Children & Youth

### Independent Visitors and Dorset Nightstop Volunteers

Ref 1011 Action for Children (Dorchester)

Contact1 (Aldina Taylor 01202525643 [Aldina.taylor@actionforchildren.org.uk](mailto:Aldina.taylor@actionforchildren.org.uk))

We place vulnerable 16-25 at risk of homelessness, in the homes of fully trained, supported volunteer hosts. We provide long term mentors for young people in care. You'll provide a listening ear, take a young person out to engage in enjoyable activities, build a positive friendship over time & many of our relationships last for several years.

Sessional volunteers

Ref 6 AIM Community

Contact1 (Richard Newland 01202548208 [aim.community@fyt.org.uk](mailto:aim.community@fyt.org.uk))

Skills in music, art, DJing, dance or fashion design would be a great help, but more than that we need people who can make a positive contribution in supporting the young people who attend our sessions.

Youth Worker

Ref 8 Alderney West Youth Club

Contact1 (Steward Yarrows 07934662351 [stew63@hotmail.co.uk](mailto:stew63@hotmail.co.uk))

Are you interested in helping & supporting young people and over 16 yrs

Various

Ref 1004 Alderney West Youth Club

Contact1 (Michael Speed 07919404823 [s.evans-johnson@poole.gov.uk](mailto:s.evans-johnson@poole.gov.uk))

Volunteers to work in the kitchen serving refreshments, small snacks - bacon sarnies, cheese on toast etc at our Youth Club sessions. And/or any sporty volunteer to support games especially football.

Poole Children's Centres

Ref 952 Borough of Poole - Childrens, Young People & Learning CYPL

Contact1 (Julie Borthwick 01202261538 [j.borthwick@poole.gov.uk](mailto:j.borthwick@poole.gov.uk))

Various roles available including supporting staff in activities, groups or helping with outings & events.

Welcome new parents to the centre, Help our Admin. Toy sorting & Gardening. Children under 5 welcome. Training given

Turlin Moor Youth Club Helper

Ref 1001 Borough of Poole - Childrens, Young People & Learning CYPL

Contact1 (Jane Milton 01202670085 [J.Milton@poole.gov.uk](mailto:J.Milton@poole.gov.uk))

We are a friendly group, we're always looking for helpers with such things as Coffee Bar, play sport, do some art, play pool or just chat with young people. We are very flexible. Various evenings

Poole Youth Club Helpers

Ref 29 Borough of Poole - Childrens, Young People & Learning CYPL

Contact1 (Jane Milton 01202605340 01202670085 [j.milton@poole.gov.uk](mailto:j.milton@poole.gov.uk))

Want to have fun, meet new people and help the young people of Poole? We have various roles in Poole areas at our Youth Clubs would you like to be involved? Training and support given.

### Poole Short Breaks Programme

Ref 1009 Borough of Poole - Childrens, Young People & Learning CYPL

Contact1 (Angela Bowran 01202261908 07775921076 [angela.bowran@poole.gov.uk](mailto:angela.bowran@poole.gov.uk))

A programme of mainly holiday activities for children and young people with SEN and disabilities. Have you some experience of working with children, ie with a disability or challenging behaviour. The activities vary including arts/crafts, dance, drama, food, sports run at youth centres, & external activities at Forest School, Holton Lee, Butchers Coppice archery and autobelay, sailing, kayaking at Rockley, crazy golf, swimming at Montacute.

### Limelights Youth Club Helpers

Ref 1008 Borough of Poole - Childrens, Young People & Learning CYPL

Contact1 (Jane Milton 01202605340 [J.Milton@poole.gov.uk](mailto:J.Milton@poole.gov.uk))

Limelights provides positive activities for young people of 9-19 who come from most of the schools around Poole. We've different clubs each night of the week. Would you like to find out more & assist us at one of them? Especially short on Wednesdays & Fridays!

### School Governor

Ref 910 Borough of Poole - Childrens, Young People & Learning CYPL

Contact1 ( 012022633770 [qualityandimprovement@poole.gov.uk](mailto:qualityandimprovement@poole.gov.uk))

Could you become a Governor? You will make a good governor if you care about improving children's educational attainment and achievement. Want to contribute to the local community, can work as part of a team and can value the contribution made by different people. Training available with the opportunity to ask questions.

### Shared Care - Children

Ref 17 Borough of Poole - Childrens, Young People & Learning CYPL

Contact1 (Anita Bailey 01202714640 [anita.bailey@poole.gov.uk](mailto:anita.bailey@poole.gov.uk))

Become a shared carer - provide regular care for a disabled child in your home or theirs for a day, overnight, week, weekend. Training, support and allowance provided. We need families, couples or single volunteers.

### Youth Chorus Helper

Ref 1046 Bournemouth Symphony Youth Chorus

Contact1 (John Martindale 01202690110 07505963687 [BSYC@bschorus.co.uk](mailto:BSYC@bschorus.co.uk))

Help to support its children's choir and youth chorus. It involves welcoming children and parents as they arrive for rehearsals, recording attendance and managing communications. Tuesday evening from 6.00pm until 8.00pm

### Respite Care Volunteer

Ref 1077 Chicks Charity

Contact1 (Volunteer Manager 01822811020 [volunteer@chicks.org.uk](mailto:volunteer@chicks.org.uk))

As a RCV for chicks you will be a positive adult role model who'll interact with the children & allow them to develop & experience new challenges. You'll join our team of fully trained staff & up to 5 other volunteers from Mon to Fri on a residential week supporting up to 16 disadvantaged children.

Children's Event Assistant - in Libraries

Ref 64 Culture Volunteers Poole

Contact1 (Donna Price 01202262608 [culturevolunteers@poole.gov.uk](mailto:culturevolunteers@poole.gov.uk))

Assisting with weekly rhyme time, activity and games sessions. Helping to prepare holiday craft activity materials look <http://bttr.im/v9q18> for more info

Playworker

Ref 114 Diverse Abilities

Contact1 (Lee Brady 01202718266 [lee.brady@diverseabilities.org.uk](mailto:lee.brady@diverseabilities.org.uk))

Do you like children, taking part in activities and having fun? Then join us as a play worker. We'll assign you to a family to play with the non-disabled siblings while we run activities for their brothers and/or sisters with disabilities. You will help us to set up activities, support the children to get the maximum fun out of the session and report back to the parents/carers/staff afterwards.

Youth Opportunity Worker

Ref 102 Diverse Abilities

Contact1 (Lee Brady 01202718266 [lee.brady@diverseabilities.org.uk](mailto:lee.brady@diverseabilities.org.uk))

We hold a weekly youth club on a Wednesday from 7-9pm for young people between the ages of 13 and 19 with a disability or special educational need. The group organises weekly activities to include swimming, meals out, movie nights, games and crafts. If you like being with young people, taking part in activities and having fun, then come and join us.. We also need helpers at our school holiday play opportunities for disabled children and their siblings.

Schools Club Volunteer

Ref 121 Dorset Asset

Contact1 (John Sayers 01202602235 [jbjmsayers@btinternet.com](mailto:jbjmsayers@btinternet.com))

Do you have a qualification in science, engineering or technology? We are looking for volunteers to help run after school hours clubs to provide skills in science, engineering and technology to young people.

SMILE - Lone Parent Project in Poole

Ref 927 Faithworks Wessex

Contact1 (SMILE Poole 07766885612 [smilepoole@faithworkswessex.org.uk](mailto:smilepoole@faithworkswessex.org.uk))

SMILE It's FRIDAY, 1st & 3rd Fridays of the month. 4.30-6.10 pm For all or part of the session. Looking for  
4.30-6.10 pm 1 or 2 volunteers to play with children, 1 vol to make teas & coffee - 6.10-7pm 1 or 2 vols to clear up Meal included if staying for whole session  
SATURDAY Morning SMILE: 2nd Sat of the month, 10.30-12.30pm - Children's activity coordinator: to organise crafts and games for children aged 5-12. 1 hr set up before session- 2 - 4 volunteers to play with children, 10.30-12.30 - 1 or 2 volunteers to make teas, coffees and the croissant breakfast

### Playworker

Ref 951 Fernheath Play

Contact1 (Joe Elston 01202581008 [joe@fernheath-play.org.uk](mailto:joe@fernheath-play.org.uk))

Would you like to help with playwork at the centre? Various roles include helping in the after school club, Saturday club and holiday playschemes. Various times available. Supporting staff in picking up children, supporting play activities, developing a relationship with children to support their play and learning, keeping records, supporting individual children including those with a disability, helping on trips & visits and organising events.

### Leaders & Skill Sharers

Ref 976 Girl Guides Poole & Dorset Area

Contact1 (Linda Skelton 01202620006 [www.girlguiding.org.uk/interested](http://www.girlguiding.org.uk/interested))

Rainbows, Brownies and Guides Unit Assistants. Girlguiding aims to encourage girls aged 5 -18 to develop and to fulfil their potential. Volunteers needed to help run groups and skills share. [www.girlguiding.org.uk/interested](http://www.girlguiding.org.uk/interested)

### Befriending & Various roles

Ref 969 Home-Start South East Dorset

Contact1 (Kathy Fryatt-Banks 01202574877 [office@homestartsoutheastdorset.org.uk](mailto:office@homestartsoutheastdorset.org.uk))

As a parent you'll know just how tough it can sometimes be. Did you often long to have someone to confide in or just have a chat with or help getting out of the house? Have experience of bringing up children and can spare between two and four hours a week. Training given. Also looking for 2 Trustees

### Lead or co-lead activities and Workshops Youth Activity Leaders

Ref 1010 Whizz-Kidz

Contact1 (Amy Senior 07833475987 [a.senior@whizz-kidz.org.uk](mailto:a.senior@whizz-kidz.org.uk))

Would you like to become involved in workshops for young wheelchair users aged 8-25? You can do this independently or alongside one of our staff members, depending on experience. Services include Ambassador clubs, Wheelchair Skills training & Work skills Days. 16+

## Community Roles

### Awareness Raising Volunteer

Ref 1112 Alzheimers Society (East Dorset)

Contact1 (Debbie Payne, Volunteering Officer 07710380218 [volsdorsetsomerset@alzheimers.org.uk](mailto:volsdorsetsomerset@alzheimers.org.uk))

The awareness raising volunteer role is essential to promote our services and highlight our presence in local communities. The role also helps raise awareness of dementia and provide dementia related information. Your involvement will ensure that information about our services is highly visible and readily available to those who need us.

What will I be doing?

Promoting the services of the Alzheimer's Society locally in a wide range of ways, from the distribution of leaflets, booklets and posters, liaising with the media, through websites and social networking and by attending local groups, gatherings and community events.

Depending on your experience and preference, this may include public speaking, presentations and networking at events.

BoP PO55 Supporters (Poole over 55)

Ref 1031 Borough of Poole

Contact1 (Nicky Mitchell 01202261060 [n.mitchell@poole.gov.uk](mailto:n.mitchell@poole.gov.uk))

Our drive for committee members continues! We'd love to hear from people who have committee skills OR are well motivated to learn & help local people. The aim is the best way forward to tackle loneliness, improve health well-being & lives of people aged 55+ in Poole. Join for the next quarterly meeting.

Community Connector Volunteer

Ref 1059 British Red Cross

Contact1 (Contact Office 03000040554 [ellacoates@redcross.org.uk](mailto:ellacoates@redcross.org.uk))

You'll play a key role supporting people who don't know where to turn for support to reconnect to their communities, working alongside our expert professionals to help provide positive encouragement, practical help, emotional support, introduce them to activities & interest groups in their local area. Giving them the confidence to continue after our 12 wks of direct support has ended.

Community Volunteers

Ref 236 Dorset Fire & Rescue Service

Contact1 (Nicky Jenkins 01305753160 )

This role will help us to ensure the safety of people within their own home by generating referrals to allow members of the team to complete Home Safety Visits. Volunteers do not need any skills although basic IT. would be advantageous.

OPCC Community Engagement Support Volunteer

Ref 248 Dorset Police (Dorchester HQ)

Contact1 (Organisational Dev. Recruitment Team 01202222258 [volunteers-recruitment@dorset.pnn.police.uk](mailto:volunteers-recruitment@dorset.pnn.police.uk))

To provide logistical and administrative support to the day-to-day operation of the Police and Crime Commissioner's community engagement, including consultation activities and events in order that these activities and events run smoothly and project a professional image to the public. Online application form on: <https://www.dorset.police.uk/recruitment/volunteers/opcc-community-engagement-support-volunteer/>

Various - Dorset Police

Ref 243 Dorset Police (Dorchester HQ)

Contact1 (Org Development Recruitment Team 01305223794 [volunteers-recruitment@dorset.pnn.police.uk](mailto:volunteers-recruitment@dorset.pnn.police.uk))

Various help required with Admin, Watch schemes, Vol Support Officers, Victim Bureau, Public Contact Point, Vehicle cleans & others. Take a look at their website [www.dorset.police.uk/recruitment/volunteers](http://www.dorset.police.uk/recruitment/volunteers) for their latest roles & forms.

### Volunteer Roles to Suit Skills

Ref 931 Faithworks Wessex

Contact1 (Volunteer Co-ordinator 01202429037 [operations@faithworkswessex.org.uk](mailto:operations@faithworkswessex.org.uk))

Helping people in the community is what we do, across B'th, Poole & Dorset to connect with their community, manage their money better and cope when in food crisis. We can create a role that will suit you. training package is available free. Come talk to us.

### Help with Rough Sleepers

Ref 1084 Faithworks Wessex

Contact1 (Voluntreer Co-ordinator 07845158569 [operations@faithworkswessex.org.uk](mailto:operations@faithworkswessex.org.uk))

2 new projects - SLEEPSAFE mobilises churches to provide accommodation over the winter for rough sleepers on the streets of B'th.  
2ND HALF prepare & cook food for a team & those in need in Bth (Mon). Upcycling of furniture & making crafts with wood (Tues). Possibly bike maintenance, decorating, DIY skills & gardening. Also assist with CV writing, job application, interview prep & basic money management

### Find a Home for Sooty Volunteer

Ref 960 RNIB (Royal National Institute of the Blind)

Contact1 ( 01733375450 [volunteering@rnib.org.uk](mailto:volunteering@rnib.org.uk))

Celebrate Sooty's 70th birthday and the 150th anniversary of RNIB by helping us to find 2018 new homes for Sooty Collection Boxes across the UK. Join our fabulous community of Sooty box collectors to find homes in shops, pubs and cafes, pick up our full Sooty Boxes and count and bank the money that has been kindly donated.  
Whether you are finding new homes for Sooty or taking over existing boxes, you wil help raise the money we need to change the lives of people with sight loss.

### Home Library Service

Ref 985 Royal Voluntary Service (RVS) Dorset

Contact1 (Poole Library 01202262449 [libraries@poole.gov.uk](mailto:libraries@poole.gov.uk))

Do you love reading Books and meeting new people? Can you help your local library to deliver and collect books/DVDs/CDs to older people who may be housebound or have mobility issues. Roles available across Poole area.

## Conservation

### Practical Conservation or Events

Ref 9 Amphibian and Reptile Conservation (Bmth)

Contact1 (Richard Sharp 01202727983 07810770565 [richard.sharp@arc-trust.org](mailto:richard.sharp@arc-trust.org))

Practical Conservation volunteering opportunites on the heathland nature reserves. Help Conserve rare species and protect internationally important habitats and landscapes. Also help to attend events/talks

### Conservation & Friends of the Park Projects

Ref 20 Borough of Poole - Enviroteers

Contact1 (Environment Volunteers 01202261368 [environmentvolunteers@poole.gov.uk](mailto:environmentvolunteers@poole.gov.uk))

Come and make friends. If you like getting involved in the outdoors and your local community, we have loads of various projects for you such as heathland conservation, litter picks, and Poole's parks and community open spaces. Belonging to Friends of the Parks Groups. Look at [pooleprojects.net/enviroteers](http://pooleprojects.net/enviroteers)

### Countryside Conservation

Ref 963 Dorset Countryside Volunteers

Contact1 (Co-ordinator 01308862958 [coordinator@dvcv.org.uk](mailto:coordinator@dvcv.org.uk))

Would you enjoy getting out in the country to spend some time helping care for a wide range of sites throughout Dorset. Tasks include hedgelaying, coppicing, pond restoration and dry stone walling. For more information ring 07923 498760 and leave a message with your name and number and we will return your call.

### Rivers Champions scheme

Ref 1094 Dorset Wildlife Trust (DWT)

Contact1 (Dave Price [dprice@dorsetwildlifetrust.org.uk](mailto:dprice@dorsetwildlifetrust.org.uk))

DWT is launching a new Rivers Champions scheme which will draw on peoples' passion & love for Dorset's wonderful rivers & wetlands. It will involve training (on river restoration, mammals, fish, dragonflies, plants), surveys, & practical conservation work. We're also looking for keen photographers & recorders.

### Reserves, Monitoring & Practical roles - Dorset & Brownsea Island

Ref 259 Dorset Wildlife Trust (DWT)

Contact1 (Susanna Holford 01202692033 [sholford@dorsetwildlifetrust.org.uk](mailto:sholford@dorsetwildlifetrust.org.uk))

Many opportunities - practical work, DIY, surveying & mapping, species recording etc. Together with our Staff - help to manage our Reserves across the County including Brownsea Island. Come join the fun. Incl. various training days. [www.dorsetwildlifetrust.org.uk](http://www.dorsetwildlifetrust.org.uk) for info.

### Beach & Marine Conservation

Ref 258 Dorset Wildlife Trust (DWT)

Contact1 (Susanna Holford 01202692033 [sholford@dorsetwildlifetrust.org.uk](mailto:sholford@dorsetwildlifetrust.org.uk))

Are you interested in Marine Conservation? We have roles that take place at various locations. i.e. beach cleans or recording & monitoring.

## DIY & Practical Skills

### Friends of Hamworthy Park - Practical volunteer activity

Ref 936 Borough of Poole - Enviroteers

Contact1 (Karl Stokes 01202261368 [environmentvolunteers@poole.gov.uk](mailto:environmentvolunteers@poole.gov.uk))

'Hands on in Hamworthy Park' project, meet Wed 10.30 Park café for a practical 2 hrs in good company. Nothing too strenuous, Do a little or a lot, with a discounted cuppa at the end. Can help social isolation.



### Warehouse & Yard Assistants

Ref 254 Dorset Reclaim (Poole)

Contact1 (Manager 01202679080 [kirsty@dorsetreclaim.org.uk](mailto:kirsty@dorsetreclaim.org.uk))

People with a reasonable fitness level to handle the incoming donated items and the orders going out to clients, together with ensuring the warehouse is properly laid out and goods are displayed for viewing. Also yard furniture dismantlers needed.

### Brownsea Island

Ref 256 Dorset Wildlife Trust (DWT)

Contact1 (Luke 01202709445 [brownsea@dorsetwildlifetrust.org.uk](mailto:brownsea@dorsetwildlifetrust.org.uk))

Repairs & Maintenance volunteers, i.e. new shelters required, rhododendron and bracken control and many others. Plus Visitor and Villa volunteers. There is a lot of flexibility in hours on a weekly or ad hoc basis

### Historic Poole Pilot boat - Renovation Project

Ref 270 MVS Maritime Volunteer Service - Poole

Contact1 (Nigel Barrow 07780112548 [nigel.barrow@mvs.org.uk](mailto:nigel.barrow@mvs.org.uk))

We're looking for people with DIY skills who would like to be involved with this 2 - 3 years project to restore the Tom Sherrin boat. [www.tomsherrin.org.uk](http://www.tomsherrin.org.uk). it is a rewarding, lively, friendly and interesting project. You never know where volunteering leads. Please contact me for more information.

### Costume Makers

Ref 1097 National Trust - Kingston Lacy

Contact1 (Volunteer Co-ordinator [kingstonlacy@nationaltrust.org.uk](mailto:kingstonlacy@nationaltrust.org.uk))

We are looking for costume makers to help design and create maids outfits for our costumed interpreters that play a key role in engaging with visitors by bringing the house to life as servants. What's involved? Cutting out fabric from set designs for maids outfits, using sewing machines to piece costumes together ready to be worn.

### Bike Club Helper

Ref 863 PHP - Poole Housing Partnership

Contact1 (Mara Goodenough 01202264322 [m.goodenough@poole.gov.uk](mailto:m.goodenough@poole.gov.uk))

Do you like 'tinkering' with bikes? We run a bike club in Poole to show young people (all ages) how to repair push bikes. Have you some knowledge of bike repair and enthusiasm to help keep this club running?

### Handyman/Handywoman

Ref 975 Waggy Tails Rescue

Contact1 (Shelagh Meredith 01202875000 [admin@waggytails.org.uk](mailto:admin@waggytails.org.uk))

We have 4 charity shops and a small animal sanctuary so maintenance jobs are frequent and ongoing. We need someone who has DIY skills to include carpentry and painting and who likes problem solving Can you help us?.

## Drivers & Escorts

Drivers

Ref 18 Borough of Poole - Community Transport

Contact1 (Community Transport@Travel co-ordinator 01202262220  
[transportation@poole.gov.uk](mailto:transportation@poole.gov.uk))

Voluntary drivers use their own vehicles to provide transport for people of all age groups who find public transport difficult to use. The aim of this is to combat social exclusion by transporting people to essential activities. Expenses paid

Drivers or Hosts

Ref 59 Contact the Elderly (Poole)

Contact1 (Suzan Hyland 02078812361 [suzan.hyland@contact-the-elderly.org.uk](mailto:suzan.hyland@contact-the-elderly.org.uk))

Desperately need Drivers once a month - Sunday afternoon - Could you take an elderly person out for a drive, finishing the afternoon having tea at the home of a host. Great way to meet new people. (Local co-ordinators also needed)

Drivers

Ref 113 Diverse Abilities

Contact1 (Lee Brady 01202718266 [lee.brady@diverseabilities.org.uk](mailto:lee.brady@diverseabilities.org.uk))

To Drive & Collect - elp a person with disabilities to get in/out of the vehicle at their home to Barnabas (with staff assistance) in the morning then return journey p.m. Own Car required

Drivers

Ref 55 Dorset Blind Association

Contact1 (Moira Kopanycia-Reynolds 01202712869 07709216797 [moira@dorsetblind.org.uk](mailto:moira@dorsetblind.org.uk))

Drivers needed to transport visually impaired people to various clubs activities in Poole & Bth

Drivers & Crew

Ref 253 Dorset Reclaim (Poole)

Contact1 (Manager 01202679080 [kirsty@dorsetreclaim.org.uk](mailto:kirsty@dorsetreclaim.org.uk))

Van drivers & crew required - making deliveries and collections. Driving a 4 ton van, area covered from Poole to Swanage or Blandford. You'll need a good sense of direction, a driving licence, and an ability to work well as a team.

Driver

Ref 950 Fernheath Play

Contact1 (Joe Elston 01202581008 [joe@fernheath-play.org.uk](mailto:joe@fernheath-play.org.uk))

Looking for people with an interest in supporting play to help with playwork at the centre. The role will include driving a minibus to pick up children from school and bring them to the after school club. (Older adult who has D1 on driving license)

### Club Helpers and Drivers/Escorts

Ref 337 Poole and District PHAB Club

Contact1 (Brian Knight 01202698896 [captainphabulous@hotmail.co.uk](mailto:captainphabulous@hotmail.co.uk))

Helpers needed to enable members with disabilities to participate in club activities. i.e. help with writing on quiz nights, purchasing items, moving wheelchairs etc.

### Mini bus Drivers & Escorts

Ref 344 Poole and East Dorset Club for the Disabled - Inskip League of Friendship

Contact1 (Rodney Evans 01202380766 [rodneyevans@hotmail.co.uk](mailto:rodneyevans@hotmail.co.uk))

Escorts required to assist with disabled people, possible hoisting/clamping of wheelchairs. To take out for outings etc. For drivers - Clean driving license. Reasonable fit & able. Some experience in dealing with physically disabled people.

### Collectors

Ref 994 Poole Waste Not Want Not

Contact1 (Elaine Lawford 07968903063 [poolewastenotwantnot@gmail.com](mailto:poolewastenotwantnot@gmail.com))

We run a community shop & require drivers - over 25 to collect from back of store, donations of food and then distribute to various places. 8 - 9 p.m. Able to lift crates of product in and out of car. Local knowledge

### PramaLife Mini Bus Drivers/Car Drivers

Ref 4 The Prama Foundation

Contact1 (Bridget Barrett 01202666195 [bridget.barrett@pramacare.co.uk](mailto:bridget.barrett@pramacare.co.uk))

Would you like to drive our Mini Bus? The mini bus is based in Hamworthy, used regularly to take groups of mainly elderly people to social events, days out, etc. Car drivers would also be a great help transporting people to activities, appointments etc. Clean Licence required.

### Coffee Morning Drivers

Ref 1087 The Prama Foundation

Contact1 (Cynthia Andrews 01202677563 )

For the older socially isolated, lonely or have mobility problems to attend Coffee Morning on Fridays. We are looking for drivers

### Drivers - The Adam Practice, Longfleet Rd

Ref 1030 The Prama Foundation

Contact1 (Pauline Lawrence 01202809944 [paulinegibbons59@hotmail.co.uk](mailto:paulinegibbons59@hotmail.co.uk))

We would love drivers to provide transport for patients visiting the doctor, hospital, optican or dental appointments. We re looking for caring people who can help a few hrs a mth & willing to help others with a mobility problem. You do not need to commit to a regular slot.

Drivers - Rosemary Medical Centre

Ref 1029 The Prama Foundation

Contact1 (Judy Green 01202914465 [judy.verte@talktalk.net](mailto:judy.verte@talktalk.net))

We need drivers to provide transport for patients visiting the doctor, hospital, optican or dental appointments.

We're looking for caring people who can help a few hrs a mth & willing to help others with a mobility problem. You do not need to commit to a regular slot.

Healthcare Driving Scheme - Evergreen Oak Surgery

Ref 926 Volunteering Matters RSVP (Retired and Senior Volunteer Programme)

Contact1 (Jean Frake [jeanfrake@virginmedia.com](mailto:jeanfrake@virginmedia.com))

Our drivers help anyone who needs assistance with getting to hospital & health care appts. Together we can assist with helping older or vulnerable people maintain their health, independence and reduce social isolation. Our drivers find it a rewarding way to spend their free time because they know they make a big difference to the lives of others.

Healthcare Driving Scheme - Carlisle House

Ref 1039 Volunteering Matters RSVP (Retired and Senior Volunteer Programme)

Contact1 (Edyth Morgan 01202683863 )

Cheerful friendly Drivers needed to take elderly patients to hospital or surgery appointments, would you like to help? Own car required.

Driver - Waggy Tails Rescue

Ref 974 Waggy Tails Rescue

Contact1 (Shelagh Meredith 01202875000 [admin@waggytails.org.uk](mailto:admin@waggytails.org.uk))

We are looking for a driver for our ambulance. You will be responsible for collecting and delivering furniture to and from our shops, driving dogs to the vet etc.

## Finance

Treasurer

Ref 842 Dorset ME Support Group

Contact1 (Helen Smith 01300351995 07960767717 [7helensmith@gmail.com](mailto:7helensmith@gmail.com))

We require a Treasurer to take responsibility for the annual accounts. The payment of 4 part time staff would be part of the position. This would suit someone with an interest in ME or to help a local Dorset based charity.

Money Matters Project - Budget Coach

Ref 932 Faithworks Wessex

Contact1 (Volunteer Co-ordinator 01202429037 [operations@faithworkswessex.org.uk](mailto:operations@faithworkswessex.org.uk))

Can you help us provide 1 - 1 budget help to people wanting more control over their finances? Helping families & older people get a good grip on their finances. We've a really simple tool when we home visit to go through the basics of creating & sticking to a budget - this isn't about telling people their mistakes nor giving debt advice; it is simply about giving some tips and hope!!

## Fundraising, Research & Resourcing

### Various roles

Ref 857 Alzheimers Society (East Dorset)

Contact1 (Alice Davies 07525824891 [volsdorsetsomerset@alzheimers.org.uk](mailto:volsdorsetsomerset@alzheimers.org.uk))

Tasks vary but could include contributing to the planning and chairing meetings, organising and promoting fundraising events, making sure income is correctly banked, recruiting new group members, raising awareness of dementia and the work we do.

### Fundraiser

Ref 981 Association of Residents of Canford Heath (ARCH)

Contact1 (Sasha Morgan 07584282225 [sasha@dragonflies.me.uk](mailto:sasha@dragonflies.me.uk))

A fundraiser and/or bid writer, who lives in the area, needed for ARCH. Help and support given from a small friendly group of local residents trying to make a difference in their community with many small projects needing funds.

### Community Volunteer

Ref 1115 Chicks Charity

Contact1 (Volunteer Manager 01822811020 [community@chicks.org.uk](mailto:community@chicks.org.uk))

Our volunteer fundraisers play a crucial role in helping tell people about the value of the respite breaks and raising vital funds to help fund the breaks.

Fundraisers support us in many ways, more typically from arranging fundraising events, giving presentations and putting us forward as charity of the year in your local area.

In return we offer on-going training and support, a named individual within the charity who will support you in your role and the opportunity to build some fantastic skills for your CV.

### Fundraising Office

Ref 223 Dorset Blind Association

Contact1 (Amanda 01202712869 07709216797 [amanda@dorsetblind.org.uk](mailto:amanda@dorsetblind.org.uk))

To help us organise a busy schedule of fundraising events. The role is varied and can include admin, research, promotions and helping out at events.

### Collection Tin Coordinator

Ref 129 Dorset Blind Association

Contact1 (Amanda 01202712869 07709216797 [amanda@dorsetblind.org.uk](mailto:amanda@dorsetblind.org.uk))

This is a part-time volunteer opportunity with flexible hours to support the blind and partially sighted members in Dorset to help raise much needed funds.

### Fundraising

Ref 872 Guide Dogs (Southampton)

Contact1 (Hazel Kelly 01189838892 [hazel.kelly@guidedogs.org.uk](mailto:hazel.kelly@guidedogs.org.uk))

Collection box co-ordinators/fundraisers and events. Are you an enthusiastic person looking to get involved in your community? Do you like talking to people and going to events? If so why not join our team, promoting and taking part in fundraising activities and events.

Office Helper

Ref 1098 Home-Start South East Dorset

Contact1 (Kathy Fryatt-Banks 01202574877 [office@homestartsoutheastdorset.org.uk](mailto:office@homestartsoutheastdorset.org.uk))

Help with office administration or fundraising

Fundraising Volunteer

Ref 838 Hurting 2 Healing

Contact1 (Fundraising dept. 01202732424 [info@hurting2healing.org.uk](mailto:info@hurting2healing.org.uk))

We are looking for people who are willing to organise fundraising events to help with our daily expense and to help out with fundraising events for our centre e.g. Street collections. Support on offer with Administrator & Trustees. People who have an understanding and empathy for our work.

Collecting Tin Organiser

Ref 306 Julia's House Hospice

Contact1 (Sarah Agnew 01202644220 [sarah.agnew@juliashouse.org](mailto:sarah.agnew@juliashouse.org))

To ask local businesses ie pubs, shops, restaurants etc. If they would support us to have our collecting tin. To place & collect the tins. This is an opportunity to meet people in flexible times.

Raise Funds for Magical Wishes for Children

Ref 1041 Make-A-Wish ® UK

Contact1 (The Volunteering Team 01276405050 [volunteering@makeawish.org.uk](mailto:volunteering@makeawish.org.uk))

We grant magical wishes to children fighting life threatening conditions. Could you give your time to help us? [www.makeawish.org.uk](http://www.makeawish.org.uk).

Community Collection Volunteers

Ref 1091 Missing People

Contact1 (Co-ordinator 0208 392 459 [volunteer@missingpeople.org.uk](mailto:volunteer@missingpeople.org.uk))

Support our bucket collections or supermarket bag packs throughout the year. Delivering collection cans in your local community's shops, restaurants, petrol stations etc. Collect proceeds raised and transferring it to Missing People. Ideally once every two months.

Resource Fundraiser

Ref 1096 Read Easy Poole

Contact1 (Susan Ridd 07938041374 [susanridd@readeasy.org.uk](mailto:susanridd@readeasy.org.uk))

We help adults who struggle with their reading in Poole we require an enthusiastic fundraiser to join our Committee. We can run on a fairly modest annual budget. We need you to be able to investigate, communicate with local companies & apply to grant providers so we can raise these funds to continue our good work.

## Fundraising - Routes to Roots

Ref 271 Routes To Roots

Contact1 (Volunteer Co-ordinator 01202667880 07901387643 [office@routestoroots.org](mailto:office@routestoroots.org))

We are looking for energetic people who enjoy a bit of a laugh and are willing to get stuck in with practical fundraising events and with encouraging others to fund raise for us. or collecting or donating food, warm clothes, sleeping bags etc

## Resourcing & Fundraising

Ref 1028 Royal Voluntary Service (RVS) Dorset

Contact1 (Tina Damon-Sparks 01305236 666 [tina.damonsparks@royalvoluntaryservice.org.uk](mailto:tina.damonsparks@royalvoluntaryservice.org.uk))

This is an interesting & flexible role that will involve working with others to raise money from many different sources. i.e. arranging/promoting an event. Contacting other organisations for their support etc.

## Fundraising/Public Relations

Ref 370 Sports Forum for the Disabled

Contact1 (Richard Monaghan [richardmonaghan18@gmail.com](mailto:richardmonaghan18@gmail.com))

Knoticat is an elderly lady of 40 years with 1000 of sea miles to her name. We have therefore launched Project Seahorse, to raise funds towards a new boat. This is very exciting, it gives us the chance to design a new boat exactly as we would like.

## Gardening

### Gardening & Conservation Groups

Ref 16 Borough of Poole - Upton House

Contact1 (Adam Butcher 07824521284 [adam.butcher@poole.gov.uk](mailto:adam.butcher@poole.gov.uk))

Gardening Groups meet on a Tues & Weds 10 - 3 pm doing such things as pruning, planting weeding etc. you just need sturdy footwear, suitable clothing and a packed lunch. Groups are friendly.

### Gardening Project

Ref 1092 Dimensions UK

Contact1 (Volunteer Manager 03003039162 07392867489 [volunteering@dimensions-uk.org](mailto:volunteering@dimensions-uk.org))

We're looking for help with garden upkeep & perhaps working with the people that we support with learning disabilities and autism to encourage them to join in with gardening. Experience in working with people with disabilities would be advantageous but not a requirement.

### Gardening Volunteer

Ref 1122 Diverse Abilities

Contact1 (Charlotte Curtis 01202718266 [Charlotte.curtis@diverseabilities.org.uk](mailto:Charlotte.curtis@diverseabilities.org.uk))

A friendly, enthusiastic person with an interest in gardening is needed to help with mowing, weeding, planting and general maintenance of the gardens at our children's home.

### Roots Gardening Service

Ref 1057 Help and Care

Contact1 (Nisa Leach 0300 1113303 [contact@helpandcare.org.uk](mailto:contact@helpandcare.org.uk))

Roots Gardening Service. Able to supervise volunteers. Knowledge of gardening and garden DIY essential and qualification desirable.(Qualification training can be provided). To help support those recovery from mental health illness

### Gardener

Ref 1022 Leonard Cheshire Disability HQ

Contact1 (Charlotte James 01202715914 [charlotte.james@leonardcheshire.org](mailto:charlotte.james@leonardcheshire.org))

Would you like to help maintain our garden and or support a small group of residents to develop their gardening skills

### Flourish Project

Ref 876 Livability at Holton Lee

Contact1 (Volunteer Co-ordinator 02075422082 [volunteering@livability.org.uk](mailto:volunteering@livability.org.uk))

Do you love gardening? Would you like to come and help maintain our garden at the Flourish project? This project helps people with a disability.

### Gardener

Ref 330 PHP - Poole Housing Partnership

Contact1 (Mara Goodenough 01202264322 [m.goodenough@poole.gov.uk](mailto:m.goodenough@poole.gov.uk))

Do you have an interest in gardening and are generally fit? Some of our residents need a helping hand with their gardens and would welcome some extra support.

### Twigs Gardening Project

Ref 925 Volunteering Matters RSVP (Retired and Senior Volunteer Programme)

Contact1 (Dee Hoy [deetish12spot@gmail.com](mailto:deetish12spot@gmail.com))

Gardeners and a Volunteer Co-Ordinator for Rossmore Sensory Community Project. Volunteers should ideally be able to contribute one hour per week maintaining this outdoor space, weeding, pruning and litter picking.

## Health, Hospitals & Hospices

### Support at Home

Ref 892 British Red Cross

Contact1 (Kim Vickers 01202656148 07739906080 [kvickers@redcross.org.uk](mailto:kvickers@redcross.org.uk))

Would you like to make a difference to support a person following a stay in Poole hospital. when they re feeling vulnerable? No personal care involved. To visit once a week for max of 6 weeks. Role can include making a hot drink, to prepare a light meal, collect a prescription or shopping.



#### Medical Loans Unit

Ref 1018 British Red Cross

Contact1 (Cory Erickson 01202699453 [CErickson@redcross.org.uk](mailto:CErickson@redcross.org.uk))

To assist in the Dept loaning out and receiving medical equipment to enable patients to return home.

#### Dorset Macmillan Cancer Advocate

Ref 902 Dorset Advocacy

Contact1 (Emily Brown 01305251033 [Emily@dorsetadvocacy.co.uk](mailto:Emily@dorsetadvocacy.co.uk))

A Macmillan Advocate describes volunteering as being "a privilege, being allowed into the lives of others, to become a true support, ally during their difficult journeys". We support people 50 yrs +, who have been affected by cancer - as a patient, carer or relative. If you have also been affected by cancer would you like to be an Advocate?

#### Activities & Pet Helper

Ref 237 Dorset HealthCare University NHS Foundation Trust HQ

Contact1 (Kim Mansbridge 01202443089 [kim.mansbridge@dhuft.nhs.uk](mailto:kim.mansbridge@dhuft.nhs.uk))

To help out at coffee time or lunchtime. Helping with hobbies such as sharing a crossword, exercises, manicure, befriending etc. Also we have small pets - rabbits - that we would like some help with. We are a rehab centre.

#### Activities and Mealtime volunteers

Ref 1111 Dorset HealthCare University NHS Foundation Trust HQ

Contact1 (Kim Mansbridge 01202443089 07825451510 [kim.mansbridge@nhs.net](mailto:kim.mansbridge@nhs.net))

Looking for volunteers to support elderly patients on this rehabilitation ward with activities such as games and reading and at mealtimes, providing company and support. Looking for volunteers prepared to commit for at least 6 months please.

#### Various Roles

Ref 968 Forest Holme Hospice

Contact1 (Volunteer Co-ordinator 01202670644 [fundraising@foresthalmehospice.org.uk](mailto:fundraising@foresthalmehospice.org.uk))

Volunteer roles with us are varied - there is something for everyone i.e. shop volunteer, fundraiser or Ambassador, on the inpatient ward, in our office. Or there any many 'one off' events during the year-[foresthalmehospice.org.uk/volunteer](http://foresthalmehospice.org.uk/volunteer)

#### Holiday Carer/Helper

Ref 285 Green Island Holiday Trust

Contact1 (Wendy Aubrey 01202375006 [organiser@greenislandholidaytrust.com](mailto:organiser@greenislandholidaytrust.com))

Holiday volunteers share a week of friendship and fun with a small group of disabled holidaymakers. Every summer The Green Island Holiday Trust organises six one-week holidays, staying in two accessible cottages in the beautiful surroundings of Holton Lee. As a residential volunteer you will stay at Holton Lee alongside the holidaymakers for the duration of their week's holiday providing for their care and support needs. You will find yourself involved in a varied programme of activities both on and off site including boat trips, carriage driving and visits to local events and attractions. We also have opportunities for volunteers who cannot commit to a whole week but who would like to help out with specific activities.

### Radio Requests Visitor

Ref 1014 Hospital Radio Bedside

Contact1 (Brian Mentor 07515620354 [recruitment@hospitalradiobedside.org](mailto:recruitment@hospitalradiobedside.org))

HRB provides a dedicated 24 hr radio service to patients in 4 local hospitals. Poole Hospital would you like to join our team to visit patients, set up their sets and collect requests to play on air?

### Skill Sharers

Ref 875 Leonard Cheshire Disability HQ

Contact1 (Charlotte James 01202715914 [charlotte.james@leonardcheshire.org](mailto:charlotte.james@leonardcheshire.org))

Hobbies our disabled residents would love to share - Chaz 19 loves to play computer and board games.

Wendy loves shopping, concerts, shopping, history.

Janice a Paralympian enjoys beading & crafts. Guys just enjoys a natter

### Care Support or Drivers

Ref 308 Lewis Manning Hospice

Contact1 (Joe Mason 01202708470 [hr@lewis-manning.co.uk](mailto:hr@lewis-manning.co.uk).)

Working with the nursing team in Day Hospice, In-patient Unit or clinics to support e.g. with refreshments, meals, or companionship. Also Drivers required to provide safe and reliable transport for patients to and from their home. Or other occasional needs. Own Car

### Livability Spinal Injury Centre Befriender

Ref 1095 Livability at Holton Lee

Contact1 (Volunteering Co-ordinator 02075422082 [volunteering@livability.org.uk](mailto:volunteering@livability.org.uk))

Livability Spinal Injury Centre is set in 350 acres of woodland at Holton Lee, Sandford. This bespoke service is to offer service users time to adjust to their life changing spinal injury. We offer 18+ yrs the chance to spend a set amount of time within our facilities to explore ways to adapt to manage their physical limitations. We promote independence, empowerment & looking for suitable people to assist our service users on their journey of re-adaptation.

### Meal Time Companions

Ref 839 Poole Hospital NHS Trust

Contact1 (Joy Janati 01202448610 [joy.janati@poole.nhs.uk](mailto:joy.janati@poole.nhs.uk))

We are seeking more volunteers to help older patients on the wards. Duties would include help with drinks, meals, menu options and errands. Patience and empathy needed.

### Meet and Greet

Ref 1054 Poole Hospital NHS Trust

Contact1 (Joy Janati 01202448610 [joy.janati@poole.nhs.uk](mailto:joy.janati@poole.nhs.uk))

We are seeking more volunteers to meet patients arriving at the hospital for appointments and either offer directions or accompany them to their destination.

Meet and Greet - Best Foot Forward,

Ref 965 Poole Leg Club

Contact1 (Margaret Ward 01202676266 [dmward102@talktalk.net](mailto:dmward102@talktalk.net))

Would you like help serve tea & coffee, meet & greet members, meet new people, at this friendly club. The Leg Club is a social club, set up to treat leg ulcers - in a private area. (referred by GP).

Coffee Shop

Ref 989 Royal Voluntary Service (RVS) Dorset

Contact1 (Coralie Jenkins 01305236666 [Coralie.jenkins@royalvoluntaryservice.org.uk](mailto:Coralie.jenkins@royalvoluntaryservice.org.uk))

We are looking for help in our Coffee Shop in within Poole Hospital

## IT, Computers & Equipment

Computer Buddy

Ref 66 Culture Volunteers Poole

Contact1 (Donna Price 01202262608 [culturevolunteers@poole.gov.uk](mailto:culturevolunteers@poole.gov.uk))

Computer buddies provide help either in drop-in sessions or in one-to-one sessions for people who are a little bit beyond the absolute beginner stage. Do you know a bit about computers? Do you like helping others learn? For more info <http://bttr.im/v9q18>

Library Support Volunteer

Ref 76 Culture Volunteers Poole

Contact1 (Donna Price 01202262608 [culturevolunteers@poole.gov.uk](mailto:culturevolunteers@poole.gov.uk))

Help customers use self service machines & IT booking system. Help with information enquiries and events. Shelving, creating and topping up displays. For more info <http://bttr.im/v9q18>

Computer Support

Ref 1020 PHP - Poole Housing Partnership

Contact1 (Mara Goodenough 01202264322 [m.goodenough@poole.gov.uk](mailto:m.goodenough@poole.gov.uk))

Have you skills in accessing the internet, finding your way around web sites, send emails & shop on line? PHP want to help residents to build confidence & develop IT skills. Are you 18+ Can you spare 2 hrs a fortnight? Have patience & keen to make a difference for others?

Technology & Digital Skills Support

Ref 935 RNIB (Royal National Institute of the Blind)

Contact1 ( 01733375450 [volunteering@rnib.org.uk](mailto:volunteering@rnib.org.uk))

Would you like to help people with sight loss access and enjoy technology. We welcome IT experts, internet enthusiasts, smartphone fans and gadget lovers. You don't need to be a tech guru to get involved. Volunteers also help us coordinate and organise our services. If you believe in the power of technology to transform lives, we'd be delighted to welcome you to the team.

## Local Events

### Awareness & Activities Volunteer

Ref 1016 Crohn's and Colitis UK

Contact1 (Carly Benton 01727734475 [carly.benton@crohnsandcolitis.org.uk](mailto:carly.benton@crohnsandcolitis.org.uk))

Join our local team of volunteers where you will take an active roll in planning and delivering awareness raising activities organising events, education sessions and social activities. This role is very flexible and volunteers can get involved at any time from as little as 8 hours a month. Most activiites take place during the evening or weekends

### Event Squad Member

Ref 101 Diverse Abilities

Contact1 (Lee Brady 01202718266 [lee.brady@diverseabilities.org.uk](mailto:lee.brady@diverseabilities.org.uk))

Would you like the opportunity to gain some experience in event management. Become part of our event squad team and help man the charity's stand at our fun community events, festivals, fetes and shows.

### Events Volunteer

Ref 1110 Naomi House & Jacksplace

Contact1 (Louise Le Grande 01962760060 [Louise.LeGrande@naomihouse.org.uk](mailto:Louise.LeGrande@naomihouse.org.uk))

Our fundraising team of volunteers help at various fundraising events through the year. We need volunteers to help with marshalling, registration and general helpers throughout the day at events. You need to be warm and friendly and be comfortable to face the public. A reasonable level of fitness, as you may be on your feet for a number of hours. Able to be called upon at short notice for smaller events, so must be flexible, adaptable and confident to be working with limited suprevision at times. Happy to collect donations in boxes and buckets.No under 18s.

### Friends of Poole Park Supporters

Ref 280 The Friends of Poole Park

Contact1 (Pat Lincoln 07779894553 [pat.lincoln@live.co.uk](mailto:pat.lincoln@live.co.uk))

Are you interested and passionate about supporting Poole Park? We have various events throughout the year which we would like some help with. i.e.Setting up stalls, marshalling or helping to co-ordinate. Or even helping with the Miniature Railway.

## Mentoring

### Mentors to prevent sexual harm

Ref 881 Circles South West

Contact1 (Lucy Graham 07738947988 [volunteering@circlessw.org.uk](mailto:volunteering@circlessw.org.uk))

Do something amazing. Help build safer communities by contributing to the safe inclusion of people who have been sexually harmed, to prevent reoffending. Empathic approach with ability to maintain firm boundaries. Effective Circles meet frequently, we ask for 2hrs a wk for 12-18 mths. Full training & support

### Routes to Work Programme Mentors

Ref 414 Dorset Young Enterprise

Contact1 (Sam Everard 07789938 511 07789938 511 [dorset@y-e.org.uk](mailto:dorset@y-e.org.uk))

Programme mentor working with Yr 13 students across 11 schools/colleges in Dorset. Mentors required for half-day workshops, led by a Y E staff member, working with other volunteers, to help young people make the transition from education into the world of work.

### Volunteer Mentor

Ref 961 PACT - Prison Advice and Care Trust

Contact1 (Debra Kerr 07876835601 [debra.kerr@prisonadvice.org.uk](mailto:debra.kerr@prisonadvice.org.uk))

Across Dorset (or Devon and Cornwall) we have roles for volunteers to provide mentoring support to offenders on release from custody. All volunteer mentors will receive a comprehensive training programme, and will be supported to develop in the role by a supervisor. You will need access to transport, sometimes you will need to be available at short notice.

### Mentors & Volunteers

Ref 887 Skills & Learning - Bournemouth and Poole

Contact1 (Cheryl Bascombe 01202262325 [c.bascombe@poole.gov.uk](mailto:c.bascombe@poole.gov.uk))

Skills & Learning - Bournemouth & Poole are looking for Volunteers & Mentors - to help support development, with confidence issues, motivation, in the work place, in society and learning opportunities.

### Mentor

Ref 265 The Footprints Project

Contact1 (Jo Wells 07824332227 [jo.wells@footprintsproject.co.uk](mailto:jo.wells@footprintsproject.co.uk))

Training offered to help mentor men/women ex-offenders who may have served a prison sentence or are serving a sentence in the community but who live/are returning to our area, trying to make changes ensuring they do not reoffend.

## Museums & Architecture

### Scaplen's Court Garden

Ref 46 Culture Volunteers Poole

Contact1 (Donna Price 01202262608 [culturevolunteers@poole.gov.uk](mailto:culturevolunteers@poole.gov.uk))

Don't have a garden of your own but love gardening? Can identify a weed from a plant? Generally fit? We are looking for some helping hands a couple of hours a week to keep weeds down and generally maintain a beautiful garden hidden in Old Town Poole. If you could help once a week for just a couple of hours, we would love to hear from you. See <http://btrr.im/v9q18>

### Museum Visitor Survey Collector

Ref 79 Culture Volunteers Poole

Contact1 (Donna Price [culturevolunteers@poole.gov.uk](mailto:culturevolunteers@poole.gov.uk))

surveying museum visitors using bespoke iPad minis.

### Estate Helpers

Ref 316 National Trust - Kingston Lacy

Contact1 (Volunteer Co-ordinator 01202883402 [kingstonlacy@nationaltrust.org.uk](mailto:kingstonlacy@nationaltrust.org.uk))

Our roles include: Catering & the café, Room Guides, Reception, Rangers & Walk Leaders, Farm Volunteers. DIY & carpentry, Gardening, contact us for all current roles in this lovely location.

### Swanage Railway Opportunities

Ref 375 Swanage Railway

Contact1 (Mike Whitwam 01929475212 [iwanttovolunteer@swanagerailway.co.uk](mailto:iwanttovolunteer@swanagerailway.co.uk))

Our aim is to ensure you have an enjoyable & rewarding volunteering experience, no matter what aspect of our friendly multidiscipline team you choose to get involved with. You don't need any prior railway experience as training is given.

### Poole Park Miniature Railway

Ref 1086 The Friends of Poole Park

Contact1 (Pat Lincoln 07854210341 [friendsofpooleparkrailway@hotmail.com](mailto:friendsofpooleparkrailway@hotmail.com))

To realise our plan to reinstate a much loved attraction for families to enjoy. We need your help to run the train from April to October, all school holidays & weekends outside of these times, weather permitting. We need train drivers, guards, ticket office clerks, workshop & track maintenance. visit [www.pooleparkrailway.org](http://www.pooleparkrailway.org) for more info.

### Tank Museum - Volunteers

Ref 392 The Tank Museum - Bovington

Contact1 (Claire Cooper 01929405096 [education@tankmuseum.org](mailto:education@tankmuseum.org))

At The Tank Museum we bring the history of tanks and tank crew to life! Supported by the world's best collection of tanks and a vast handling collection. We are looking for enthusiastic, committed volunteers to join our team. An interest in 20th century history or science/engineering is desirable but full training will be given.

## Organisers & Co-ordinators

### Lead local team organiser events & activities

Ref 1012 Crohn's and Colitis UK

Contact1 (Carly Benton 01727734475 [carly.benton@crohnsandcolitis.org.uk](mailto:carly.benton@crohnsandcolitis.org.uk))

Great chance to be involved in your local community, enhance & learn new skills - Happy to Plan, support & develop a team to organise, educate & inform, arrange social activities, Also to edit newsletters, social media pages, fundraising, campaigning. This is a flexible role - the team decide how often they meet and when they organise a local activity.

### Culture Admin/Co-ordinator

Ref 68 Culture Volunteers Poole

Contact1 (Donna Price 01202262608 [culturevolunteers@poole.gov.uk](mailto:culturevolunteers@poole.gov.uk))

Are you a good communicator, have some experience of working in an office as part of a small team, are organised, methodical and accurate at record keeping. See <http://btr.im/v9q18>

Transport Co-Ordinator

Ref 57 Dorset Blind Association

Contact1 (Moira Kopanycia-Reynolds 01202712869 07709216797 [moira@dorsetblind.org.uk](mailto:moira@dorsetblind.org.uk))

We are looking for a Transport Co-Ordinator for the 2nd and 4th Tuesday of each month.to ensure that our club members get to and from their clubs. The role will involve telephoning our members and arranging suitable transport for them to our club a This will include booking taxis and liaising with our Volunteer Drivers.

Regional Organiser - Home based

Ref 1047 HOST UK

Contact1 (Ruth Kearns 02077396292 [marketing@hostuk.org](mailto:marketing@hostuk.org))

We are seeking a Regional Organiser (RO) who will use people management, organisation, and negotiation skills to help facilitate short cultural exchange visits between UK residents and international students studying at UK universities.

Assistant Co-ordinator

Ref 1044 Poole Sailability

Contact1 (Peter Davies [poolesailability@gmail.com](mailto:poolesailability@gmail.com))

To help work with our current Volunteer Coordinator, on the recruitment, training and development of our Volunteer Helpers.

## Retail & Charity Shops

Shop Assistant and Shop Driver - Parkstone

Ref 889 Age UK Bournemouth

Contact1 (Manager 01202744997 [ageukbournemouthshop@gmail.com](mailto:ageukbournemouthshop@gmail.com))

Would you like to help in our Parkstone shop either preparing goods for sale including sorting and labelling, steaming or serving in the shop itself? We also want help with bag drops & collections for the Parkstone shop. Own vehicle needed, times flexible.

Shop Helper

Ref 890 Barnardos South West

Contact1 (Yvonne Houghton 01202740787 [retail-volunteering@barnardos.org.uk](mailto:retail-volunteering@barnardos.org.uk))

Fancy working in retail? Covering a variety of tasks in shops in Parkstone or Westbourne, able to gain great experiences in all aspects of retail & also make a big difference to children.

New to You Shop - Recycling

Ref 23 Borough of Poole - Enviroteers

Contact1 (Environment Volunteers 01202261368 [environmentvolunteers@poole.gov.uk](mailto:environmentvolunteers@poole.gov.uk))

We have recently opened, on a Saturday, a New to You shop, whereby we recycle goods to the general public. We are looking for volunteers to assist us.

Shop Assistant - Poole

Ref 868 British Heart Foundation

Contact1 (The Manager 01202668542 [p31@bhf.org.uk](mailto:p31@bhf.org.uk))

Help needed in the Poole High Street shop to sort out donation and to operate the till etc.

Helpers - Furniture and Electrical Store Parkstone

Ref 867 British Heart Foundation

Contact1 (June Benson 01202737710 [p28@bhf.org.uk](mailto:p28@bhf.org.uk))

Till Operators, Telephonist, Sales Floor Assistants - Meet & Great Customers, Warehouse & Electrical Assist & Fuction Testers Check Electrical Items.

Parkstone Shop Volunteer

Ref 1052 Care & Relief for the Young (CRY)

Contact1 (Manager 01202735454 07834179934 [bharlow@cry.org.uk](mailto:bharlow@cry.org.uk))

Volunteers are needed for a variety of duties ie help keep the shop floor tidy, display items, sort clothes & other items. After training period, using the till, serve customers, using computer for labels.

Shop assistants & Van Drivers

Ref 979 Cats Protection

Contact1 (Sara Stewart 01202696166 [canfordheath.shopmanager@cats.org.uk](mailto:canfordheath.shopmanager@cats.org.uk))

Would you like to meet new people we are looking for help run our Canford Heath store, have places for all aspects of the store including till work, processing and merchandising of stock. Full training will be provided.

Shop Helper

Ref 1024 DEBRA

Contact1 (Manager 01202687443 [poole@debra.org.uk](mailto:poole@debra.org.uk))

We need people to work in our shop to help raise awareness and much needed money. We have a great team here but need more people to help us process our donations!

Charity Shop Helper

Ref 895 Forest Holme Hospice

Contact1 (The Manager 01202676384 [kirsty.perks@poole.nhs.uk](mailto:kirsty.perks@poole.nhs.uk))

To help us with sorting and pricing donations. Serving customers, operating the till, restocking shelves and arranging window displays.

Charity Shop & Furniture Store Creekmoor and other local shops

Ref 305 Julia's House Hospice

Contact1 (June Jones 01202644220 [June.Jones@juliashouse.org](mailto:June.Jones@juliashouse.org))

Helpers needed for various jobs at the Creekmoor store, to include sorting donations, lifting furniture etc. Retail experience would be useful but not essential. Stores in Poole & Wimborne



Broadstone Shop Helper

Ref 1088 Julia's House Hospice

Contact1 (June Jones 01202644220 [volunteer@juliashouse.org](mailto:volunteer@juliashouse.org))

Come and try something different, meet friendly and interesting new people. Saturday helpers especially required but all offers of support would be gratefully received.

Shop Assistant - Parkstone

Ref 1027 Leonard Cheshire Disability HQ

Contact1 (Sandra 01202744 206 )

Would you like to meet new people, help our team in the shop with a variety of tasks available.

Shop Assistants

Ref 1062 Lewis Manning Hospice

Contact1 (Volunteer Manager 01202708470 [hr@lewis-manning.co.uk](mailto:hr@lewis-manning.co.uk).)

Offering support to shop managers in all aspects of running a charity shop, front line, display, sorting etc.

Shop Helper/Week Days and Weekends

Ref 1003 Marie Curie Charity Shop

Contact1 (Tracey Feddon 01202734070 )

Give our customers a welcome! Operating the till, managing stock and keeping the shop neat and tidy. A morning or afternoon a week is ideal.

Volunteer Shop Assistant

Ref 1109 Naomi House & Jacksplace

Contact1 (Louise Le Grande 01962760060 [volunteering@naomihouse.org.uk](mailto:volunteering@naomihouse.org.uk))

Our Naomi House retail shops are in the heart of the community and there is an opporrtnuity for everyone to help, whether you want to serve customers and work on a basic till or be out back preparing goods for sale and keeping the shop fully stocked.  
(No under 16 except through D of E please)

Broadstone - Shop Helper

Ref 900 Oxfam

Contact1 (The Manager 01202605362 [oxfamshopf4054@oxfam.org.uk](mailto:oxfamshopf4054@oxfam.org.uk))

Come and be part of a team, to help sort, price merchandise, clothes, books, antiques and some till work. Training given

Parkstone - Shop helper

Ref 884 Oxfam

Contact1 (The Manager 01202721433 [oxfamshopf3327@oxfam.org.uk](mailto:oxfamshopf3327@oxfam.org.uk))

Shop assistants needed in Parkstone To be part of a team, to help sort, price merchandise, clothes, books, antiques, some till work.

Poole - Shop Helper

Ref 1021 Oxfam

Contact1 (The Manager 01202674086 [oxfamshopf3319@oxfam.org.uk](mailto:oxfamshopf3319@oxfam.org.uk))

Become an Oxfam Shop volunteer and - as well as fighting poverty - you'll learn new skills, build your CV, and join a friendly team of people at the heart of your community.

Shop Assistant

Ref 901 PDSA

Contact1 (The Manager 01202665504 [poole.shop@pdsa.org.uk](mailto:poole.shop@pdsa.org.uk))

Shop assistants needed in Poole To be part of a team, to help sort, price merchandise, clothes, books, antiques, some till work.

Food Bank Helpers

Ref 1017 Poole Waste Not Want Not

Contact1 (Elaine Lawford 07968903063 [poolewastenotwantnot@gmail.com](mailto:poolewastenotwantnot@gmail.com))

Helpers to assist people with their purchases, serve tea or coffee, welcome the shoppers etc. Mon p.m. And Drivers to assist with picking up food donations. And also looking for a Trustee

Shop Assistant - Ashley Green, Parkstone

Ref 1051 SSAFA

Contact1 (Manager 01202742934 [ssafa.poole@btconnect.com](mailto:ssafa.poole@btconnect.com))

We have been here since 1942, helping fundraise for Armed Forces families & Veterans. It's a busy shop & a great friendly group of ladies with some interesting items being brought in.

Charity Shop - Branksome

Ref 860 The Prama Foundation

Contact1 (Manager 01202741732 [karen.pothecary@pramacare.co.uk](mailto:karen.pothecary@pramacare.co.uk))

We offer F/T & P/T roles. You can support us on the Shop Floor or back of house operational team. Come join our fun team.

Charity Shop - Parkstone

Ref 859 The Prama Foundation

Contact1 (Manager 01202737487 [karen.pothecary@pramacare.co.uk](mailto:karen.pothecary@pramacare.co.uk))

Come join our fun, caring & inclusive team. We offer F/T & P/T roles in our shops By joining us you make a difference & help to support the elderly in the local community.

### Shop Helper - Parkstone

Ref 970 Waggy Tails Rescue

Contact1 (Ginny Roberts 01202875000 [admin@waggytails.org.uk](mailto:admin@waggytails.org.uk))

To assist in our Charity Shop helping with various duties - serving, sorting, pricing, shop layout.

## Speakers

### Speakers

Ref 3 Action on Hearing Loss - Poole

Contact1 (Janet Lord Volunteering Process Manager 01273840960 [volunteering@hearingloss.org.uk](mailto:volunteering@hearingloss.org.uk))

Are you confident, enjoy speaking to a group of people, able to speak at community groups on the topic of Deaf Awareness.

### Representative and Fundraiser

Ref 1083 Alzheimers Society (East Dorset)

Contact1 (Debbie Payne 01278663878 07710380218 [volsdorsetsomerset@alzheimers.org.uk](mailto:volsdorsetsomerset@alzheimers.org.uk))

This role will be based out in the community and is a very flexible role. ie attending cheque presentations, giving talks about our work and attending events.

### Speak and Educating

Ref 858 Blue Cross

Contact1 (Merriol Haselden 03001118950 [merriol.haselden@bluecross.org.uk](mailto:merriol.haselden@bluecross.org.uk))

To speak to children in various schools and other audiences & venues about the responsibility of pet ownership.

### Charity Ambassador - Speakers

Ref 100 Diverse Abilities

Contact1 (Lee Brady 01202718266 [lee.brady@diverseabilities.org.uk](mailto:lee.brady@diverseabilities.org.uk))

Do you enjoy talking to groups of people? Would you like to gain some public speaking experience? We are looking for people to give talks to local community groups to raise awareness of our charity.

## Sporting Interests

### Healthy Walk Leaders

Ref 24 Borough of Poole - Enviroteers

Contact1 (Chris Dear 01202261312 [recreation.development@poole.gov.uk](mailto:recreation.development@poole.gov.uk))

Want to get involved? If you enjoy walking, the fresh air, would like to help others enjoy the benefits of walking, here is your opportunity to find out more. Training given.

### Recreation Event helpers

Ref 896 Borough of Poole - Upton House

Contact1 (Katie Azulay 01202261333 [recreation.development@poole.gov.uk](mailto:recreation.development@poole.gov.uk))

Have you an interest in Sport & your community? We work with sports clubs, schools, groups etc to improve community sport, facilities and events in Poole. We're looking for volunteers to help out with variety roles one off or on a reg basis.

### Ballroom Dance class Assistants

Ref 62 Culture Volunteers Poole

Contact1 (Donna Price 01202262608 [culturevolunteers@poole.gov.uk](mailto:culturevolunteers@poole.gov.uk))

BSO tea dances are a popular way for isolated people to make friends, listen to live music and keep fit. Many are single ladies who would love to dance but do not have a male dance partner. Can you lead in a range of ballroom, Latin or sequence dance, enjoy meeting people & are reasonably fit? Wed/Thurs 2 - 5. See <http://bttr.im/v9q18>

### Hydrotherapy Assistant

Ref 108 Diverse Abilities

Contact1 ( Lee Brady 01202718266 [lee.brady@diverseabilities.org.uk](mailto:lee.brady@diverseabilities.org.uk))

Do you enjoy swimming? We are looking for someone willing to be the 2nd person to enable a young man we support to go swimming each week. No personal care involved.

### Boat Patrol/Seamanship/Maintenance

Ref 269 MVS Maritime Volunteer Service - Poole

Contact1 (Nigel Barrow 07780112548 [nigel.barrow@mvs.org.uk](mailto:nigel.barrow@mvs.org.uk))

Opportunities to be involved in the local maritime scene, to help others & gain skills, Or perhaps you already have those skills. We help support the Harbour Master in Poole Harbour at weekends and other events.

### Club Helpers

Ref 345 Poole Athletic Club

Contact1 (Lindsay Hole 07887782005 [woodlands20@hotmail.com](mailto:woodlands20@hotmail.com))

Help desperately needed for coaching/support, team management and setting up of sessions. Also officiating at track and field events.

### Dinghy Sailors

Ref 905 Poole Sailability

Contact1 (Co-ordinator 01444390171 [poolesailability@yahoo.co.uk](mailto:poolesailability@yahoo.co.uk))

Extra help of experienced dinghy sailors are required from May to September to help people with a disability or learning difficulty to enjoy the freedom of sailing within Poole harbour.

### Skippers and Crew Helpers - Experienced & Trainees

Ref 371 Sports Forum for the Disabled

Contact1 (Richard Monaghan [richardmonaghan18@gmail.com](mailto:richardmonaghan18@gmail.com))

Knoticat is run by volunteers. If you think you can help, as a crew member, with admin duties, or most importantly with fundraising we'd be very happy to hear from you

### Helpers - Broadstone

Ref 866 YMCA Bournemouth

Contact1 (Nick Gillespie 01202290451 [NGillespie@thejunctionbroadstone.co.uk](mailto:NGillespie@thejunctionbroadstone.co.uk))

Do you have or are working towards your Level 2 Fitness Instructor qualification? join our team to gain valuable experience & training. Help us deliver inductions, make customers feel welcome, maintain equipment & machines.

## Teaching, Training, Schools & Assistants

### Homework Club Helper

Ref 73 Culture Volunteers Poole

Contact1 (Donna Price 01202262608 [culturevolunteers@poole.gov.uk](mailto:culturevolunteers@poole.gov.uk))

To Promote use of homework collections & other books  
Assist children to search for & use online resources. Set up space & prepare materials for homework club. For more info <http://bttr.im/v9q18>

### Learning Support Assistant

Ref 117 Diverse Abilities

Contact1 (Lee Brady 01202718266 [lee.brady@diverseabilities.org.uk](mailto:lee.brady@diverseabilities.org.uk))

Volunteers required to help teaching staff in a school for children with complex disabilities. Children range from age 3 - 18 and follow a sensory curriculum.

### Reading Partners

Ref 251 Dorset Reading Partners

Contact1 (Juliet Ruddick 01305458515 [juliet@dorsetreadingpartners.org.uk](mailto:juliet@dorsetreadingpartners.org.uk))

Excellent listening and communication skills. Strong Literacy skills. Confident working unsupervised in a school environment (support and training given on an ongoing basis). Able to give feedback. Able to commit for at least one year.

### Advisor

Ref 1089 Dorset Young Enterprise

Contact1 (Sue Tattershall 07984437 406 [sue.tattershall@y-e.org.uk](mailto:sue.tattershall@y-e.org.uk))

Exciting new project to assist & mentor young students in setting up their own company. 2hrs per week to assist trainer. Enquire for further details about the project.

### Reading Coach Volunteer

Ref 362 Read Easy Poole

Contact1 (Susan Ridd 07938041374 [susanridd@readeasy.org.uk](mailto:susanridd@readeasy.org.uk))

Would you like to help an adult learn to read? Reader & coach meet for two 1/2 hr sessions per week at a venue (such as a library). Commitment 6 months. An easy to follow reading manual is provided. Good interpersonal skills & patience required. Training & support provided.

### Tour Guides - Educational Centre

Ref 869 SafeWise Bournemouth

Contact1 (Anna Kavar 01202591330 [anna@safewise.org](mailto:anna@safewise.org))

SafeWise is an interactive children's safety education centre. At each point of the tour, our safety guides encourage the children to identify potential risks and discuss ways to avoid/minimise them. Would you like to help children learn about risks?

### Classroom volunteers

Ref 1042 Skills & Learning - Bournemouth and Poole

Contact1 (Cheryl Bascombe 01202262325 [c.bascombe@poole.gov.uk](mailto:c.bascombe@poole.gov.uk))

Help needed in English, Maths, ICT and ESOL groups to help adult learners achieve their learning aim. Mainly term time from Easter [www.skillsandlearningbdp.co.uk](http://www.skillsandlearningbdp.co.uk)

### Schools Volunteer

Ref 849 The MARS Trust

Contact1 (Michelle Dorning 07821339506 [michelle@themarstrust.co.uk](mailto:michelle@themarstrust.co.uk))

Could you give 2 mornings a term to help us at a local school? We hold workshops in lesson time with large groups of students, At a pivotal stage of development. This is an opportunity to have a positive, lasting impact on them & their relationships for the rest of their lives!

## Trustees & Committees

### Trustee

Ref 1120 Citizens Advice Bournemouth and Poole

Contact1 (Zoe Bradley 01202451869 07809277929 [zoe.bradley@citabournemouthpoole.co.uk](mailto:zoe.bradley@citabournemouthpoole.co.uk))

The trustees wish to broaden the range of experience and skills. They are seeking 3 trustees, at least one with a strong understanding of HR and one with significant experience in corporate social responsibility. Trustees will ideally have strategic vision, combined with good independent judgement and ability to work as a team member. You will also need a passion for helping people and the community. We especially welcome applications from the BAME community who are currently under- represented on the board.

Trustees are non-executive and remunerated on expenses only basis. Specific training is available as required. You will be expected to attend quarterly main board meetings and be a member of at least one of the 5 sub committees.

Director/Trustees

Ref 92 Development Education In Dorset (Deed)

Contact1 (Abi Leigh-Watts 01202875411 [info@deed.org.uk](mailto:info@deed.org.uk))

If your values include a commitment to global justice and the importance of sustainable ways of living on our planet, and you want to do something to make a positive difference in terms of these values, then you will find a warm welcome at DEED.

Chairman of Trustees

Ref 840 Dorset ME Support Group

Contact1 (Helen Smith 01300341995 07960767717 [7helensmith@gmail.com](mailto:7helensmith@gmail.com))

A Chairman is needed to ensure the trustees enable the group to comply with our mission statement of providing support to people with ME and their families and oversee a registered charity

Trustee

Ref 940 Fernheath Play

Contact1 (Joe Elston 01202581008 [joe@fernheath-play.org.uk](mailto:joe@fernheath-play.org.uk))

We are looking for people with an interest in supporting play to become Trustees and support the ongoing work of the Charity into the future.

Trustee

Ref 980 Hurting 2 Healing

Contact1 (Terry Field 01202732424 [info@hurting2healing.org.uk](mailto:info@hurting2healing.org.uk))

As a Trustee you will be part of a team responsible for the strategic direction, professionalism and governance of the organisation, Hurting 2 Healing is looking to grow, is seeking financial sustainability and as a Trustee you will be part of the innovative team looking at various ways to achieve these goals.

Admin & PR

Ref 1063 LGB&T Dorset Equality Network

Contact1 (John Hyde 01202466364 07791861384 [contact.lgbtdorsetequality@gmail.com](mailto:contact.lgbtdorsetequality@gmail.com))

To help us with the administration of the group, PR and setting up social media

Committee Members- Oakdale Residents Association

Ref 324 Oakdale Residents Community Association

Contact1 (Lesley Kerley 07962433726 [lesley.kerley@ntlworld.com](mailto:lesley.kerley@ntlworld.com))

Committee members, who live in the area, are now required for ORCA. Will need to attend committee meetings on a monthly basis.

Committee Members

Ref 339 Poole and East Dorset Club for the Disabled - Inskip League of Friendship

Contact1 (Rodney Evans 01202380766 [rodneyevans@hotmail.co.uk](mailto:rodneyevans@hotmail.co.uk))

We are looking for Committee Members with new ideas on organisation of - members activities, fundraising, leadership etc. An opportunity to be part of a team to improve life for the elderly. Meets once a month.

Trustee - Wheels for Freedom

Ref 357 Poole Shopmobility

Contact1 (Ross Smith 01202661770 [office@wheelsforfreedom.org.uk](mailto:office@wheelsforfreedom.org.uk))

We are looking Trustees who have experience in working with charitable organisations and/or have been involved in decision making.

Committee Members

Ref 862 Read Easy Poole

Contact1 (Susan Ridd 07938041374 [susanridd@readeasy.org.uk](mailto:susanridd@readeasy.org.uk))

We are looking for Committee members to support our group.

Trustees

Ref 1050 Safe Partnership Limited

Contact1 (Andrea Preece [safe@safepartnership.org](mailto:safe@safepartnership.org))

Looking to recruit 2 Trustees who are based in Dorset or who have an interest in education. The Board meets 4 x p.a. usually on a Wed for about 2 hrs. 3 of the meetings are held in Central London & the winter meeting is usually followed by a dinner (Club at the Ivy) hosted by our Chairman. The summer meeting is usually held in Wareham. We also have an annual away day for Trustees & staff. [www.safepartnership.org](http://www.safepartnership.org)



Treasurer

Ref 1121 SharkStuff

Contact1 (Georgia French 07759774107 [info@sharkstuff.co.uk](mailto:info@sharkstuff.co.uk))

A treasurer for registered charity SharkStuff, a small charity based in Poole Dorset. We run educational and research projects centred on Dorset's shark species, with the aim to improve their public perception and conservation.

We are looking for a treasurer to oversee the financial affairs of the organisation and ensure

they are legal, constitutional and within accepted accounting practice

Ensure proper records are kept and that effective financial procedures are in place

Monitor and report on the financial health of the organisation

Oversee the production of necessary financial reports/returns and accounts for the Charity Commission

Manage payroll (currently for one part-time employee) ensuring that all tax and legal requirements are met (payroll software will be provided)

Practical considerations

SharkStuff is based in Poole Dorset and General Meetings are held quarterly, in addition to an Annual General Meeting. Meetings last approximately 1 hour and often take place outside of normal working hours. Attendance at these meetings can be conducted electronically, and the position would suit a person working from home, with access to their own computer.

Experienced Minute Taker & Trustees

Ref 369 Space Youth Project

Contact1 (Sarah Grayer 07973405280 [hello@spaceyouthproject.co.uk](mailto:hello@spaceyouthproject.co.uk))

We are looking for an experienced minute taker at Board meetings. They take place every 6 weeks on Monday evenings from 6pm-7.30pm at North Road campus Poole. Also Trustees needed to support the development to enable it to grow and continue its vital work.

**Under 25 Volunteering**

Young Volunteers

Ref 1103 YMCA Bournemouth

Contact1 (Sheena Dayman [sheena.dayman@ymcabournemouth.org.uk](mailto:sheena.dayman@ymcabournemouth.org.uk))

Young People Volunteering Opportunities. Team building events and training.